

ŚWIEBODZIŃSKA DZIESIĄTKA

WYNIKI ZAWODÓW

Open 10 km

Organizator: Klub Sportowy HEROSI

Termin: 23.09.2017

Miejsce: Świebodzin

Dystans: 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | 1 RUNDA | 2 RUNDA | Międzyczasy | Check points |
|-----------------|-----------|-------------------------|--------------|-----------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|----------|----------|-------------|--------------|
| 1 | 273 | FEDORCZAK MICHAŁ | POL | WOSIEK TEAM/AKS PWR | NOWA SÓL | 95 | M20/1 | | 00:33:29 | 00:33:29 | 00:16:42 | 00:16:46 | | |
| 2 | 154 | KOWALCZUK TOMASZ | POL | BBL ŻAGAŃ | ZAGAN | 78 | M30/1 | | 00:34:44 | 00:34:44 | 00:17:14 | 00:17:30 | | |
| 3 | 237 | SZCZEŚNIAK MAREK | POL | | GUBIN | 74 | M40/1 | | 00:35:34 | 00:35:34 | 00:17:37 | 00:17:56 | | |
| 4 | 1 | KOWALCZUK ŁUKASZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | M30/2 | MPS/1 | 00:35:35 | 00:35:34 | 00:17:38 | 00:17:56 | | |
| 5 | 285 | PRZYWORSKI KRZYSZTOF | POL | AZS AWF KRAKÓW | ZIELONA GÓRA | 95 | M20/2 | | 00:36:24 | 00:36:24 | 00:18:09 | 00:18:14 | | |
| 6 | 26 | HAJDUKIEWICZ RAFAŁ | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 88 | M20/3 | MPS/2 | 00:36:32 | 00:36:32 | 00:18:02 | 00:18:29 | | |
| 7 | 21 | GAŚSIOR MARCIN | POL | LO ŚWIEBODZIN TEAM | GLIŃSK | 99 | M20/4 | MPS/3 | 00:37:05 | 00:37:03 | 00:18:19 | 00:18:46 | | |
| 8 | 157 | RUTA DARIUSZ | POL | | NOWY TOMYŚL | 71 | M40/2 | | 00:37:14 | 00:37:14 | 00:18:20 | 00:18:53 | | |
| 9 | 303 | BOGDAŁ MAREK | POL | AMATOR - NIEZRZESZONY | BOGATYNIA | 71 | M40/3 | | 00:37:48 | 00:37:46 | 00:19:03 | 00:18:45 | | |
| 10 | 198 | KSIĄŻEK SEBASTIAN | POL | RUNNER SAM PO LESIE | SULECHÓW | 79 | M30/3 | | 00:37:57 | 00:37:56 | 00:19:05 | 00:18:51 | | |
| 11 | 87 | ŚLIWCZYŃSKI DAMIAN | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 84 | M30/4 | MPS/4 | 00:37:59 | 00:37:59 | 00:18:46 | 00:19:13 | | |
| 12 | 70 | ROKICKI MARCIN | POL | ADIANT POLAND ŚWIEBODZIN | ZAWIDÓW | 86 | M30/5 | MPS/5 | 00:38:36 | 00:38:36 | 00:19:22 | 00:19:14 | | |
| 13 | 129 | GERC JAROSŁAW | POL | | ŚWIEBODZIN | 82 | M30/6 | MPS/6 | 00:38:45 | 00:38:44 | 00:19:09 | 00:19:35 | | |
| 14 | 194 | KAŻMIERCZAK ŁUKASZ | POL | KAŻMIERSKI KLUB MORSUJĄCEGO | KAŻMIERZ | 73 | M40/4 | | 00:38:48 | 00:38:48 | 00:19:22 | 00:19:25 | | |
| 15 | 71 | ROSZAK BARTŁOMIEJ | POL | | BLEDZEW | 77 | M40/5 | | 00:39:04 | 00:39:03 | 00:19:26 | 00:19:37 | | |
| 16 | 135 | MAKOWSKI MICHAŁ | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 95 | M20/5 | MPS/7 | 00:39:09 | 00:39:09 | 00:19:22 | 00:19:47 | | |
