

ZIELONOGÓRSKA ĆWIARTKA

WYNIKI ZAWODÓW

BIEG 10,5 km

Organizator: Stowarzyszenie Biegam - Pomagam

Termin: 06.10.2018

Miejsce: Zielona Góra

Dystans: 10,5 km

Klasyfikacja pierwszych 50-ciu zawodników z kategorii Open wg. czasu brutto

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy 10 km</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-----------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|------------------------------|---------------------|
| 1 | 1177 | SOBCZAK SEBASTIAN | POL | TEAM DRACZYNSKI/NGB | NOWA SÓL | 75 | M/1 | | 00:39:45 | 00:39:45 | 00:36:42 | |
| 2 | 1151 | OSIADŁY JAKUB | POL | TEAM DRACZYŃSKI | NOWA SÓL | 98 | M/2 | | 00:41:46 | 00:41:44 | 00:38:38 | |
| 3 | 1278 | TARCZEWSKI SŁAWOMIR | POL | | CZARNOWO | 76 | M/3 | | 00:43:24 | 00:43:23 | 00:40:15 | |
| 4 | 1167 | LEWICKI JACEK | POL | SECO/WARWICK | ZIELONA GÓRA | 92 | M/4 | | 00:43:27 | 00:43:22 | 00:40:18 | |
| 5 | 1122 | RZEŹNIK DACJAN | POL | | ZIELONA GÓRA | 89 | M/5 | | 00:44:23 | 00:44:20 | 00:41:03 | |
| 6 | 1119 | ZBORALSKI MAREK | POL | | ZIELONA GÓRA | 70 | M/6 | | 00:44:54 | 00:44:52 | 00:41:39 | |
| 7 | 1063 | SENK ROBERT | POL | KACZMAR RUN TEAM | KROSNO | 69 | M/7 | | 00:44:55 | 00:44:54 | 00:41:35 | |
| 8 | 1281 | MIKOŁAJCZAK GRZEGORZ | POL | TEAM DRACZYNSKI/NGB | NOWA SÓL | 81 | M/8 | | 00:46:02 | 00:45:59 | 00:42:24 | |
| 9 | 1236 | PŁONKA ADAM | POL | TEAM DRACZYŃSKI/SOLNEXT/NGB | NOWA SÓL | 77 | M/9 | | 00:46:07 | 00:46:03 | 00:42:40 | |
| 10 | 1218 | KULAS WOJCIECH | POL | NIEZRZESZONY | ZIELONA GÓRA | 93 | M/10 | | 00:47:18 | 00:47:18 | | |
| 11 | 1264 | TUROWSKI TOMASZ | POL | | ZIELONA GÓRA | 76 | M/11 | | 00:47:59 | 00:47:54 | 00:44:21 | |
| 12 | 1001 | WIERZOWIECKI GRZEGORZ | POL | BERFIT ZIELONA GÓRA | ZIELONA GÓRA | 84 | M/12 | | 00:48:03 | 00:47:51 | 00:44:44 | |
| 13 | 1128 | PERON ANITA | POL | EVEREST FITNESS | ZIELONA GÓRA | 87 | K/1 | | 00:48:11 | 00:48:08 | 00:44:31 | |
| 14 | 1095 | TOMASZEWSKI TOMASZ | POL | | RZEPIN | 73 | M/13 | | 00:48:22 | 00:48:00 | 00:44:54 | |
| 15 | 1135 | MARKOWSKI MACIEJ | POL | | GUBIN | 97 | M/14 | | 00:48:25 | 00:48:19 | 00:44:56 | |
| 16 | 1209 | RZEŚA ŁUKASZ | POL | | ŚWIDNICA | 85 | M/15 | | 00:48:27 | 00:48:20 | 00:44:44 | |
| 17 | 1256 | LASKOWSKI BARTOSZ | POL | | ZIELONA GÓRA | 79 | M/16 | | 00:48:53 | 00:48:16 | 00:45:33 | |
| 18 | 1244 | KOŁOSOWSKI TOMASZ | POL | ORZEŁ | OŚNO LUBUSKIE | 74 | M/17 | | 00:48:53 | 00:48:36 | 00:45:12 | |
| 19 | 1004 | PRZĄDKA PAULINA | POL | BOHAR PALETY RUNNERS | ZIELONA GÓRA | 91 | K/2 | | 00:48:55 | 00:48:51 | 00:45:25 | |
| 20 | 1046 | PAWŁOWSKI ANDRZEJ | POL | KB ANIA OLCHA | KOŻUCHÓW | 77 | M/18 | | 00:49:06 | 00:48:57 | 00:45:39 | |
| 21 | 1267 | DERESZEWSKI PAWEŁ | POL | | | 84 | M/19 | | 00:49:26 | 00:49:19 | 00:45:29 | |
| 22 | 1269 | ZIUKO MICHAŁ | POL | | | 89 | M/20 | | 00:49:47 | 00:49:31 | 00:46:02 | |
| 23 | 1051 | GERSZEWSKA MARTYNA | POL | | KOŻUCHÓW | 97 | K/3 | | 00:50:15 | 00:50:14 | 00:46:30 | |
| 24 | 1130 | SKOTNICKI JAROSŁAW | POL | | ZIELONA GÓRA | 78 | M/21 | | 00:50:22 | 00:50:07 | 00:46:58 | |
| 25 | 1254 | DOMAGAŁA DARIUSZ | POL | | ZIELONA GÓRA | 76 | M/22 | | 00:50:46 | 00:50:22 | 00:47:02 | |
| 26 | 1121 | NOWACKA MAŁGORZATA | POL | | POZNAŃ | 86 | K/4 | | 00:50:49 | 00:50:21 | 00:47:10 | |
| 27 | 1092 | ŻMUDA GRZEGORZ | POL | #BEZKLUBU | SŁUBICE | 85 | M/23 | | 00:51:11 | 00:50:09 | 00:47:32 | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|---------------------------|--------------|------------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 28 | 1055 | STANISZCZAK TOMASZ | POL | WOLSZTYŃSKA AKADEMIA BIEGOWA | PRZYBYSZEWO | 83 | M/24 | | 00:51:25 | 00:51:20 | 00:38:49 | |
| 29 | 1132 | TOMIAK PAULINA | POL | WOLSZTYŃSKA AKADEMIA BIEGOWA | WOLSZTYN | 84 | K/5 | | 00:51:28 | 00:50:49 | 00:47:44 | |
| 30 | 1078 | NOWAK MARCIN | POL | CNS, DSM | NOWA SÓL | 83 | M/25 | | 00:51:42 | 00:51:31 | 00:47:51 | |
| 31 | 1252 | BOBKIEWICZ TOMASZ | POL | | ZIELONA GÓRA | 87 | M/26 | | 00:51:42 | 00:51:11 | 00:48:10 | |
| 32 | 1127 | MUS PAWEŁ | POL | | NOWA SÓL | 89 | M/27 | | 00:51:47 | 00:51:33 | 00:48:04 | |
| 33 | 1205 | KĄŻMIERCZAK BARTOSZ | POL | EASTSIDE RUNNING TEAM | POZNAŃ | 87 | M/28 | | 00:52:25 | 00:51:57 | 00:49:01 | |
| 34 | 1148 | PAWLIKOWSKA EWA | POL | RUN WITH GREG | ŚWIDNICA | 79 | K/6 | | 00:52:55 | 00:52:51 | 00:48:59 | |
| 35 | 1268 | GOZDEK TOMASZ | POL | HARPAGAN ZG | LUBIN | 78 | M/29 | | 00:53:28 | 00:53:23 | 00:49:37 | |
| 36 | 1259 | TOMASIK FILIP | POL | | ZIELONA GÓRA | 89 | M/30 | | 00:53:30 | 00:53:17 | 00:49:17 | |
| 37 | 1251 | DERESZ RAFAŁ | POL | APMM FALUBAZ | ZIELONA GÓRA | 79 | M/31 | | 00:53:50 | 00:53:17 | 00:49:58 | |
| 38 | 1166 | BUGAŁA PAWEŁ | POL | SECO/WARWICK | SULECHÓW | 80 | M/32 | | 00:54:05 | 00:53:43 | 00:50:28 | |
| 39 | 1280 | PIĘTA KRZYSZTOF | POL | - | SULECHÓW | 55 | M/33 | | 00:54:08 | 00:53:37 | 00:50:03 | |
| 40 | 1250 | DZWONIARSKI KACPER SZER. | POL | 5 LUBUSKI PUŁK ARTYLERII SULECHÓW | | 97 | M/34 | | 00:54:21 | 00:53:26 | 00:50:24 | |
| 41 | 1093 | MISAKIEWICZ LUKASZ | POL | DEJON&DĄBROWSKI MTB TEAM | ZIELONA GÓRA | 81 | M/35 | | 00:54:28 | 00:53:59 | 00:50:27 | |
| 42 | 1028 | RATAJCZAK DOROTA | POL | TRIO FORTIS | ZIELONA GÓRA | 77 | K/7 | | 00:54:44 | 00:54:38 | 00:50:47 | |
| 43 | 1210 | GAJEWSKI TOMASZ | POL | AKADEMIA PANA KLEKSA, DR PAI-HI-WO | ZIELONA GÓRA | 73 | M/36 | | 00:54:53 | 00:54:45 | 00:51:04 | |
| 44 | 1182 | TYCHANYCZ JOANNA | POL | ELEKTROCIEPŁOWNIA ZIELONA GÓRA | ZIELONA GÓRA | 76 | K/8 | | 00:54:57 | 00:54:32 | 00:51:03 | |
| 45 | 1162 | GAJDA KRZYSZTOF | POL | CIENKIE BOLKI | ZIELONA GÓRA | 76 | M/37 | | 00:55:05 | 00:54:57 | 00:51:08 | |
| 46 | 1277 | GAWROŃSKI KRZYSZTOF | POL | | RUSZÓW | 74 | M/38 | | 00:55:09 | 00:54:28 | 00:51:08 | |
| 47 | 1155 | SZYMCZAK EWELINA | POL | | SZCZECIN | 78 | K/9 | | 00:55:26 | 00:54:18 | 00:51:27 | |
| 48 | 1146 | SKORUPSKA SYLWIA | POL | | PŁOTY | 72 | K/10 | | 00:55:42 | 00:55:02 | 00:51:44 | |
| 49 | 1108 | ŻALEJKO PAWEŁ | POL | | ZIELONA GÓRA | 84 | M/39 | | 00:55:44 | 00:54:59 | 00:51:37 | |
| 50 | 1238 | HETNAR ARTUR | POL | KB WIKON NOWA SÓL | NOWA SÓL | 76 | M/40 | | 00:55:46 | 00:55:13 | 00:51:49 | |
| 51 | 1045 | ONUFRWICZ MICHAŁ | POL | - | WARSZAWA | 75 | M/41 | | | 00:55:24 | 00:44:41 | |
| 52 | 1133 | ŻUREK KRZYSZTOF | POL | WOLSZTYŃSKI KLUB BIEGOWY | WOLSZTYN | 79 | M/42 | | | 00:55:25 | 00:52:20 | |
| 53 | 1152 | ORCIUCH MACIEJ | POL | RUNPLANET TEAM - WWW.RUNPLANET.PL | ZIELONA GÓRA | 68 | M/43 | | | 00:55:30 | 00:52:04 | |
| 54 | 1117 | KRZYŻYK AGNIESZKA | POL | TRIO FORTIS | ZIELONA GÓRA | 80 | K/11 | | | 00:55:42 | 00:51:29 | |
| 55 | 1044 | MADEJ KATARZYNA | POL | - | WARSZAWA | 81 | K/12 | | | 00:55:43 | 00:44:40 | |
| 56 | 1031 | KARDYNAŁ GABRIELA | POL | | KOŻUCHÓW | 85 | K/13 | | | 00:55:44 | 00:52:11 | |
| 57 | 1067 | BRZEZIŃSKI LESZEK | POL | PARKRUN ŻARY | ŻARY | 55 | M/44 | | | 00:56:02 | 00:52:23 | |
| 58 | 1074 | JANCZEWSKI MAREK | POL | 31 BAZA LOTNICTWA TAKTYCZNEGO | POZNAŃ | 71 | M/45 | | | 00:56:16 | 00:52:41 | |
| 59 | 1258 | MELIŃSKI JAKUB | POL | | ZIELONA GÓRA | 88 | M/46 | | | 00:56:20 | 00:52:35 | |
| 60 | 1249 | SŁUGOCKI PAWEŁ SZT. SZER. | POL | 5 LUBUSKI PUŁK ARTYLERII SULECHÓW | | 85 | M/47 | | | 00:56:31 | 00:53:17 | |
| 61 | 1185 | SZURMIEJ KAMILA | POL | BROWAR JENIN | OŚNO LUBUSKIE | 95 | K/14 | | | 00:57:00 | | |
| 62 | 1180 | LIPKA ANNA | POL | ELEKTROCIEPŁOWNIA ZIELONA GÓRA | ZIELONA GÓRA | 72 | K/15 | | | 00:57:03 | 00:53:32 | |
| 63 | 1129 | PERON PRZEMYSŁAW | POL | | ZIELONA GÓRA | 79 | M/48 | | | 00:57:27 | 00:53:12 | |
| 64 | 1134 | DROZD KRYSZTIAN | POL | ZGZB | ZIELONA GÓRA | 81 | M/49 | | | 00:57:28 | 00:53:42 | |
| 65 | 1215 | KRYSMALSKI DAMIAN | POL | | WOLSZTYN | 84 | M/50 | | | 00:57:30 | 00:54:17 | |
| 66 | 1186 | LENC KAROLINA | POL | BIEGNĘ DALEJ! | OŚNO LUBUSKIE | 93 | K/16 | | | 00:57:37 | 00:53:23 | |
| 67 | 1262 | DANAK HANNA | POL | | ZIELONA GÓRA | 84 | K/17 | | | 00:57:56 | 00:53:56 | |

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|----------------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--------------------|---------------------|
| 68 | 1178 | GAJDA KRYSZTYAN | POL | CIENKIE BOLKI | ZIELONA GÓRA | 00 | M/51 | | 00:58:03 | 00:54:34 | | |
| 69 | 1101 | PUCH PAWEŁ | POL | - | KOŻUCHÓW | 96 | M/52 | | 00:58:12 | 00:54:36 | | |
| 70 | 1065 | SZOSTEK ŁUKASZ | POL | ŻARY TRIATHLON TEAM | ŻARY | 76 | M/53 | | 00:58:22 | 00:54:19 | | |
| 71 | 1082 | SZMUDANOWSKI STASZEK | POL | DRUŻYNA GAZETY | ZIELONA GÓRA | 63 | M/54 | | 00:58:24 | 00:54:57 | | |
| 72 | 1056 | OBARA MARCIN | POL | #BEZKLUBU | ZIELONA GÓRA | 85 | M/55 | | 00:58:28 | 00:54:25 | | |
| 73 | 1032 | OPALA MARTA | POL | | ZIELONA GÓRA | 80 | K/18 | | 00:58:28 | 00:55:01 | | |
| 74 | 1073 | NIEPOROWSKI ZBIGNIEW | POL | #BEZKLUBU | BOŻNÓW | 71 | M/56 | | 00:58:31 | 00:54:11 | | |
| 75 | 1149 | LEWANDOWSKI JACEK | POL | #100LAT_GUS | ZIELONA GÓRA | 79 | M/57 | | 00:58:32 | 00:54:54 | | |
| 76 | 1141 | SENK WERONIKA | POL | | KROSNO | 93 | K/19 | | 00:58:33 | 00:54:55 | | |
| 77 | 1232 | BESEROWICZ ADRIANA | POL | | ŁAGÓW | 82 | K/20 | | 00:58:34 | 00:54:19 | | |
| 78 | 1237 | KOWALCZYK-HETNAR MARTA | POL | KB WIKON NOWA SÓL | NOWA SÓL | 76 | K/21 | | 00:58:39 | 00:54:51 | | |
| 79 | 1175 | SKOTNICKI PIOTR | POL | | ZIELONA GÓRA | 51 | M/58 | | 00:58:41 | 00:55:04 | | |
| 80 | 1042 | BARCZAK ŁUKASZ | POL | OLINK | ZIELONA GÓRA | 88 | M/59 | | 00:58:54 | 00:55:56 | | |
| 81 | 1003 | PAWLOWSKI RAFAL | POL | IMPOSSIBLE.IS.NOTHING | ŻAGAŃ | 83 | M/60 | | 00:58:54 | 00:55:42 | | |
| 82 | 1080 | KOSTECKI MATEUSZ | POL | STOWARZYSZENIE KULTURY FIZYCZNEJ | ZIELONA GÓRA | 01 | M/61 | | 00:58:55 | 00:55:44 | | |
| 83 | 1203 | PIOTROWSKI ADAM | POL | | ZIELONA GÓRA | 87 | M/62 | | 00:59:15 | 00:55:37 | | |
| 84 | 1143 | BOBOWSKI KORIN | POL | ŻARY RUNNERS TEAM | ŻARY | 74 | M/63 | | 00:59:18 | 00:55:06 | | |
| 85 | 1026 | RAK GRZEGORZ | POL | | ZIELONA GÓRA | 79 | M/64 | | 00:59:22 | 00:55:20 | | |
| 86 | 1164 | SIEWRUK DARIA | POL | SECO/WARWICK | ŚWIEBODZIN | 93 | K/22 | | 00:59:22 | 00:55:40 | | |
| 87 | 1247 | IDZIAK MAGDALENA | POL | JOYSTICK TEAM | ZIELONA GÓRA | 82 | K/23 | | 00:59:25 | 00:55:27 | | |
| 88 | 1097 | IWAŃCZUK MICHAŁ | POL | | SZCZECIN | 83 | M/65 | | 00:59:29 | 00:55:33 | | |
| 89 | 1191 | KRAWIEC BARTŁOMIEJ | POL | | ZIELONA GÓRA | 80 | M/66 | | 00:59:30 | 00:55:46 | | |
| 90 | 1106 | MARYNIAK BARBARA | POL | #BEZKLUBU | PSZCZEW | 69 | K/24 | | 00:59:30 | 00:54:51 | | |
| 91 | 1245 | CIEŚLAK ANNA | POL | #BEZKLUBU | ZIELONA GÓRA | 80 | K/25 | | 00:59:32 | 00:55:14 | | |
| 92 | 1098 | SALMANOWICZ ZDZISŁAW | POL | RUNPLANET TEAM | ZIELONA GÓRA | 51 | M/67 | | 00:59:35 | 00:55:23 | | |
| 93 | 1211 | MAZUREK TOMASZ | POL | | ZIELONA GÓRA | 86 | M/68 | | 00:59:40 | 00:56:41 | | |
| 94 | 1257 | ŁUKOMSKI DARIUSZ | POL | | BRZEZIE | 69 | M/69 | | 00:59:57 | 00:56:24 | | |
| 95 | 1041 | KAJDAS MAŁGORZATA | POL | | SŁAWA | 80 | K/26 | | 01:00:01 | 00:56:25 | | |
| 96 | 1222 | ROMANOWSKI MICHAŁ | POL | | ZIELONA GÓRA | 89 | M/70 | | 01:00:09 | 00:55:40 | | |
| 97 | 1139 | MIKOŁAJEWSKI PAWEŁ | POL | ŻANDARMERIA WOJSKOWA | POLKOWICE | 93 | M/71 | | 01:00:10 | 00:56:59 | | |
| 98 | 1239 | SOSNÓWKA WŁODZIMIERZ | POL | | ZIELONA GÓRA | 74 | M/72 | | 01:00:12 | 00:55:38 | | |
| 99 | 1200 | NIEPOROWSKI LESZEK | POL | | ZIELONA GÓRA | 66 | M/73 | | 01:00:18 | 00:57:10 | | |
| 100 | 1274 | RZESZOWSKI JACEK | POL | | POZNAŃ | 77 | M/74 | | 01:00:20 | 00:55:44 | | |
| 101 | 1030 | ZUŚKA PIOTR | POL | | DRZONKÓW | 72 | M/75 | | 01:00:25 | 00:57:12 | | |
| 102 | 1157 | KALINOWSKA HONORATA | POL | CIENKIE BOLKI | ZIELONA GÓRA | 71 | K/27 | | 01:00:31 | 00:56:27 | | |
| 103 | 1179 | HEJBER GRZEGORZ | POL | | LUBIN | 77 | M/76 | | 01:00:37 | 00:56:44 | | |
| 104 | 1075 | SZUSTAK ANETA | POL | | SULECHÓW | 75 | K/28 | | 01:00:37 | 00:57:01 | | |
| 105 | 1013 | SŁONIEWSKI ANDRZEJ | POL | | ZIELONA GÓRA | 75 | M/77 | | 01:00:40 | 00:57:11 | | |
| 106 | 1199 | BARANOWSKA EWA | POL | ZGZB | ZIELONA GÓRA | 78 | K/29 | | 01:00:43 | 00:56:28 | | |
| 107 | 1010 | NADOLNY TOMASZ | POL | | ZIELONA GÓRA | 75 | M/78 | | 01:00:44 | 00:57:14 | | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|--------------|--------|----------------------------------|-----------|-----------------------------------|------------------|---------|--------------------|-------------|-------------|-------------|-------------|--------------|
| 108 | 1213 | STRYCHALSKA ALICJA | POL | | ZIELONA GÓRA | 83 | K/30 | | 01:00:45 | 00:56:28 | | |
| 109 | 1087 | MODZELEWSKI PAWEŁ | POL | | ZIELONA GÓRA | 85 | M/79 | | 01:00:48 | 00:57:32 | | |
| 110 | 1099 | CIESIELSKI GRZEGORZ | POL | | RZEPIN | 75 | M/80 | | 01:01:04 | 00:57:06 | | |
| 111 | 1279 | DATKIEWICZ MARIAN | POL | LUG TEAM | SULECHÓW | 55 | M/81 | | 01:01:04 | 00:58:00 | | |
| 112 | 1208 | PLUTA MARIUSZ | POL | 5 LUBUSKI PUŁK ARTYLERII SULECHÓW | DĄBIE | 89 | M/82 | | 01:01:08 | 00:57:30 | | |
| 113 | 1138 | WABNO DOROTA | POL | | ZIELONA GÓRA | 66 | K/31 | | 01:01:12 | 00:57:22 | | |
| 114 | 1034 | KOAL INGRID | GER | NLLB COTTBUS | COTTBUS | 49 | K/32 | | 01:01:16 | 00:57:24 | | |
| 115 | 1147 | JAŚNIEWSKA AGNIESZKA | POL | ZGZB | ZIELONA GÓRA | 80 | K/33 | | 01:01:18 | 00:57:13 | | |
| 116 | 1048 | OLSZEWSKI MACIEJ | POL | | KARGOWA | 89 | M/83 | | 01:01:21 | 00:57:59 | | |
| 117 | 1160 | KORSAK MAŁGORZATA | POL | DRUŻYNA MEDYKA ZIELONA GÓRA | ZIELONA GÓRA | 71 | K/34 | | 01:01:27 | 00:57:56 | | |
| 118 | 1150 | ERET MARZENA | POL | | GUBIN | 76 | K/35 | | 01:01:27 | 00:57:18 | | |
| 119 | 1174 | ROGACZEWSKA NATALIA | POL | FIZJOGABINET | ZIELONA GÓRA | 74 | K/36 | | 01:01:27 | 00:58:00 | | |
| 120 | 1273 | GILEWSKA MONIKA | POL | SIOSTRZYCZKI | ZIELONA GÓRA | 73 | K/37 | | 01:01:32 | 00:57:30 | | |
| 121 | 1275 | KAISER ANNA | USA | SIOSTRZYCZKI | DUNWOODY | 70 | K/38 | | 01:01:33 | 00:57:30 | | |
| 122 | 1161 | GAJDA KATARZYNA | POL | CIENKIE BOLKI | ZIELONA GÓRA | 77 | K/39 | | 01:01:42 | 00:57:17 | | |
| 123 | 1033 | KOAL GERD | GER | NLLB COTTBUS | COTTBUS | 52 | M/84 | | 01:01:47 | 00:57:46 | | |
| 124 | 1036 | ŁOPACIŃSKA NATALIA | POL | - | GÓRZYCA | 95 | K/40 | | 01:01:53 | 00:57:54 | | |
| 125 | 1219 | UKLEJA MAGDALENA | POL | DUMA TEAM | ZIELONA GÓRA | 64 | K/41 | | 01:01:53 | 00:57:48 | | |
| 126 | 1070 | KOWALSKI FILIP | POL | ZIELMED | ZIELONA GÓRA | 96 | M/85 | | 01:02:06 | 00:59:18 | | |
| 127 | 1202 | SZAŁANKIEWICZ MAGDALENA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA | 73 | K/42 | | 01:02:07 | 00:58:27 | | |
| 128 | 1242 | CIEŚLAK ŁUKASZ | POL | NOVITA S.A. | ZIELONA GÓRA | 77 | M/86 | | 01:02:16 | 00:57:16 | | |
| 129 | 1207 | ZALESKI CEZARY | POL | CIAGLENOSIMNIE.PL | ZIELONA GÓRA | 83 | M/87 | | 01:02:21 | 00:59:13 | | |
| 130 | 1115 | NOWAK DAWID | POL | | ZIELONA GÓRA | 92 | M/88 | | 01:02:21 | 00:58:28 | | |
| 131 | 1276 | KUGLARZ TOMASZ | POL | | | 76 | M/89 | | 01:02:34 | 00:58:58 | | |
| 132 | 1235 | SZUKALSKI ARTUR | POL | | ZBAŚZYNEK | 64 | M/90 | | 01:02:41 | 00:58:23 | | |
| 133 | 1156 | TETZLAW-DERINING MARTA | POL | #BEZKLUBU | SŁUBICE | 84 | K/43 | | 01:02:50 | 00:59:07 | | |
| 134 | 1170 | RUDNICKA KATARZYNA | POL | BABIMOJSKI KLUB BIEGOWY BAKCYL | BABIMOST | 73 | K/44 | | 01:02:59 | 00:58:39 | | |
| 135 | 1220 | BIENIAS JOANNA | POL | | MIĘDZYRZECZ | 75 | K/45 | | 01:03:16 | 00:59:43 | | |
| 136 | 1248 | JAKUBOWSKA MONIKA ST. SZER. | POL | 5 LUBUSKI PUŁK ARTYLERII SULECHÓW | | 91 | K/46 | | 01:03:16 | 00:59:52 | | |
| 137 | 1091 | MODLIŃSKI ROBERT | POL | POLEĆ TAM! | SZCZAWNO | 97 | M/91 | | 01:03:28 | 01:00:01 | | |
| 138 | 1071 | IGNATOWICZ ANNA | POL | | ZIELONA GÓRA | 78 | K/47 | | 01:03:35 | 00:59:05 | | |
| 139 | 1154 | KARAKOLIS NATALIA | POL | | KIEŁCZ | 00 | K/48 | | 01:03:48 | 01:00:01 | | |
| 140 | 1163 | MROCZKOWSKI PAWEŁ | POL | CIENKIE BOLKI | ZIELONA GÓRA | 85 | M/92 | | 01:03:50 | 00:57:58 | | |
| 141 | 1064 | OSAJCA ZENON | POL | | ZIELONA GÓRA | 65 | M/93 | | 01:03:52 | 00:59:36 | | |
| 142 | 1234 | ORCIUCH KLAUDIA | POL | | ZIELONA GÓRA | 94 | K/49 | | 01:04:01 | 01:00:28 | | |
| 143 | 1081 | ŚLAŹCZKA-LEBIEDZIŃSKA ALEKSANDRA | POL | CROSFIT8K48 | ZIELONA GÓRA | 78 | K/50 | | 01:04:01 | 00:59:38 | | |
| 144 | 1173 | SROKA GRZEGORZ | POL | RUN WITH EWA | ŚWIDNICA | 77 | M/94 | | 01:04:01 | 00:58:46 | | |
| 145 | 1023 | KRUSZ MARIUSZ | POL | BRAK | ZIELONA GÓRA | 76 | M/95 | | 01:04:02 | 00:59:33 | | |