| 17 | 89 | ŚWIERK PRZEMYSŁAW | POL | ULTRA DIABŁY TEAM LUBRZA | ŚWIEBODZIN | 77 | M40/6 | MPS/8 | 00:39:30 | 00:39:29 | 00:19:32 | 00:19:57 | | |
| 18 | 282 | MEDEJSZO MARIUSZ | POL | NOWOSOLSKA GRUPA BIEGOWA | NOWA SÓL | 75 | M40/7 | | 00:39:35 | 00:39:35 | 00:19:58 | 00:19:37 | | |
| 19 | 72 | ROSIŃSKI MARCIN | POL | BIEGAJĄCE ROSKI | SULĘCIN | 79 | M30/7 | | 00:39:39 | 00:39:38 | 00:19:53 | 00:19:46 | | |
| 20 | 244 | ŻOK RADOSŁAW | POL | OKI TEAM | SULECHÓW | 75 | M40/8 | | 00:39:43 | 00:39:42 | 00:19:49 | 00:19:54 | | |
| 21 | 256 | STOJANOWSKI KRZYSZTOF | POL | SPEEDWAY | WTÓREK | 79 | M30/8 | | 00:39:43 | 00:39:43 | 00:19:48 | 00:19:54 | | |
| 22 | 162 | BOREK JAKUB ŁUKASZ | POL | TEAM BOREK | BARLINEK | 90 | M20/6 | | 00:39:46 | 00:39:44 | 00:18:59 | 00:20:47 | | |
| 23 | 229 | NOWORYTA RADOSŁAW | POL | ULTRA DIABŁY TEAM LUBRZA | NOWA WIOSKA | 75 | M40/9 | MPS/9 | 00:39:49 | 00:39:48 | 00:20:06 | 00:19:43 | | |
| 24 | 218 | ŻYŁA TOBIASZ | POL | AWF RUNNING TEAM | MIĘDZYRZECZ | 92 | M20/7 | | 00:39:54 | 00:39:49 | 00:19:37 | 00:20:17 | | |
| 25 | 232 | PRÜFER PAWEŁ | POL | | KOSIECZYN | 72 | M40/10 | MPS/10 | 00:39:55 | 00:39:54 | 00:19:32 | 00:20:22 | | |
| 26 | 208 | SIKORSKI KRZYSZTOF | POL | MMS TEAM | MIĘDZYRZECZ | 80 | M30/9 | | 00:39:57 | 00:39:56 | 00:19:57 | 00:20:00 | | |
| 27 | 78 | SŁOWIKOWSKI DANIEL | POL | | ŚWIEBODZIN | 76 | M40/11 | MPS/11 | 00:40:11 | 00:40:09 | 00:20:12 | 00:19:59 | | |
| 28 | 316 | JUSZKIEWICZ TOMASZ | POL | | ŚWIEBODZIN | 77 | M40/12 | MPS/12 | 00:40:17 | 00:40:17 | 00:19:37 | 00:20:40 | | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|-------------------------|--------------|--------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 29 | 318 | KALISZAK JAKUB | POL | | SZCZANIEC | 00 | M20/8 | MPS/13 | 00:40:24 | 00:40:14 | 00:20:05 | 00:20:19 |
| 30 | 170 | SZARAPANOWSKI MARCIN | POL | ULTRA DIABŁY TEAM LUBRZA | SZCZECIN | 77 | M40/13 | | 00:40:27 | 00:40:26 | 00:20:12 | 00:20:15 |
| 31 | 295 | LECH JACEK | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 78 | M30/10 | MPS/14 | 00:40:41 | 00:40:39 | 00:20:32 | 00:20:09 |
| 32 | 158 | STAWNICZY WIESŁAW | POL | SENIOR 53 | GŁOGÓW | 53 | M60/1 | | 00:40:42 | 00:40:41 | 00:20:31 | 00:20:11 |
| 33 | 106 | ZYWERT MATEUSZ | POL | ADIENT POLAND ŚWIEBODZIN | ROKITNICA | 87 | M30/11 | MPS/15 | 00:40:47 | 00:40:46 | 00:20:01 | 00:20:45 |
| 34 | 24 | GRABOWY PAWEŁ | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 99 | M20/9 | MPS/16 | 00:40:53 | 00:40:48 | 00:20:30 | 00:20:23 |
| 35 | 264 | GIECOŁD MARIUSZ | POL | SP NR 3 ŚWIEBODZIN | LUBRZA | 82 | M30/12 | MPS/17 | 00:40:53 | 00:40:52 | 00:20:02 | 00:20:51 |
| 36 | 272 | EIRYS DARIUSZ | POL | | NOWA SÓL | 66 | M50/1 | | 00:40:54 | 00:40:52 | 00:20:36 | 00:20:18 |
| 37 | 95 | WESSELI SŁAWOMIR | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 80 | M30/13 | MPS/18 | 00:40:58 | 00:40:57 | 00:20:23 | 00:20:34 |
| 38 | 50 | MILESZKO WOJCIECH | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 88 | M20/10 | MPS/19 | 00:41:03 | 00:41:02 | 00:20:27 | 00:20:36 |
| 39 | 99 | WOJCIECHOWSKI MATEUSZ | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 86 | M30/14 | MPS/20 | 00:41:13 | 00:41:10 | 00:20:37 | 00:20:36 |
| 40 | 76 | SADOWSKI MICHAŁ | POL | | ŚWIEBODZIN | 88 | M20/11 | MPS/21 | 00:41:16 | 00:41:14 | 00:20:36 | 00:20:39 |
| 41 | 240 | SZLACHTA JAKUB | POL | | SZCZECIN | 85 | M30/15 | | 00:41:22 | 00:41:17 | 00:20:10 | 00:21:12 |
| 42 | 213 | TERLIKOWSKI ARKADIUSZ | POL | NOWOSOLSKA GRUPA BIEGOWA | NOWA SÓL | 76 | M40/14 | | 00:41:26 | 00:41:24 | 00:20:43 | 00:20:43 |
| 43 | 116 | SITEK DAWID | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 84 | M30/16 | MPS/22 | 00:41:29 | 00:41:29 | 00:20:25 | 00:21:03 |
| 44 | 293 | BIAŁEK TOMASZ | POL | NIEZRZESZONY | ŻARY | 71 | M40/15 | | 00:41:34 | 00:41:31 | 00:20:59 | 00:20:35 |
| 45 | 203 | NYGA SEBASTIAN | POL | | TRZCIEL | 78 | M30/17 | | 00:41:37 | 00:41:34 | 00:20:36 | 00:21:01 |
| 46 | 144 | ŻUREK GRZEGORZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 89 | M20/12 | MPS/23 | 00:41:44 | 00:41:43 | 00:20:41 | 00:21:03 |
| 47 | 56 | NOWAKOWSKI BOGDAN | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 67 | M50/2 | MPS/24 | 00:41:46 | 00:41:45 | 00:20:29 | 00:21:16 |
| 48 | 173 | ANYSZKO GRZEGORZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 69 | M40/16 | MPS/25 | 00:41:46 | 00:41:44 | 00:20:24 | 00:21:22 |
| 49 | 235 | SIEMIATOWSKA ELŻBIETA | POL | | ŚWIEBODZIN | 85 | K30/1 | MPS/26 | 00:41:47 | 00:41:47 | 00:21:04 | 00:20:42 |
| 50 | 168 | SKORUPKA BARTOSZ | POL | BEZ KLUBU | TRZEMESZNO | 96 | M20/13 | | 00:41:54 | 00:41:49 | 00:21:22 | 00:20:31 |
| 51 | 233 | PSIUK MARCIN | POL | GONZO TEAM | KOŻŁA | 81 | M30/18 | | 00:41:56 | 00:41:56 | 00:20:21 | 00:21:34 |
| 52 | 171 | SZARAPANOWSKI DAMIAN | POL | ULTRA DIABŁY TEAM LUBRZA | NOWA WIOSKA | 78 | M30/19 | MPS/27 | 00:42:18 | 00:42:16 | 00:20:56 | 00:21:22 |
| 53 | 314 | BĄBELEK MARIUSZ | POL | MRÓWKA ŚWIEBODZIN | MIĘDZYRZECZ | 91 | M20/14 | | 00:42:19 | 00:42:15 | 00:20:54 | 00:21:25 |