| 146 | 1187 | PLESKACEWICZ MAGDALENA | POL | OLAWS ZŁOTORYJA | ZŁOTORYJA | 88 | K/51 | | 01:04:05 | 00:59:18 | | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|-------------------------|--------------|-----------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 147 | 1165 | BAZEL MICHAŁ | POL | SECO/WARWICK | ŚWIEBODZIN | 77 | M/96 | | | 01:04:07 | 01:00:45 | |
| 148 | 1253 | MOTYKA KRZYSZTOF | POL | SUCHA PANY | ZIELONA GÓRA | 88 | M/97 | | | 01:04:11 | 01:00:29 | |
| 149 | 1230 | APPELBAUM KRZYSZTOF | POL | | ZIELONA GÓRA | 79 | M/98 | | | 01:04:28 | 01:01:23 | |
| 150 | 1094 | SOWIŃSKA ANETTA | POL | | GORZÓW | 74 | K/52 | | | 01:04:31 | 01:00:07 | |
| 151 | 1124 | PYZDROWSKI MARCIN | POL | | ZIELONA GÓRA | 81 | M/99 | | | 01:04:32 | 01:00:02 | |
| 152 | 1221 | OLSZEWSKA JOLANTA | POL | WOLSZTYŃSKA AKADEMIA BIEGOWA | WOLSZTYN | 62 | K/53 | | | 01:04:33 | 01:00:15 | |
| 153 | 1224 | HAŁADYN ARTUR | POL | AEROKLUB ZIEMI LUBUSKIEJ | ZIELONA GÓRA | 72 | M/100 | | | 01:04:39 | 01:00:27 | |
| 154 | 1015 | KAPUŚNIAK DOROTA | POL | | KOŻUCHÓW | 76 | K/54 | | | 01:04:45 | 01:00:05 | |
| 155 | 1271 | KAWA MARTA | POL | | LEGNICA | 81 | K/55 | | | 01:04:47 | 01:00:05 | |
| 156 | 1240 | ZAWADZKA ANNA | POL | NOVITA S.A. | ZIELONA GÓRA | 92 | K/56 | | | 01:04:54 | 01:00:14 | |
| 157 | 1077 | PTASZKIEWICZ EWA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA | 71 | K/57 | | | 01:04:57 | 01:01:27 | |
| 158 | 1125 | MARCZEWSKA MARTA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA | 83 | K/58 | | | 01:04:57 | 01:01:27 | |
| 159 | 1126 | SKÓRA AGNIESZKA | POL | MORSY DĄBIE LUBUSKIE | ZIELONA GÓRA | 82 | K/59 | | | 01:05:07 | 01:01:01 | |
| 160 | 1184 | STRUGACZ PIOTR | POL | | ZIELONA GÓRA | 83 | M/101 | | | 01:05:09 | 01:00:54 | |
| 161 | 1255 | HOŁYSZ JACEK | POL | | ZIELONA GÓRA | 74 | M/102 | | | 01:05:11 | 01:00:55 | |
| 162 | 1266 | DURAJSKI ARIEL | POL | | ZIELONA GÓRA | 89 | M/103 | | | 01:05:11 | 01:00:31 | |
| 163 | 1197 | STANKIEWICZ KATARZYNA | POL | - | ZIELONA GÓRA | 84 | K/60 | | | 01:05:37 | 01:01:21 | |
| 164 | 1196 | RYBARCZYK AGATA | POL | 5 LUBUSKI PUŁK ARTYLERII SULECHÓW | ZIELONA GÓRA | 82 | K/61 | | | 01:05:38 | 01:01:24 | |
| 165 | 1241 | DĄBROWSKI BARTOSZ | POL | NOVITA S.A. | ZIELONA GÓRA | 92 | M/104 | | | 01:05:43 | 01:00:12 | |
| 166 | 1265 | MUZIOL KRZYSZTOF | POL | | ZIELONA GÓRA | 97 | M/105 | | | 01:05:52 | 01:01:09 | |
| 167 | 1131 | MANIA PRZEMYSŁAW | POL | SKAZANI NA SUKCES | ZIELONA GÓRA | 81 | M/106 | | | 01:06:04 | 01:03:00 | |
| 168 | 1172 | KOKOSZKA NATALIA | POL | KOKOS TEAM | SULECHÓW | 92 | K/62 | | | 01:06:18 | 01:02:32 | |
| 169 | 1214 | MASSALSKA GABRIELA | POL | PANAS TEAM | ŻAGAŃ | 96 | K/63 | | | 01:06:19 | 01:02:32 | |
| 170 | 1194 | PANASIUK PAWEŁ | POL | PANAS TEAM | SULECHÓW | 91 | M/107 | | | 01:06:21 | 01:02:27 | |
| 171 | 1171 | KOKOSZKA PRZEMYSŁAW | POL | KOKOS TEAM | SULECHÓW | 87 | M/108 | | | 01:06:22 | 01:02:33 | |
| 172 | 1226 | KASPRZAK JULIA | POL | KB WIKON NOWA SOL | NOWA SÓL | 01 | K/64 | | | 01:06:22 | 01:01:51 | |
| 173 | 1183 | SEŃKÓW MAŁGORZATA | POL | BIEGUSIE | ZIELONA GÓRA | 84 | K/65 | | | 01:06:43 | 01:03:02 | |
| 174 | 1225 | KŁĘBUCKA AGNIESZKA | POL | #BEZKLUBU | ZIELONA GÓRA | 76 | K/66 | | | 01:07:07 | 01:02:32 | |
| 175 | 1060 | KUŹNIK SYLWIA | POL | | ZIELONA GÓRA | 72 | K/67 | | | 01:07:08 | 01:02:34 | |
| 176 | 1079 | NIEPOROWSKA BEATA | POL | | ZIELONA GÓRA | 63 | K/68 | | | 01:07:10 | 01:02:34 | |
| 177 | 1263 | GWARA REMIGIUSZ | POL | BRACTWO BIEGACZY ZIELONA GÓRA | ZIELONA GÓRA | 67 | M/109 | | | 01:07:11 | 01:02:34 | |
| 178 | 1012 | STAWSKA EWA | POL | PKO BANK POLSKI | KOŻUCHÓW | 61 | K/69 | | | 01:07:15 | 01:02:05 | |
| 179 | 1140 | DOMKE RADOSŁAW | POL | | ZIELONA GÓRA | 81 | M/110 | | | 01:07:16 | 01:03:22 | |
| 180 | 1102 | CHMURA MARIUSZ | POL | RODEM Z GOSTYNIA | GOSTYŃ | 89 | M/111 | | | 01:07:24 | 01:03:32 | |
| 181 | 1062 | ZAGAJA JAKUB | POL | | ZIELONA GÓRA | 94 | M/112 | | | 01:07:32 | 01:02:54 | |
| 182 | 1090 | PARZYGNAT KINIA | POL | RODZINKA | URAD | 01 | K/70 | | | 01:07:52 | 01:03:00 | |
| 183 | 1007 | WEDLER URSZULA | POL | | KOŻUCHÓW | 69 | K/71 | | | 01:08:02 | 01:03:54 | |
| 184 | 1085 | PAWŁOWSKA - LASEK | POL | BRAK | ŻARY | 81 | K/72 | | | 01:08:16 | 01:04:10 | |
| | | KATARZYNA | | | | | | | | | | |
| 185 | 1261 | RYBAK PAWEŁ | POL | | ZBĄSZYŃ | 80 | M/113 | | | 01:08:16 | 01:03:24 | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|--------------------------|--------------|------------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 186 | 1159 | URSZYC GRACJAN | POL | | ŻARY | 79 | M/114 | | | 01:08:17 | 01:04:14 | |
| 187 | 1100 | BUDASZ MIECIA | POL | BRAK | BRZEŹNICA | 82 | K/73 | | | 01:08:18 | 01:04:13 | |
| 188 | 1158 | CYRAN KATARZYNA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA | 79 | K/74 | | | 01:08:27 | 01:04:42 | |
| 189 | 1114 | MOROZ MAŁGORZATA | POL | | ZIELONA GÓRA | 61 | K/75 | | | 01:08:49 | 01:04:53 | |
| 190 | 1113 | MOROZ ANNA | POL | | ZIELONA GÓRA | 88 | K/76 | | | 01:08:53 | 01:04:55 | |
| 191 | 1229 | MRULA EWA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA | 73 | K/77 | | | 01:08:54 | 01:04:55 | |
| 192 | 1109 | STANKIEWICZ AGNIESZKA | POL | | ZIELONA GÓRA | 75 | K/78 | | | 01:08:57 | 01:05:20 | |
| 193 | 1212 | JOACHIMIAK TOMASZ | POL | GRUPA WARZONKO | ZIELONA GÓRA | 83 | M/115 | | | 01:09:06 | 01:05:01 | |
| 194 | 1217 | BARTOSZEWICZ MAREK | POL | GRUPA WARZONKO | ZIELONA GÓRA | 83 | M/116 | | | 01:09:08 | 01:05:00 | |
| 195 | 1039 | POJASEK PAULINA | POL | | ZIELONA GÓRA | 89 | K/79 | | | 01:09:10 | 01:04:47 | |
| 196 | 1260 | JANUSZEWSKA-MYCEK IWONA | POL | | ZIELONA GÓRA | 73 | K/80 | | | 01:09:16 | 01:05:02 | |
| 197 | 1025 | RUSIN JANINA | POL | HARENDZIAKI | ŻARY | 65 | K/81 | | | 01:09:20 | 01:05:02 | |
| 198 | 1198 | ZIEMBA ANNA | POL | BIEGNĘ DALEJ! | OŚNO LUBUSKIE | 95 | K/82 | | | 01:09:24 | 01:05:01 | |
| 199 | 1216 | WEIDNER MAGDA | POL | NOTOJADZIEM ZIELONA GÓRA | ZIELONA GÓRA | 86 | K/83 | | | 01:09:37 | 00:43:16 | |
| 200 | 1272 | CIECIURA TOMASZ | POL | | SULĘCIN | 86 | M/117 | | | 01:09:37 | 01:04:26 | |
| 201 | 1058 | GIEMZA TOMASZ | POL | SAINT-GOBAIN SQUAD | ŻARTY | 69 | M/118 | | | 01:09:38 | 01:05:57 | |
| 202 | 1136 | WALCZAK MACIEJ | POL | STRAŻ GRANICZNA | SULECHÓW | 81 | M/119 | | | 01:09:47 | 01:05:15 | |
| 203 | 1118 | MAJEWSKA SYLWIA | POL | BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA | LUBIN | 80 | K/84 | | | 01:10:29 | 01:06:02 | |
| 204 | 1116 | DOBICKI BARTOSZ | POL | | LUBSKO | 84 | M/120 | | | 01:10:29 | 01:05:59 | |
| 205 | 1201 | SZKUDLAREK ANGELINA | POL | | PŁOTY | 91 | K/85 | | | 01:10:48 | 01:06:01 | |
| 206 | 1057 | CZARNECKI CEZARY | POL | | ZIELONA GÓRA | 66 | M/121 | | | 01:10:55 | 00:37:03 | |
| 207 | 1089 | LEWANDOWSKA-GAJDA JOANNA | POL | | LUBSKO | 76 | K/86 | | | 01:10:56 | 01:06:51 | |
| 208 | 1246 | KOSTYRA PRZEMYSŁAW | POL | | ZBĄSZYŃ | 94 | M/122 | | | 01:11:04 | 01:06:59 | |
| 209 | 1206 | WNĘK DOROTA | POL | | ZIELONA GÓRA | 69 | K/87 | | | 01:11:13 | 01:06:49 | |
| 210 | 1066 | ROŚ-BRZEZIŃSKA EWA | POL | PARKRUN ŻARY | ŻARY | 63 | K/88 | | | 01:11:25 | 01:07:01 | |
| 211 | 1142 | MOROZ GABRIELA | POL | #BEZKLUBU | ZIELONA GÓRA | 98 | K/89 | | | 01:11:27 | 01:08:00 | |
| 212 | 1181 | PIERZYŃSKA MAGDALENA | POL | ELEKTROCIEPŁOWNIA ZIELONA GÓRA | ZIELONA GÓRA | 75 | K/90 | | | 01:11:41 | 01:07:51 | |
| 213 | 1110 | KUCHARCZYK KASIA | POL | | WILKANOWO | 75 | K/91 | | | 01:11:42 | 01:07:16 | |
| 214 | 1111 | KUCHARCZYK MARIUSZ | POL | SZYBKIE ROBAKI | WILKANOWO | 75 | M/123 | | | 01:11:43 | 01:07:17 | |
| 215 | 1086 | DUBACKA KATARZYNA | POL | #BEZKLUBU | SŁUBICE | 80 | K/92 | | | 01:12:22 | 01:07:37 | |
| 216 | 1105 | SKOBELSKI ROBERT | POL | | ZIELONA GÓRA | 68 | M/124 | | | 01:12:42 | 01:08:15 | |
| 217 | 1016 | DĄBEK EMILIA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ŁOCHOWICE | 82 | K/93 | | | 01:13:02 | 01:08:44 | |
| 218 | 1223 | KLIKOWICZ AGATA | POL | | ZIELONA GÓRA | 76 | K/94 | | | 01:13:02 | 01:08:20 | |
| 219 | 1195 | DULAT MIROŚLAWA | POL | FA(S)T & FURIOUS | ZIELONA GÓRA | 83 | K/95 | | | 01:13:08 | 01:08:28 | |
| 220 | 1002 | NAWLICKA KAMILA | POL | ZGZB | ZIELONA GÓRA | 78 | K/96 | | | 01:13:13 | 01:08:47 | |
| 221 | 1014 | SZOPSKA MARTA | POL | | ZIELONA GÓRA | 78 | K/97 | | | 01:13:24 | 01:08:59 | |
| 222 | 1084 | MATUSIAK AGATA | POL | #BEZKLUBU | NIEDORADZ | 94 | K/98 | | | 01:13:50 | 01:08:30 | |
| 223 | 1043 | BIELEC KAROLINA | POL | FITNESS CLUB CHAMPFIT REMBERTÓW | WARSZAWA | 88 | K/99 | | | 01:13:52 | 01:09:01 | |
| 224 | 1282 | FRĄCKOWIAK KRZYSZTOF | POL | | | 83 | M/125 | | | 01:13:53 | 01:08:38 | |
| 225 | 1018 | KOLENDOWICZ KATARZYNA | POL | | ZIELONA GÓRA | 76 | K/100 | | | 01:14:04 | 01:09:37 | |

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-----------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--------------------|---------------------|
| 226 | 1017 | WÓJTOWICZ JOANNA | POL | | ZIELONA GÓRA | 77 | K/101 | | 01:14:06 | 01:09:21 | | |
| 227 | 1231 | ZEMAN WOJCIECH | POL | CENTRUM KOMINA | SULECHÓW | 76 | M/126 | | 01:14:52 | 01:10:15 | | |
| 228 | 1189 | TYMCZYN URSZULA | POL | BIEGNĘ DALEJ! | OŚNO | 96 | K/102 | | 01:14:57 | 01:10:15 | | |
| 229 | 1053 | DĄBROWSKA JOANNA | POL | | ZIELONA GÓRA | 90 | K/103 | | 01:15:14 | 01:10:48 | | |
| 230 | 1243 | SZOPA MONIKA | POL | NOVITA S.A. | ZIELONA GÓRA | 88 | K/104 | | 01:15:17 | 01:10:48 | | |
| 231 | 1083 | WILCZYŃSKA KALINA | POL | | ZIELONA GÓRA | 83 | K/105 | | 01:15:20 | 01:10:36 | | |
| 232 | 1047 | SAJNA MARIA | POL | | ŻARY | 59 | K/106 | | 01:16:15 | 01:11:55 | | |
| 233 | 1019 | TOBIS MICHAŁ | POL | | ZIELONA GÓRA | 85 | M/127 | | 01:16:17 | 01:12:19 | | |
| 234 | 1227 | NYKAZA AGATA | POL | AEROKLUB ZIEMI LUBUSKIEJ | POZNAŃ | 90 | K/107 | | 01:16:31 | 01:12:03 | | |
| 235 | 1228 | PORĘBSKI KRZYSZTOF | POL | AEROKLUB ZIEMI LUBUSKIEJ | ZIELONA GÓRA | 89 | M/128 | | 01:16:33 | 01:12:03 | | |
| 236 | 1204 | KOWALSKA ANNA | POL | | ZIELONA GÓRA | 81 | K/108 | | 01:19:28 | 01:14:09 | | |
| 237 | 1050 | KOZŁOWSKA MAJA | POL | OLINK | ZIELONA GÓRA | 89 | K/109 | | 01:19:38 | 01:15:12 | | |
| 238 | 1104 | SKOTNICKA EWELINA | POL | #BEZKLUBU | ZIELONA GÓRA | 87 | K/110 | | 01:22:08 | 01:16:22 | | |
| 239 | 1107 | KANTORSKI MAREK | POL | #BEZKLUBU | ZIELONA GÓRA | 87 | M/129 | | 01:22:09 | 01:16:21 | | |
| 240 | 1006 | KOZŁOWSKA KATARZYNA | POL | - | MIĘDZYRZECZ | 94 | K/111 | | 01:23:21 | 01:18:03 | | |
| 241 | 1270 | MUSALEKAR DINESH | POL | | | 71 | M/130 | | 01:24:04 | 01:18:19 | | |
| 242 | 1022 | MARCINKOWSKI KRZYSZTOF | POL | OLINK | ZIELONA GÓRA | 93 | M/131 | | 01:26:03 | | | |
| 243 | 1011 | MOSZYŃSKI JAKUB | POL | OLINK | ZIELONA GÓRA | 93 | M/132 | | 01:28:07 | 01:23:24 | | |
| 244 | 1076 | KOSTECKA BEATA | POL | | ZIELONA GÓRA | 78 | K/112 | | 01:28:15 | 01:22:30 | | |
| 245 | 1169 | CZŁAPA ANETA | POL | DRUŻYNA MEDYKA ZIELONA GÓRA | ZIELONA GÓRA | 71 | K/113 | | 01:28:17 | 01:21:25 | | |
| 246 | 1168 | WEĆLAWSKI MIREK | POL | RUNPLANET TEAM ZIELONA GÓRA | ZIELONA GÓRA | 70 | M/133 | | 01:28:19 | 01:21:12 | | |
| 247 | 1068 | KULIK MIROSLAW | POL | #BEZKLUBU | SULĘCIN | 59 | M/134 | | 01:31:21 | 01:25:34 | | |
| 248 | 1035 | LINKE HORST | GER | NLLB COTTBUS | HOYERSWERDA | 32 | M/135 | | 01:31:45 | 01:25:26 | | |