| 54 | 149 | JACKOWSKI DANIEL | POL | KM SPORT IRT MIĘDZYRZECZ | MIĘDZYRZECZ | 89 | M20/15 | | 00:42:20 | 00:42:16 | 00:20:55 | 00:21:24 |
| 55 | 183 | RUTKOWSKI MACIEJ | POL | KB PIAST MIĘDZYRZECZ | SULĘCIN | 93 | M20/16 | | 00:42:23 | 00:42:20 | 00:20:52 | 00:21:30 |
| 56 | 20 | GALEK WOJCIECH | POL | ADIENT POLAND ŚWIEBODZIN | ŁĄGÓW | 90 | M20/17 | MPS/28 | 00:42:26 | 00:42:24 | 00:20:31 | 00:21:54 |
| 57 | 130 | GUZIK OLA | POL | MRÓWKA ŚWIEBODZIN | SŁUBICE | 94 | K20/1 | | 00:42:31 | 00:42:26 | 00:20:46 | 00:21:45 |
| 58 | 313 | MATZ KACPER | POL | JEDZ I TRENUJ DAMIAN MARCINIAK | ŚWIEBODZIN | 00 | M20/18 | MPS/29 | 00:42:34 | 00:42:25 | 00:21:34 | 00:21:00 |
| 59 | 195 | KLEIST TOMEK | POL | | KŁODAWA | 71 | M40/17 | | 00:42:38 | 00:42:30 | 00:21:40 | 00:20:58 |
| 60 | 283 | OPŁATKOWSKI ZBIGNIEW | POL | KDR-JENINN | JENIN | 63 | M50/3 | | 00:42:56 | 00:42:54 | 00:20:58 | 00:21:57 |
| 61 | 287 | PUSZKIEL LESZEK | POL | GREEN TEAM | ZIELONA GÓRA | 57 | M60/2 | | 00:43:12 | 00:43:11 | 00:20:49 | 00:22:22 |
| 62 | 91 | TRUDZIŃSKI NORBERT | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 74 | M40/18 | MPS/30 | 00:43:12 | 00:43:09 | 00:21:46 | 00:21:25 |
| 63 | 36 | KRZESIŃSKI RADOSŁAW | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 77 | M40/19 | MPS/31 | 00:43:33 | 00:43:32 | 00:21:50 | 00:21:43 |
| 64 | 186 | ANTOŃCZAK KRZYSZTOF | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 68 | M40/20 | MPS/32 | 00:43:35 | 00:43:33 | 00:21:14 | 00:22:20 |
| 65 | 10 | BOCZKOWSKI JAROSŁAW | POL | RECARO AIRCRAFT SEATING POLSKA | ŚWIEBODZIN | 73 | M40/21 | MPS/33 | 00:43:36 | 00:43:28 | 00:21:46 | 00:21:50 |
| 66 | 216 | ZAJĄCZKOWSKI MAREK | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 83 | M30/20 | MPS/34 | 00:43:42 | 00:43:31 | 00:21:38 | 00:22:04 |
| 67 | 187 | BAŁENKOWSKA ELWIRA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | K30/2 | MPS/35 | 00:43:44 | 00:43:41 | 00:21:55 | 00:21:49 |
| 68 | 98 | WOCH AGNIESZKA | POL | BRACTWO BIEGACZY ZIELONA GÓRA | ZIELONA GÓRA | 73 | K40/1 | | 00:43:52 | 00:43:51 | 00:21:45 | 00:22:07 |

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|-----------------|-----------|-------------------------|--------------|-------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 69 | 224 | GAŹDZICKI BARTOSZ | POL | BEZ KLUBU | SMARDZEWO | 95 | M20/19 | MPS/36 | 00:43:56 | 00:43:56 | 00:21:47 | 00:22:08 |
| 70 | 275 | HŁADKI KONRAD | POL | STUDIODREM.PL | ŚWIEBODZIN | 85 | M30/21 | MPS/37 | 00:43:57 | 00:43:57 | 00:21:25 | 00:22:31 |