ZIELONOGÓRSKA ĆWIARTKA

WYNIKI ZAWODÓW

Kobiety 10,5 km

Organizator: Stowarzyszenie Biegam - Pomagam

Termin: 06.10.2018

Miejsce: Zielona Góra

Dystans: 21,097 km

Klasyfikacja pierwszych 50-ciu zawodników z kategorii Open wg. czasu brutto

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | 10 km | <i>Międzyczasy P2</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|--------------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|----------|---------------------------|---------------------|
| 1 | 1128 | PERON ANITA | POL | EVEREST FITNESS | ZIELONA GÓRA | 87 | K/1 | | 00:48:11 | 00:48:08 | 00:44:31 | | |
| 2 | 1004 | PRZĄDKA PAULINA | POL | BOHAR PALETY RUNNERS | ZIELONA GÓRA | 91 | K/2 | | 00:48:55 | 00:48:51 | 00:45:25 | | |
| 3 | 1051 | GIERSZEWSKA MARTYNA | POL | | KOŻUCHÓW | 97 | K/3 | | 00:50:15 | 00:50:14 | 00:46:30 | | |
| 4 | 1121 | NOWACKA MAŁGORZATA | POL | | POZNAŃ | 86 | K/4 | | 00:50:49 | 00:50:21 | 00:47:10 | | |
| 5 | 1132 | TOMIAK PAULINA | POL | WOLSZTYŃSKA AKADEMIA BIEGOWA | WOLSZTYN | 84 | K/5 | | 00:51:28 | 00:50:49 | 00:47:44 | | |
| 6 | 1148 | PAWLIKOWSKA EWA | POL | RUN WITH GREG | ŚWIDNICA | 79 | K/6 | | 00:52:55 | 00:52:51 | 00:48:59 | | |
| 7 | 1028 | RATAJCZAK DOROTA | POL | TRIO FORTIS | ZIELONA GÓRA | 77 | K/7 | | 00:54:44 | 00:54:38 | 00:50:47 | | |
| 8 | 1182 | TYCHANYCZ JOANNA | POL | ELEKTROCIEPŁOWNIA ZIELONA GÓRA | ZIELONA GÓRA | 76 | K/8 | | 00:54:57 | 00:54:32 | 00:51:03 | | |
| 9 | 1155 | SZYMCZAK EWELINA | POL | | SZCZECIN | 78 | K/9 | | 00:55:26 | 00:54:18 | 00:51:27 | | |
| 10 | 1146 | SKORUPSKA SYLWIA | POL | | PŁOTY | 72 | K/10 | | 00:55:42 | 00:55:02 | 00:51:44 | | |
| 11 | 1117 | KRZYŻYK AGNIESZKA | POL | TRIO FORTIS | ZIELONA GÓRA | 80 | K/11 | | | 00:55:42 | 00:51:29 | | |
| 12 | 1044 | MADEJ KATARZYNA | POL | - | WARSZAWA | 81 | K/12 | | | 00:55:43 | 00:44:40 | | |
| 13 | 1031 | KARDYNAŁ GABRIELA | POL | | KOŻUCHÓW | 85 | K/13 | | | 00:55:44 | 00:52:11 | | |
| 14 | 1185 | SZURMIEJ KAMILA | POL | BROWAR JENIN | OŚNO LUBUSKIE | 95 | K/14 | | | 00:57:00 | | | |
| 15 | 1180 | LIPKA ANNA | POL | ELEKTROCIEPŁOWNIA ZIELONA GÓRA | ZIELONA GÓRA | 72 | K/15 | | | 00:57:03 | 00:53:32 | | |
| 16 | 1186 | LENC KAROLINA | POL | BIEGNĘ DALEJ! | OŚNO LUBUSKIE | 93 | K/16 | | | 00:57:37 | 00:53:23 | | |
| 17 | 1262 | DANAK HANNA | POL | | ZIELONA GÓRA | 84 | K/17 | | | 00:57:56 | 00:53:56 | | |
| 18 | 1032 | OPALA MARTA | POL | | ZIELONA GÓRA | 80 | K/18 | | | 00:58:28 | 00:55:01 | | |
| 19 | 1141 | SENK WERONIKA | POL | | KROSNO | 93 | K/19 | | | 00:58:33 | 00:54:55 | | |
| 20 | 1232 | BESEROWICZ ADRIANA | POL | | ŁAGÓW | 82 | K/20 | | | 00:58:34 | 00:54:19 | | |
| 21 | 1237 | KOWALCZYK-HETNAR MARTA | POL | KB WIKON NOWA SÓL | NOWA SÓL | 76 | K/21 | | | 00:58:39 | 00:54:51 | | |
| 22 | 1164 | SIEWRUK DARIA | POL | SECO/WARWICK | ŚWIEBODZIN | 93 | K/22 | | | 00:59:22 | 00:55:40 | | |
| 23 | 1247 | IDZIAK MAGDALENA | POL | JOYSTICK TEAM | ZIELONA GÓRA | 82 | K/23 | | | 00:59:25 | 00:55:27 | | |
| 24 | 1106 | MARYNIAK BARBARA | POL | #BEZKLUBU | PSZCZEW | 69 | K/24 | | | 00:59:30 | 00:54:51 | | |
| 25 | 1245 | CIEŚLAK ANNA | POL | #BEZKLUBU | ZIELONA GÓRA | 80 | K/25 | | | 00:59:32 | 00:55:14 | | |
| 26 | 1041 | KAJDAS MAŁGORZATA | POL | | SŁAWA | 80 | K/26 | | | 01:00:01 | 00:56:25 | | |
| 27 | 1157 | KALINOWSKA HONORATA | POL | CIENKIE BOLKI | ZIELONA GÓRA | 71 | K/27 | | | 01:00:31 | 00:56:27 | | |

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy</i> | <i>Check points</i> |
|-------------------------|-------------------|------------------------------------|----------------------|-----------------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--------------------|---------------------|
| 28 | 1075 | SZUSTAK ANETA | POL | | SULECHÓW | 75 | K/28 | | 01:00:37 | 00:57:01 | | |
| 29 | 1199 | BARANOWSKA EWA | POL | ZGZB | ZIELONA GÓRA | 78 | K/29 | | 01:00:43 | 00:56:28 | | |
| 30 | 1213 | STRYCHALSKA ALICJA | POL | | ZIELONA GÓRA | 83 | K/30 | | 01:00:45 | 00:56:28 | | |
| 31 | 1138 | WABNO DOROTA | POL | ZIELONA GÓRA | ZIELONA GÓRA | 66 | K/31 | | 01:01:12 | 00:57:22 | | |
| 32 | 1034 | KOAL INGRID | GER | NLLB COTTBUS | COTTBUS | 49 | K/32 | | 01:01:16 | 00:57:24 | | |
| 33 | 1147 | JAŚNIEWSKA AGNIESZKA | POL | ZGZB | ZIELONA GÓRA | 80 | K/33 | | 01:01:18 | 00:57:13 | | |
| 34 | 1160 | KORSAK MAŁGORZATA | POL | DRUŻYNA MEDYKA ZIELONA GÓRA | ZIELONA GÓRA | 71 | K/34 | | 01:01:27 | 00:57:56 | | |
| 35 | 1150 | ERET MARZENA | POL | | GUBIN | 76 | K/35 | | 01:01:27 | 00:57:18 | | |
| 36 | 1174 | ROGACZEWSKA NATALIA | POL | FIZJOGABINET | ZIELONA GÓRA | 74 | K/36 | | 01:01:27 | 00:58:00 | | |
| 37 | 1273 | GILEWSKA MONIKA | POL | SIOSTRZYCZKI | ZIELONA GÓRA | 73 | K/37 | | 01:01:32 | 00:57:30 | | |
| 38 | 1275 | KAISER ANNA | USA | SIOSTRZYCZKI | DUNWOODY | 70 | K/38 | | 01:01:33 | 00:57:30 | | |
| 39 | 1161 | GAJDA KATARZYNA | POL | CIENKIE BOLKI | ZIELONA GÓRA | 77 | K/39 | | 01:01:42 | 00:57:17 | | |
| 40 | 1036 | ŁOPACIŃSKA NATALIA | POL | - | GÓRZYCA | 95 | K/40 | | 01:01:53 | 00:57:54 | | |
| 41 | 1219 | UKLEJA MAGDALENA | POL | DUMA TEAM | ZIELONA GÓRA | 64 | K/41 | | 01:01:53 | 00:57:48 | | |
| 42 | 1202 | SZAŁANKIEWICZ MAGDALENA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA | 73 | K/42 | | 01:02:07 | 00:58:27 | | |
| 43 | 1156 | TETZLAW-DERIN MARTA | POL | #BEZKLUBU | SŁUBICE | 84 | K/43 | | 01:02:50 | 00:59:07 | | |
| 44 | 1170 | RUDNICKA KATARZYNA | POL | BABIMOJSKI KLUB BIEGOWY BAKCYL | BABIMOST | 73 | K/44 | | 01:02:59 | 00:58:39 | | |
| 45 | 1220 | BIENIAS JOANNA | POL | | MIĘDZYRZECZ | 75 | K/45 | | 01:03:16 | 00:59:43 | | |
| 46 | 1248 | JAKUBOWSKA MONIKA ST. SZER. | POL | 5 LUBUSKI PUŁK ARTYLERII SULECHÓW | | 91 | K/46 | | 01:03:16 | 00:59:52 | | |
| 47 | 1071 | IGNATOWICZ ANNA | POL | | ZIELONA GÓRA | 78 | K/47 | | 01:03:35 | 00:59:05 | | |
| 48 | 1154 | KARAKOLIS NATALIA | POL | | KIEŁCZ | 00 | K/48 | | 01:03:48 | 01:00:01 | | |
| 49 | 1234 | ORCIUCH KLAUDIA | POL | | ZIELONA GÓRA | 94 | K/49 | | 01:04:01 | 01:00:28 | | |
| 50 | 1081 | ŚLĄCZKA-LEBIEDZIŃSKA ALEKSANDRA | POL | CROSFIT8K48 | ZIELONA GÓRA | 78 | K/50 | | 01:04:01 | 00:59:38 | | |
| 51 | 1187 | PLESKACEWICZ MAGDALENA | POL | OLAWS ZŁOTORYJA | ZŁOTORYJA | 88 | K/51 | | 01:04:05 | 00:59:18 | | |
| 52 | 1094 | SOWIŃSKA ANETTA | POL | | GORZÓW | 74 | K/52 | | 01:04:31 | 01:00:07 | | |
| 53 | 1221 | OLSZEWSKA JOLANTA | POL | WOLSZTYŃSKA AKADEMIA BIEGOWA | WOLSZTYN | 62 | K/53 | | 01:04:33 | 01:00:15 | | |
| 54 | 1015 | KAPUŚNIAK DOROTA | POL | | KOŻUCHÓW | 76 | K/54 | | 01:04:45 | 01:00:05 | | |
| 55 | 1271 | KAWA MARTA | POL | | LEGNICA | 81 | K/55 | | 01:04:47 | 01:00:05 | | |
| 56 | 1240 | ZAWADZKA ANNA | POL | NOVITA S.A. | ZIELONA GÓRA | 92 | K/56 | | 01:04:54 | 01:00:14 | | |
| 57 | 1077 | PTASZKIEWICZ EWA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA | 71 | K/57 | | 01:04:57 | 01:01:27 | | |
| 58 | 1125 | MARCZEWSKA MARTA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA | 83 | K/58 | | 01:04:57 | 01:01:27 | | |
| 59 | 1126 | SKÓRA AGNIESZKA | POL | MORSY DĄBIE LUBUSKIE | ZIELONA GÓRA | 82 | K/59 | | 01:05:07 | 01:01:01 | | |
| 60 | 1197 | STANKIEWICZ KATARZYNA | POL | - | ZIELONA GÓRA | 84 | K/60 | | 01:05:37 | 01:01:21 | | |
| 61 | 1196 | RYBARCZYK AGATA | POL | 5 LUBUSKI PUŁK ARTYLERII SULECHÓW | ZIELONA GÓRA | 82 | K/61 | | 01:05:38 | 01:01:24 | | |
| 62 | 1172 | KOKOSZKA NATALIA | POL | KOKOS TEAM | SULECHÓW | 92 | K/62 | | 01:06:18 | 01:02:32 | | |
| 63 | 1214 | MASSALSKA GABRIELA | POL | PANAS TEAM | ŻAGAŃ | 96 | K/63 | | 01:06:19 | 01:02:32 | | |
| 64 | 1226 | KASPRZAK JULIA | POL | KB WIKON NOWA SOL | NOWA SÓL | 01 | K/64 | | 01:06:22 | 01:01:51 | | |
| 65 | 1183 | SEŃKÓW MAŁGORZATA | POL | BIEGUSIE | ZIELONA GÓRA | 84 | K/65 | | 01:06:43 | 01:03:02 | | |
| 66 | 1225 | KŁĘBUCKA AGNIESZKA | POL | #BEZKLUBU | ZIELONA GÓRA | 76 | K/66 | | 01:07:07 | 01:02:32 | | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|--------------------------------|--------------|------------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 67 | 1060 | KUŹNIK SYLWIA | POL | | ZIELONA GÓRA | 72 | K/67 | | 01:07:08 | 01:02:34 | | |
| 68 | 1079 | NIEPOROWSKA BEATA | POL | | ZIELONA GÓRA | 63 | K/68 | | 01:07:10 | 01:02:34 | | |
| 69 | 1012 | STAWSKA EWA | POL | PKO BANK POLSKI | KOŻUCHÓW | 61 | K/69 | | 01:07:15 | 01:02:05 | | |
| 70 | 1090 | PARZYGNAT KINIA | POL | RODZINKA | URAD | 01 | K/70 | | 01:07:52 | 01:03:00 | | |
| 71 | 1007 | WEDLER URSZULA | POL | | KOŻUCHÓW | 69 | K/71 | | 01:08:02 | 01:03:54 | | |
| 72 | 1085 | PAWŁOWSKA - LASEK KATARZYNA | POL | BRAK | ŻARY | 81 | K/72 | | 01:08:16 | 01:04:10 | | |
| 73 | 1100 | BUDASZ MIECIA | POL | BRAK | BRZEŹNICA | 82 | K/73 | | 01:08:18 | 01:04:13 | | |
| 74 | 1158 | CYRAN KATARZYNA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA | 79 | K/74 | | 01:08:27 | 01:04:42 | | |
| 75 | 1114 | MOROZ MAŁGORZATA | POL | | ZIELONA GÓRA | 61 | K/75 | | 01:08:49 | 01:04:53 | | |
| 76 | 1113 | MOROZ ANNA | POL | | ZIELONA GÓRA | 88 | K/76 | | 01:08:53 | 01:04:55 | | |
| 77 | 1229 | MRULA EWA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA | 73 | K/77 | | 01:08:54 | 01:04:55 | | |
| 78 | 1109 | STANKIEWICZ AGNIESZKA | POL | | ZIELONA GÓRA | 75 | K/78 | | 01:08:57 | 01:05:20 | | |
| 79 | 1039 | POJASEK PAULINA | POL | | ZIELONA GÓRA | 89 | K/79 | | 01:09:10 | 01:04:47 | | |
| 80 | 1260 | JANUSZEWSKA-MYCEK IWONA | POL | | ZIELONA GÓRA | 73 | K/80 | | 01:09:16 | 01:05:02 | | |
| 81 | 1025 | RUSIN JANINA | POL | HARENDZIAKI | ŻARY | 65 | K/81 | | 01:09:20 | 01:05:02 | | |
| 82 | 1198 | ZIEMBA ANNA | POL | BIEGNĘ DALEJ! | OŚNO LUBUSKIE | 95 | K/82 | | 01:09:24 | 01:05:01 | | |
| 83 | 1216 | WEIDNER MAGDA | POL | NOTOJADZIEM ZIELONA GÓRA | ZIELONA GÓRA | 86 | K/83 | | 01:09:37 | 00:43:16 | | |
| 84 | 1118 | MAJEWSKA SYLWIA | POL | BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA | LUBIN | 80 | K/84 | | 01:10:29 | 01:06:02 | | |
| 85 | 1201 | SZKUDLAREK ANGELINA | POL | | PŁOTY | 91 | K/85 | | 01:10:48 | 01:06:01 | | |
| 86 | 1089 | LEWANDOWSKA-GAJDA JOANNA | POL | | LUBSKO | 76 | K/86 | | 01:10:56 | 01:06:51 | | |
| 87 | 1206 | WNĘK DOROTA | POL | | ZIELONA GÓRA | 69 | K/87 | | 01:11:13 | 01:06:49 | | |
| 88 | 1066 | ROŚ-BRZEZIŃSKA EWA | POL | PARKRUN ŻARY | ŻARY | 63 | K/88 | | 01:11:25 | 01:07:01 | | |
| 89 | 1142 | MOROZ GABRIELA | POL | #BEZKLUBU | ZIELONA GÓRA | 98 | K/89 | | 01:11:27 | 01:08:00 | | |
| 90 | 1181 | PIERZYŃSKA MAGDALENA | POL | ELEKTROCIEPŁOWNIA ZIELONA GÓRA | ZIELONA GÓRA | 75 | K/90 | | 01:11:41 | 01:07:51 | | |
| 91 | 1110 | KUCHARCZYK KASIA | POL | | WILKANOWO | 75 | K/91 | | 01:11:42 | 01:07:16 | | |
| 92 | 1086 | DUBACKA KATARZYNA | POL | #BEZKLUBU | SŁUBICE | 80 | K/92 | | 01:12:22 | 01:07:37 | | |
| 93 | 1016 | DĄBEK EMILIA | POL | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ŁOCHOWICE | 82 | K/93 | | 01:13:02 | 01:08:44 | | |
| 94 | 1223 | KLIKOWICZ AGATA | POL | | ZIELONA GÓRA | 76 | K/94 | | 01:13:02 | 01:08:20 | | |
| 95 | 1195 | DULAT MIROŚŁAWA | POL | FA(S)T & FURIOUS | ZIELONA GÓRA | 83 | K/95 | | 01:13:08 | 01:08:28 | | |
| 96 | 1002 | NAWLICKA KAMILA | POL | ZGZB | ZIELONA GÓRA | 78 | K/96 | | 01:13:13 | 01:08:47 | | |
| 97 | 1014 | SZOPSKA MARTA | POL | | ZIELONA GÓRA | 78 | K/97 | | 01:13:24 | 01:08:59 | | |
| 98 | 1084 | MATUSIAK AGATA | POL | #BEZKLUBU | NIEDORADZ | 94 | K/98 | | 01:13:50 | 01:08:30 | | |
| 99 | 1043 | BIELEC KAROLINA | POL | FITNESS CLUB CHAMPFIT REMBERTÓW | WARSZAWA | 88 | K/99 | | 01:13:52 | 01:09:01 | | |
| 100 | 1018 | KOLENDOWICZ KATARZYNA | POL | | ZIELONA GÓRA | 76 | K/100 | | 01:14:04 | 01:09:37 | | |
| 101 | 1017 | WÓJTOWICZ JOANNA | POL | | ZIELONA GÓRA | 77 | K/101 | | 01:14:06 | 01:09:21 | | |
| 102 | 1189 | TYMCZYN URSZULA | POL | BIEGNĘ DALEJ! | OŚNO | 96 | K/102 | | 01:14:57 | 01:10:15 | | |
| 103 | 1053 | DĄBROWSKA JOANNA | POL | | ZIELONA GÓRA | 90 | K/103 | | 01:15:14 | 01:10:48 | | |
| 104 | 1243 | SZOPA MONIKA | POL | NOVITA S.A. | ZIELONA GÓRA | 88 | K/104 | | 01:15:17 | 01:10:48 | | |
| 105 | 1083 | WILCZYŃSKA KALINA | POL | | ZIELONA GÓRA | 83 | K/105 | | 01:15:20 | 01:10:36 | | |

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-----------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--------------------|---------------------|
| 106 | 1047 | SAJNA MARIA | POL | | ŻARY | 59 | K/106 | | 01:16:15 | 01:11:55 | | |
| 107 | 1227 | NYKAZA AGATA | POL | AEROKLUB ZIEMI LUBUSKIEJ | POZNAŃ | 90 | K/107 | | 01:16:31 | 01:12:03 | | |
| 108 | 1204 | KOWALSKA ANNA | POL | | ZIELONA GÓRA | 81 | K/108 | | 01:19:28 | 01:14:09 | | |
| 109 | 1050 | KOZŁOWSKA MAJA | POL | OLINK | ZIELONA GÓRA | 89 | K/109 | | 01:19:38 | 01:15:12 | | |
| 110 | 1104 | SKOTNICKA EWELINA | POL | #BEZKLUBU | ZIELONA GÓRA | 87 | K/110 | | 01:22:08 | 01:16:22 | | |
| 111 | 1006 | KOZŁOWSKA KATARZYNA | POL | - | MIĘDZYRZECZ | 94 | K/111 | | 01:23:21 | 01:18:03 | | |
| 112 | 1076 | KOSTECKA BEATA | POL | | ZIELONA GÓRA | 78 | K/112 | | 01:28:15 | 01:22:30 | | |
| 113 | 1169 | CZŁAPA ANETA | POL | DRUŻYNA MEDYKA ZIELONA GÓRA | ZIELONA GÓRA | 71 | K/113 | | 01:28:17 | 01:21:25 | | |