| 71 | 14 | CAL PIOTR | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 69 | M40/22 | MPS/38 | 00:43:57 | 00:43:51 | 00:21:49 | 00:22:08 |
| 72 | 286 | PUKLIŃSKI KAROL | POL | | GORZÓW | 53 | M60/3 | | 00:44:02 | 00:44:00 | 00:21:48 | 00:22:13 |
| 73 | 54 | MYŚLIWIEC KRZYSZTOF | POL | | ZIELONA GÓRA | 75 | M40/23 | | 00:44:05 | 00:44:02 | 00:21:58 | 00:22:07 |
| 74 | 248 | JASTRZĘBSKI ŁUKASZ | POL | | LUBINICKO | 78 | M30/22 | MPS/39 | 00:44:06 | 00:44:03 | 00:21:11 | 00:22:55 |
| 75 | 3 | WITLICKI KACPER | POL | | KROSNO | 94 | M20/20 | | 00:44:07 | 00:44:06 | 00:21:18 | 00:22:49 |
| 76 | 93 | UCHMAN-GOLIK JOANNA | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 82 | K30/3 | MPS/40 | 00:44:07 | 00:44:03 | 00:21:59 | 00:22:08 |
| 77 | 169 | SKORUPKA ARTUR | POL | | WĘDRZYN | 68 | M40/24 | | 00:44:11 | 00:44:06 | 00:22:04 | 00:22:07 |
| 78 | 200 | MARKOWSKI ANDRZEJ | POL | DRUŻYNA GAZETY ZIELONA GÓRA | ZIELONA GÓRA | 69 | M40/25 | | 00:44:14 | 00:44:09 | 00:22:14 | 00:21:59 |
| 79 | 138 | ROLLA DORIAN | POL | | WARZYMICE | 76 | M40/26 | | 00:44:15 | 00:44:09 | 00:22:07 | 00:22:07 |
| 80 | 188 | BAŁENKOWSKI MARCIN | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | M30/23 | MPS/41 | 00:44:15 | 00:44:12 | 00:21:55 | 00:22:20 |
| 81 | 137 | MIKOŁAJCZAK MATEUSZ | POL | NIEZRZESZONY | OTYŃ | 90 | M20/21 | | 00:44:17 | 00:44:14 | 00:22:10 | 00:22:06 |
| 82 | 124 | BORKOWSKA BOŻENA | POL | SULMA SULECHÓW | SULECHÓW | 68 | K40/2 | | 00:44:20 | 00:44:17 | 00:21:59 | 00:22:21 |
| 83 | 265 | KRACIŃSKI ADRIAN | POL | JEDZ I TRENUJ KM SPORT TEAM | ŚWIEBODZIN | 97 | M20/22 | | 00:44:40 | 00:44:37 | 00:22:02 | 00:22:37 |
| 84 | 241 | ŚWIETLIK PIOTR | POL | | OŁOBOK | 01 | M20/23 | MPS/42 | 00:44:43 | 00:44:42 | 00:21:19 | 00:23:24 |
| 85 | 230 | PAWLAK BOGUSŁAW | POL | POSTOMIA KOŁCZYN-SULECIN | KOŁCZYN | 67 | M50/4 | | 00:44:51 | 00:44:49 | 00:21:51 | 00:23:00 |
| 86 | 161 | AMBROŻUK SŁAWOMIR | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 88 | M20/24 | MPS/43 | 00:44:54 | 00:44:48 | 00:22:41 | 00:22:12 |
| 87 | 86 | SZYMAŃSKI ROBERT | POL | | GORZÓW WLKP. | 77 | M40/27 | | 00:44:57 | 00:44:53 | 00:21:54 | 00:23:03 |
| 88 | 110 | DANIELSKI ADRIAN | POL | ADIENT POLAND ŚWIEBODZIN | ZIELONA GÓRA | 88 | M20/25 | | 00:45:01 | 00:44:55 | 00:22:14 | 00:22:47 |
| 89 | 5 | ADAMCZAK RAFAŁ | POL | | MIĘDZYRZECZ | 77 | M40/28 | | 00:45:09 | 00:45:05 | 00:21:58 | 00:23:10 |
| 90 | 201 | MĄDRZAK BOGUMIŁ | POL | KOSMOS 78 RUDNICA | RUDNICA | 54 | M60/4 | | 00:45:11 | 00:45:08 | 00:22:28 | 00:22:42 |