ZIELONOGÓRSKA ĆWIARTKA

WYNIKI ZAWODÓW

Mężczyźni 10,5 km

Organizator: Stowarzyszenie Biegam - Pomagam

Termin: 06.10.2018

Miejsce: Zielona Góra

Dystans: 10,5 km

Klasyfikacja pierwszych 50-ciu zawodników z kategorii Open wg. czasu brutto

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy 10 km</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|------------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|------------------------------|---------------------|
| 1 | 1177 | SOBCZAK SEBASTIAN | POL | TEAM DRACZYNSKI/NGB | NOWA SÓL | 75 | M/1 | | 00:39:45 | 00:39:45 | 00:36:42 | |
| 2 | 1151 | OSIADŁY JAKUB | POL | TEAM DRACZYŃSKI | NOWA SÓL | 98 | M/2 | | 00:41:46 | 00:41:44 | 00:38:38 | |
| 3 | 1278 | TARCZEWSKI SŁAWOMIR | POL | | CZARNOWO | 76 | M/3 | | 00:43:24 | 00:43:23 | 00:40:15 | |
| 4 | 1167 | LEWICKI JACEK | POL | SECO/WARWICK | ZIELONA GÓRA | 92 | M/4 | | 00:43:27 | 00:43:22 | 00:40:18 | |
| 5 | 1122 | RZEŃNIK DACJAN | POL | | ZIELONA GÓRA | 89 | M/5 | | 00:44:23 | 00:44:20 | 00:41:03 | |
| 6 | 1119 | ZBORALSKI MAREK | POL | | ZIELONA GÓRA | 70 | M/6 | | 00:44:54 | 00:44:52 | 00:41:39 | |
| 7 | 1063 | SENK ROBERT | POL | KACZMAR RUN TEAM | KROSNO | 69 | M/7 | | 00:44:55 | 00:44:54 | 00:41:35 | |
| 8 | 1281 | MIKOŁAJCZAK GRZEGORZ | POL | TEAM DRACZYNSKI/NGB | NOWA SÓL | 81 | M/8 | | 00:46:02 | 00:45:59 | 00:42:24 | |
| 9 | 1236 | PŁONKA ADAM | POL | TEAM DRACZYŃSKI/SOLNEXT/NGB | NOWA SÓL | 77 | M/9 | | 00:46:07 | 00:46:03 | 00:42:40 | |
| 10 | 1218 | KULAS WOJCIECH | POL | NIEZRZESZONY | ZIELONA GÓRA | 93 | M/10 | | 00:47:18 | 00:47:18 | | |
| 11 | 1264 | TUROWSKI TOMASZ | POL | | ZIELONA GÓRA | 76 | M/11 | | 00:47:59 | 00:47:54 | 00:44:21 | |
| 12 | 1001 | WIERZOWIECKI GRZEGORZ | POL | BERFIT ZIELONA GÓRA | ZIELONA GÓRA | 84 | M/12 | | 00:48:03 | 00:47:51 | 00:44:44 | |
| 13 | 1095 | TOMASZEWSKI TOMASZ | POL | | RZEPIN | 73 | M/13 | | 00:48:22 | 00:48:00 | 00:44:54 | |
| 14 | 1135 | MARKOWSKI MACIEJ | POL | | GUBIN | 97 | M/14 | | 00:48:25 | 00:48:19 | 00:44:56 | |
| 15 | 1209 | RZĘSA ŁUKASZ | POL | | ŚWIDNICA | 85 | M/15 | | 00:48:27 | 00:48:20 | 00:44:44 | |
| 16 | 1256 | LASKOWSKI BARTOSZ | POL | | ZIELONA GÓRA | 79 | M/16 | | 00:48:53 | 00:48:16 | 00:45:33 | |
| 17 | 1244 | KOŁOSOWSKI TOMASZ | POL | ORZEŁ | OŚNO LUBUSKIE | 74 | M/17 | | 00:48:53 | 00:48:36 | 00:45:12 | |
| 18 | 1046 | PAWŁOWSKI ANDRZEJ | POL | KB ANIA OLCHA | KOŻUCHÓW | 77 | M/18 | | 00:49:06 | 00:48:57 | 00:45:39 | |
| 19 | 1267 | DERESZEWSKI PAWEŁ | POL | | | 84 | M/19 | | 00:49:26 | 00:49:19 | 00:45:29 | |
| 20 | 1269 | ZIUKO MICHAŁ | POL | | | 89 | M/20 | | 00:49:47 | 00:49:31 | 00:46:02 | |
| 21 | 1130 | SKOTNICKI JAROSŁAW | POL | | ZIELONA GÓRA | 78 | M/21 | | 00:50:22 | 00:50:07 | 00:46:58 | |
| 22 | 1254 | DOMAGAŁA DARIUSZ | POL | | ZIELONA GÓRA | 76 | M/22 | | 00:50:46 | 00:50:22 | 00:47:02 | |
| 23 | 1092 | ŻMUDA GRZEGORZ | POL | #BEZKLUBU | SŁUBICE | 85 | M/23 | | 00:51:11 | 00:50:09 | 00:47:32 | |
| 24 | 1055 | STANISZCZAK TOMASZ | POL | WOLSZTYŃSKA AKADEMIA BIEGOWA | PRZYBYSZEWO | 83 | M/24 | | 00:51:25 | 00:51:20 | 00:38:49 | |
| 25 | 1078 | NOWAK MARCIN | POL | CNS, DSM | NOWA SÓL | 83 | M/25 | | 00:51:42 | 00:51:31 | 00:47:51 | |
| 26 | 1252 | BOBKIEWICZ TOMASZ | POL | | ZIELONA GÓRA | 87 | M/26 | | 00:51:42 | 00:51:11 | 00:48:10 | |
| 27 | 1127 | MUS PAWEŁ | POL | | NOWA SÓL | 89 | M/27 | | 00:51:47 | 00:51:33 | 00:48:04 | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|---------------------------|--------------|------------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 28 | 1205 | KAŻMIERCZAK BARTOSZ | POL | EASTSIDE RUNNING TEAM | POZNAŃ | 87 | M/28 | | 00:52:25 | 00:51:57 | 00:49:01 | |
| 29 | 1268 | GOZDEK TOMASZ | POL | HARPAGAN ZG | LUBIN | 78 | M/29 | | 00:53:28 | 00:53:23 | 00:49:37 | |
| 30 | 1259 | TOMASIK FILIP | POL | | ZIELONA GÓRA | 89 | M/30 | | 00:53:30 | 00:53:17 | 00:49:17 | |
| 31 | 1251 | DERESZ RAFAŁ | POL | APMM FALUBAZ | ZIELONA GÓRA | 79 | M/31 | | 00:53:50 | 00:53:17 | 00:49:58 | |
| 32 | 1166 | BUGAŁA PAWEŁ | POL | SECO/WARWICK | SULECHÓW | 80 | M/32 | | 00:54:05 | 00:53:43 | 00:50:28 | |
| 33 | 1280 | PIĘTA KRZYSZTOF | POL | - | SULECHÓW | 55 | M/33 | | 00:54:08 | 00:53:37 | 00:50:03 | |
| 34 | 1250 | DZWONIARSKI KACPER SZER. | POL | 5 LUBUSKI PUŁK ARTYLERII SULECHÓW | | 97 | M/34 | | 00:54:21 | 00:53:26 | 00:50:24 | |
| 35 | 1093 | MISAKIEWICZ LUKASZ | POL | DEJON&DĄBROWSKI MTB TEAM | ZIELONA GÓRA | 81 | M/35 | | 00:54:28 | 00:53:59 | 00:50:27 | |
| 36 | 1210 | GAJEWSKI TOMASZ | POL | AKADEMIA PANA KLEKSA, DR PAI-HI-WO | ZIELONA GÓRA | 73 | M/36 | | 00:54:53 | 00:54:45 | 00:51:04 | |
| 37 | 1162 | GAJDA KRZYSZTOF | POL | CIENKIE BOLKI | ZIELONA GÓRA | 76 | M/37 | | 00:55:05 | 00:54:57 | 00:51:08 | |
| 38 | 1277 | GAWROŃSKI KRZYSZTOF | POL | | RUSZÓW | 74 | M/38 | | 00:55:09 | 00:54:28 | 00:51:08 | |
| 39 | 1108 | ŻALEJKO PAWEŁ | POL | | ZIELONA GÓRA | 84 | M/39 | | 00:55:44 | 00:54:59 | 00:51:37 | |
| 40 | 1238 | HETNAR ARTUR | POL | KB WIKON NOWA SÓL | NOWA SÓL | 76 | M/40 | | 00:55:46 | 00:55:13 | 00:51:49 | |
| 41 | 1045 | ONUFROWICZ MICHAŁ | POL | - | WARSZAWA | 75 | M/41 | | | 00:55:24 | 00:44:41 | |
| 42 | 1133 | ŻUREK KRZYSZTOF | POL | WOLSZTYŃSKI KLUB BIEGOWY | WOLSZTYN | 79 | M/42 | | | 00:55:25 | 00:52:20 | |
| 43 | 1152 | ORCIUCH MACIEJ | POL | RUNPLANET TEAM - WWW.RUNPLANET.PL | ZIELONA GÓRA | 68 | M/43 | | | 00:55:30 | 00:52:04 | |
| 44 | 1067 | BRZEZIŃSKI LESZEK | POL | PARKRUN ŻARY | ŻARY | 55 | M/44 | | | 00:56:02 | 00:52:23 | |
| 45 | 1074 | JANCZEWSKI MAREK | POL | 31 BAZA LOTNICTWA TAKTYCZNEGO | POZNAŃ | 71 | M/45 | | | 00:56:16 | 00:52:41 | |
| 46 | 1258 | MELIŃSKI JAKUB | POL | | ZIELONA GÓRA | 88 | M/46 | | | 00:56:20 | 00:52:35 | |
| 47 | 1249 | SŁUGOCKI PAWEŁ SZT. SZER. | POL | 5 LUBUSKI PUŁK ARTYLERII SULECHÓW | | 85 | M/47 | | | 00:56:31 | 00:53:17 | |
| 48 | 1129 | PERON PRZEMYSŁAW | POL | | ZIELONA GÓRA | 79 | M/48 | | | 00:57:27 | 00:53:12 | |
| 49 | 1134 | DROZD KRYSZTIAN | POL | ZGZB | ZIELONA GÓRA | 81 | M/49 | | | 00:57:28 | 00:53:42 | |
| 50 | 1215 | KRYSMALSKI DAMIAN | POL | | WOLSZTYN | 84 | M/50 | | | 00:57:30 | 00:54:17 | |
| 51 | 1178 | GAJDA KRYSZTIAN | POL | CIENKIE BOLKI | ZIELONA GÓRA | 00 | M/51 | | | 00:58:03 | 00:54:34 | |
| 52 | 1101 | PUCH PAWEŁ | POL | - | KOŻUCHÓW | 96 | M/52 | | | 00:58:12 | 00:54:36 | |
| 53 | 1065 | SZOSTEK ŁUKASZ | POL | ŻARY TRIATHLON TEAM | ŻARY | 76 | M/53 | | | 00:58:22 | 00:54:19 | |
| 54 | 1082 | SZMUDANOWSKI STASZEK | POL | DRUŻYNA GAZETY | ZIELONA GÓRA | 63 | M/54 | | | 00:58:24 | 00:54:57 | |
| 55 | 1056 | OBARA MARCIN | POL | #BEZKLUBU | ZIELONA GÓRA | 85 | M/55 | | | 00:58:28 | 00:54:25 | |
| 56 | 1073 | NIEPOROWSKI ZBIGNIEW | POL | #BEZKLUBU | BOŻNÓW | 71 | M/56 | | | 00:58:31 | 00:54:11 | |
| 57 | 1149 | LEWANDOWSKI JACEK | POL | #100LAT_GUS | ZIELONA GÓRA | 79 | M/57 | | | 00:58:32 | 00:54:54 | |
| 58 | 1175 | SKOTNICKI PIOTR | POL | | ZIELONA GÓRA | 51 | M/58 | | | 00:58:41 | 00:55:04 | |
| 59 | 1042 | BARCZAK ŁUKASZ | POL | OLINK | ZIELONA GÓRA | 88 | M/59 | | | 00:58:54 | 00:55:56 | |
| 60 | 1003 | PAWŁOWSKI RAFAL | POL | IMPOSSIBLE.IS.NOTHING | ŻAGAŃ | 83 | M/60 | | | 00:58:54 | 00:55:42 | |
| 61 | 1080 | KOSTECKI MATEUSZ | POL | STOWARZYSZENIE KULTURY FIZYCZNEJ | ZIELONA GÓRA | 01 | M/61 | | | 00:58:55 | 00:55:44 | |
| 62 | 1203 | PIOTROWSKI ADAM | POL | | ZIELONA GÓRA | 87 | M/62 | | | 00:59:15 | 00:55:37 | |
| 63 | 1143 | BOBOWSKI KORIN | POL | ŻARY RUNNERS TEAM | ŻARY | 74 | M/63 | | | 00:59:18 | 00:55:06 | |
| 64 | 1026 | RAK GRZEGORZ | POL | | ZIELONA GÓRA | 79 | M/64 | | | 00:59:22 | 00:55:20 | |
| 65 | 1097 | IWAŃCZUK MICHAŁ | POL | | SZCZECIN | 83 | M/65 | | | 00:59:29 | 00:55:33 | |
| 66 | 1191 | KRAWIEC BARTŁOMIEJ | POL | | ZIELONA GÓRA | 80 | M/66 | | | 00:59:30 | 00:55:46 | |
| 67 | 1098 | SALMANOWICZ ZDZISŁAW | POL | RUNPLANET TEAM | ZIELONA GÓRA | 51 | M/67 | | | 00:59:35 | 00:55:23 | |