| 91 | 304 | BORKOWSKI PAWEŁ | POL | SULECHOWSKA GRUPA BIEGOWA | SULECHÓW | 94 | M20/26 | | 00:45:15 | 00:45:12 | 00:22:50 | 00:22:25 |
| 92 | 166 | LIS DAMIAN | POL | ISKRA ŁAGÓW | ŻELECHÓW | 99 | M20/27 | MPS/44 | 00:45:18 | 00:45:17 | 00:21:31 | 00:23:46 |
| 93 | 193 | GOZDEK TOMASZ | POL | HARPAGAN ZG | LUBIN | 78 | M30/24 | | 00:45:20 | 00:45:17 | 00:22:32 | 00:22:47 |
| 94 | 277 | KACZMAREK ARTUR | POL | KB PIAST MIĘDZYRZECZ | MIĘDZYRZECZ | 75 | M40/29 | | 00:45:27 | 00:45:24 | 00:22:40 | 00:22:46 |
| 95 | 310 | BARCZYK MACIEJ | POL | | ŚWIEBODZIN | 84 | M30/25 | MPS/45 | 00:45:32 | 00:45:24 | 00:23:19 | 00:22:13 |
| 96 | 209 | SKRZYPKOWSKI SEBASTIAN | POL | NIEZRZESZONY | ŚWIEBODZIN | 77 | M40/30 | MPS/46 | 00:45:34 | 00:45:33 | 00:22:42 | 00:22:52 |
| 97 | 153 | KAROLAK MAREK | POL | | OŁOBOK | 79 | M30/26 | MPS/47 | 00:45:40 | 00:45:31 | 00:22:49 | 00:22:51 |
| 98 | 132 | KURAŚ SZYMON | POL | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | 81 | M30/27 | | 00:45:51 | 00:45:47 | 00:23:44 | 00:22:06 |
| 99 | 136 | MAZIEJUK SYLWESTER | POL | | MIĘDZYRZECZ | 82 | M30/28 | | 00:45:51 | 00:45:46 | 00:22:34 | 00:23:17 |
| 100 | 165 | LEWANDOWSKI LESZEK | POL | | MYŚLIBÓRZ | 63 | M50/5 | | 00:45:52 | 00:45:50 | 00:22:15 | 00:23:36 |
| 101 | 192 | DOLATOWSKI MAREK | POL | | ŚWIEBODZIN | 87 | M30/29 | MPS/48 | 00:45:52 | 00:45:44 | 00:23:17 | 00:22:35 |
| 102 | 220 | BIERKA DANIEL | POL | | SWIEBODZIN | 92 | M20/28 | | 00:45:57 | 00:45:51 | 00:22:06 | 00:23:50 |
| 103 | 223 | FILAR DARIUSZ | POL | NIEZRZESZONY | NIESULICE | 79 | M30/30 | MPS/49 | 00:45:59 | 00:45:57 | 00:22:40 | 00:23:18 |
| 104 | 307 | PAWELEC MARIUSZ | POL | | STARY KISIELIN | 72 | M40/31 | | 00:46:25 | 00:46:21 | 00:22:39 | 00:23:45 |
| 105 | 190 | CZARNECKI JERZY | POL | BRACTWO BIEGACZY ZIELONA GÓRA | ZIELONA GÓRA | 57 | M60/5 | | 00:46:31 | 00:46:27 | 00:23:01 | 00:23:30 |
| 106 | 292 | ŻYTKIEWICZ JACEK | POL | BEZ KLUBU | ŚWIEBODZIN | 68 | M40/32 | MPS/50 | 00:46:35 | 00:46:23 | 00:24:27 | 00:22:07 |
| 107 | 268 | ZAJDEL MICHAŁ | POL | | ŚWIEBODZIN | 80 | M30/31 | | 00:46:44 | 00:46:33 | 00:23:52 | 00:22:52 |
| 108 | 58 | NOWAK PIOTR | POL | KALINOWE POLA | ŚWIEBODZIN | 77 | M40/33 | MPS/51 | 00:46:53 | 00:46:50 | 00:23:14 | 00:23:39 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|-------------------------|--------------|------------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 109 | 234 | PUSZKIEL ADRIAN | POL | GREEN TEAM ZIELONA GÓRA | SKĄPE | 89 | M20/29 | MPS/52 | 00:46:54 | 00:46:54 | 00:21:36 | 00:25:17 |