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-----------------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--------------------|---------------------|
| 68 | 1211 | MAZUREK TOMASZ | POL | | ZIELONA GÓRA | 86 | M/68 | | 00:59:40 | 00:56:41 | | |
| 69 | 1257 | ŁUKOMSKI DARIUSZ | POL | | BRZEZIE | 69 | M/69 | | 00:59:57 | 00:56:24 | | |
| 70 | 1222 | ROMANOWSKI MICHAŁ | POL | | ZIELONA GÓRA | 89 | M/70 | | 01:00:09 | 00:55:40 | | |
| 71 | 1139 | MIKOŁAJEWSKI PAWEŁ | POL | ŻANDARMERIA WOJSKOWA | POLKOWICE | 93 | M/71 | | 01:00:10 | 00:56:59 | | |
| 72 | 1239 | SOSNÓWKA WŁODZIMIERZ | POL | | ZIELONA GÓRA | 74 | M/72 | | 01:00:12 | 00:55:38 | | |
| 73 | 1200 | NIEPOROWSKI LESZEK | POL | | ZIELONA GÓRA | 66 | M/73 | | 01:00:18 | 00:57:10 | | |
| 74 | 1274 | RZESZOWSKI JACEK | POL | | POZNAŃ | 77 | M/74 | | 01:00:20 | 00:55:44 | | |
| 75 | 1030 | ZUŚKA PIOTR | POL | | DRZONKÓW | 72 | M/75 | | 01:00:25 | 00:57:12 | | |
| 76 | 1179 | HEJBER GRZEGORZ | POL | | LUBIN | 77 | M/76 | | 01:00:37 | 00:56:44 | | |
| 77 | 1013 | SŁONIEWSKI ANDRZEJ | POL | | ZIELONA GÓRA | 75 | M/77 | | 01:00:40 | 00:57:11 | | |
| 78 | 1010 | NADOLNY TOMASZ | POL | | ZIELONA GÓRA | 75 | M/78 | | 01:00:44 | 00:57:14 | | |
| 79 | 1087 | MODZELEWSKI PAWEŁ | POL | | ZIELONA GÓRA | 85 | M/79 | | 01:00:48 | 00:57:32 | | |
| 80 | 1099 | CIESIELSKI GRZEGORZ | POL | | RZEPIN | 75 | M/80 | | 01:01:04 | 00:57:06 | | |
| 81 | 1279 | DATKIEWICZ MARIAN | POL | LUG TEAM | SULECHÓW | 55 | M/81 | | 01:01:04 | 00:58:00 | | |
| 82 | 1208 | PLUTA MARIUSZ | POL | 5 LUBUSKI PUŁK ARTYLERII SULECHÓW | DĄBIE | 89 | M/82 | | 01:01:08 | 00:57:30 | | |
| 83 | 1048 | OLSZEWSKI MACIEJ | POL | | KARGOWA | 89 | M/83 | | 01:01:21 | 00:57:59 | | |
| 84 | 1033 | KOAL GERD | GER | NLLB COTTBUS | COTTBUS | 52 | M/84 | | 01:01:47 | 00:57:46 | | |
| 85 | 1070 | KOWALSKI FILIP | POL | ZIELMED | ZIELONA GÓRA | 96 | M/85 | | 01:02:06 | 00:59:18 | | |
| 86 | 1242 | CIEŚLAK ŁUKASZ | POL | NOVITA S.A. | ZIELONA GÓRA | 77 | M/86 | | 01:02:16 | 00:57:16 | | |
| 87 | 1207 | ZALESKI CEZARY | POL | CIAGLENOSIMNIE.PL | ZIELONA GÓRA | 83 | M/87 | | 01:02:21 | 00:59:13 | | |
| 88 | 1115 | NOWAK DAWID | POL | | ZIELONA GÓRA | 92 | M/88 | | 01:02:21 | 00:58:28 | | |
| 89 | 1276 | KUGLARZ TOMASZ | POL | | | 76 | M/89 | | 01:02:34 | 00:58:58 | | |
| 90 | 1235 | SZUKALSKI ARTUR | POL | | ZBĄSZYNEK | 64 | M/90 | | 01:02:41 | 00:58:23 | | |
| 91 | 1091 | MODLIŃSKI ROBERT | POL | POLEĆ TAM! | SZCZAWNO | 97 | M/91 | | 01:03:28 | 01:00:01 | | |
| 92 | 1163 | MROCKOWSKI PAWEŁ | POL | CIENKIE BOLKI | ZIELONA GÓRA | 85 | M/92 | | 01:03:50 | 00:57:58 | | |
| 93 | 1064 | OSAJCA ZENON | POL | | ZIELONA GÓRA | 65 | M/93 | | 01:03:52 | 00:59:36 | | |
| 94 | 1173 | SROKA GRZEGORZ | POL | RUN WITH EWA | ŚWIDNICA | 77 | M/94 | | 01:04:01 | 00:58:46 | | |
| 95 | 1023 | KRUSZ MARIUSZ | POL | BRAK | ZIELONA GÓRA | 76 | M/95 | | 01:04:02 | 00:59:33 | | |
| 96 | 1165 | BAZEL MICHAŁ | POL | SECO/WARWICK | ŚWIEBODZIN | 77 | M/96 | | 01:04:07 | 01:00:45 | | |
| 97 | 1253 | MOTYKA KRZYSZTOF | POL | SUCHA PANY | ZIELONA GÓRA | 88 | M/97 | | 01:04:11 | 01:00:29 | | |
| 98 | 1230 | APPELBAUM KRZYSZTOF | POL | | ZIELONA GÓRA | 79 | M/98 | | 01:04:28 | 01:01:23 | | |
| 99 | 1124 | PYZDROWSKI MARCIN | POL | | ZIELONA GÓRA | 81 | M/99 | | 01:04:32 | 01:00:02 | | |
| 100 | 1224 | HAŁADYN ARTUR | POL | AEROKLUB ZIEMI LUBUSKIEJ | ZIELONA GÓRA | 72 | M/100 | | 01:04:39 | 01:00:27 | | |
| 101 | 1184 | STRUGACZ PIOTR | POL | | ZIELONA GÓRA | 83 | M/101 | | 01:05:09 | 01:00:54 | | |
| 102 | 1255 | HOŁYSZ JACEK | POL | | ZIELONA GÓRA | 74 | M/102 | | 01:05:11 | 01:00:55 | | |
| 103 | 1266 | DURAJSKI ARIEL | POL | | ZIELONA GÓRA | 89 | M/103 | | 01:05:11 | 01:00:31 | | |
| 104 | 1241 | DĄBROWSKI BARTOSZ | POL | NOVITA S.A. | ZIELONA GÓRA | 92 | M/104 | | 01:05:43 | 01:00:12 | | |
| 105 | 1265 | MUZIOL KRZYSZTOF | POL | | ZIELONA GÓRA | 97 | M/105 | | 01:05:52 | 01:01:09 | | |
| 106 | 1131 | MANIA PRZEMYSŁAW | POL | SKAZANI NA SUKCES | ZIELONA GÓRA | 81 | M/106 | | 01:06:04 | 01:03:00 | | |
| 107 | 1194 | PANASIUK PAWEŁ | POL | PANAS TEAM | SULECHÓW | 91 | M/107 | | 01:06:21 | 01:02:27 | | |

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> | <i>Międzyczasy</i> | <i>Check points</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-------------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|--------------------|---------------------|
| 108 | 1171 | KOKOSZKA PRZEMYSŁAW | POL | KOKOS TEAM | SULECHÓW | 87 | M/108 | | 01:06:22 | 01:02:33 | | |
| 109 | 1263 | GWARA REMIGIUSZ | POL | BRACTWO BIEGACZY ZIELONA GÓRA | ZIELONA GÓRA | 67 | M/109 | | 01:07:11 | 01:02:34 | | |
| 110 | 1140 | DOMKE RADOSŁAW | POL | | ZIELONA GÓRA | 81 | M/110 | | 01:07:16 | 01:03:22 | | |
| 111 | 1102 | CHMURA MARIUSZ | POL | RODEM Z GOSTYNIA | GOSTYŃ | 89 | M/111 | | 01:07:24 | 01:03:32 | | |
| 112 | 1062 | ZAGAJA JAKUB | POL | | ZIELONA GÓRA | 94 | M/112 | | 01:07:32 | 01:02:54 | | |
| 113 | 1261 | RYBAK PAWEŁ | POL | | ZBĄSZYŃ | 80 | M/113 | | 01:08:16 | 01:03:24 | | |
| 114 | 1159 | URSZYC GRACJAN | POL | | ŻARY | 79 | M/114 | | 01:08:17 | 01:04:14 | | |
| 115 | 1212 | JOACHIMIAK TOMASZ | POL | GRUPA WARZONKO | ZIELONA GÓRA | 83 | M/115 | | 01:09:06 | 01:05:01 | | |
| 116 | 1217 | BARTOSZEWICZ MAREK | POL | GRUPA WARZONKO | ZIELONA GÓRA | 83 | M/116 | | 01:09:08 | 01:05:00 | | |
| 117 | 1272 | CIECIURA TOMASZ | POL | | SULĘCIN | 86 | M/117 | | 01:09:37 | 01:04:26 | | |
| 118 | 1058 | GIEMZA TOMASZ | POL | SAINT-GOBAIN SQUAD | ŻARTY | 69 | M/118 | | 01:09:38 | 01:05:57 | | |
| 119 | 1136 | WALCZAK MACIEJ | POL | STRAŻ GRANICZNA | SULECHÓW | 81 | M/119 | | 01:09:47 | 01:05:15 | | |
| 120 | 1116 | DOBICKI BARTOSZ | POL | | LUBSKO | 84 | M/120 | | 01:10:29 | 01:05:59 | | |
| 121 | 1057 | CZARNECKI CEZARY | POL | | ZIELONA GÓRA | 66 | M/121 | | 01:10:55 | 00:37:03 | | |
| 122 | 1246 | KOSTYRA PRZEMYSŁAW | POL | | ZBĄSZYŃ | 94 | M/122 | | 01:11:04 | 01:06:59 | | |
| 123 | 1111 | KUCHARCZYK MARIUSZ | POL | SZYBKIE ROBAKI | WILKANOWO | 75 | M/123 | | 01:11:43 | 01:07:17 | | |
| 124 | 1105 | SKOBELSKI ROBERT | POL | | ZIELONA GÓRA | 68 | M/124 | | 01:12:42 | 01:08:15 | | |
| 125 | 1282 | FRĄCKOWIAK KRZYSZTOF | POL | | | 83 | M/125 | | 01:13:53 | 01:08:38 | | |
| 126 | 1231 | ZEMAN WOJCIECH | POL | CENTRUM KOMINA | SULECHÓW | 76 | M/126 | | 01:14:52 | 01:10:15 | | |
| 127 | 1019 | TOBIS MICHAŁ | POL | | ZIELONA GÓRA | 85 | M/127 | | 01:16:17 | 01:12:19 | | |
| 128 | 1228 | PORĘBSKI KRZYSZTOF | POL | AEROKLUB ZIEMI LUBUSKIEJ | ZIELONA GÓRA | 89 | M/128 | | 01:16:33 | 01:12:03 | | |
| 129 | 1107 | KANTORSKI MAREK | POL | #BEZKLUBU | ZIELONA GÓRA | 87 | M/129 | | 01:22:09 | 01:16:21 | | |
| 130 | 1270 | MUSALEKAR DINESH | POL | | | 71 | M/130 | | 01:24:04 | 01:18:19 | | |
| 131 | 1022 | MARCINKOWSKI KRZYSZTOF | POL | OLINK | ZIELONA GÓRA | 93 | M/131 | | 01:26:03 | | | |
| 132 | 1011 | MOSZYŃSKI JAKUB | POL | OLINK | ZIELONA GÓRA | 93 | M/132 | | 01:28:07 | 01:23:24 | | |
| 133 | 1168 | WĘCŁAWSKI MIREK | POL | RUNPLANET TEAM ZIELONA GÓRA | ZIELONA GÓRA | 70 | M/133 | | 01:28:19 | 01:21:12 | | |
| 134 | 1068 | KULIK MIROŚŁAW | POL | #BEZKLUBU | SULĘCIN | 59 | M/134 | | 01:31:21 | 01:25:34 | | |
| 135 | 1035 | LINKE HORST | GER | NLLB COTTBUS | HOYERSWERDA | 32 | M/135 | | 01:31:45 | 01:25:26 | | |