| 110 | 119 | BAGIŃSKI GRZEGORZ | POL | | ŚWIEBODZIN | 90 | M20/30 | MPS/53 | 00:46:55 | 00:46:53 | 00:22:36 | 00:24:18 |
| 111 | 308 | USAKOWSKI NORBERT | POL | LO ŚWIEBODZIN TEAM | ŚWIEBODZIN | 99 | M20/31 | MPS/54 | 00:46:58 | 00:46:58 | 00:23:08 | 00:23:50 |
| 112 | 84 | STEFANIUK TOMASZ | POL | | MIĘDZYRZECZ | 82 | M30/32 | | 00:47:04 | 00:46:59 | 00:23:07 | 00:23:57 |
| 113 | 185 | WALIGÓRSKA SYLWIA | POL | | GLIŃSK | 93 | K20/2 | MPS/55 | 00:47:18 | 00:47:16 | 00:23:10 | 00:24:07 |
| 114 | 238 | SZCZOTKA DAMIAN | POL | | SULECHÓW | 79 | M30/33 | | 00:47:21 | 00:47:19 | 00:22:52 | 00:24:28 |
| 115 | 141 | ZAPAŁA BOGDAN | POL | AMATOR - NIEZRZESZONY | SULECHÓW | 70 | M40/34 | | 00:47:21 | 00:47:20 | 00:22:52 | 00:24:29 |
| 116 | 81 | STARCZEWSKI KRZYSZTOF | POL | MORSY LUBRZA | SWIEBODZIN | 71 | M40/35 | MPS/56 | 00:47:23 | 00:47:17 | 00:23:48 | 00:23:35 |
| 117 | 297 | RUTKOWSKI WOJCIECH | POL | | MIĘDZYRZECZ | 87 | M30/34 | | 00:47:36 | 00:47:32 | 00:23:07 | 00:24:29 |
| 118 | 122 | BEZAK WOJCIECH | POL | MRÓWKA ŚWIEBODZIN | LUBRZA | 93 | M20/32 | MPS/57 | 00:47:53 | 00:47:48 | 00:22:39 | 00:25:14 |
| 119 | 253 | SIEREWICZ ZBIGNIEW | POL | BEZ KLUBU | ŚWIEBODZIN | 83 | M30/35 | MPS/58 | 00:47:58 | 00:47:49 | 00:23:43 | 00:24:14 |
| 120 | 219 | ŻYŻA MIROSŁAW | POL | BBL ŚWIEBODZIN/ŚWIEBODZIŃSKA GRUPA | ŚWIEBODZIN | 71 | M40/36 | MPS/59 | 00:48:04 | 00:47:58 | 00:23:48 | 00:24:16 |
| 121 | 267 | WALANIA PIOTR | POL | WWW.CENTRUMERGON.PL | ŚWIDNICA | 81 | M30/36 | | 00:48:11 | 00:48:05 | 00:23:42 | 00:24:29 |
| 122 | 227 | LUTKA JAN | POL | | KROSNO | 57 | M60/6 | | 00:48:16 | 00:48:15 | 00:23:32 | 00:24:44 |
| 123 | 236 | SZAR ANETA | POL | | DĘBNO | 77 | K40/3 | | 00:48:22 | 00:48:18 | 00:23:49 | 00:24:32 |
| 124 | 298 | SZUROWSKI GRZEGORZ | POL | | ZIELONA GÓRA | 78 | M30/37 | | 00:48:23 | 00:48:14 | 00:24:31 | 00:23:52 |
| 125 | 107 | ŻUREK ŁUKASZ | POL | | ŚWIEBODZIN | 91 | M20/33 | MPS/60 | 00:48:27 | 00:48:22 | 00:24:42 | 00:23:45 |
| 126 | 131 | KREKORA DOMINIK | POL | | ŚWIEBODZIN | 94 | M20/34 | MPS/61 | 00:48:31 | 00:48:20 | 00:24:16 | 00:24:15 |
| 127 | 164 | KROCZAK GRZEGORZ | POL | | MIĘDZYRZECZ | 78 | M30/38 | | 00:48:33 | 00:48:28 | 00:24:04 | 00:24:28 |
| 128 | 33 | KORYTEK PIOTR | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | M30/39 | MPS/62 | 00:48:38 | 00:48:33 | 00:24:05 | 00:24:32 |
| 129 | 52 | MISTRZAK ANIA | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 80 | K30/4 | MPS/63 | 00:48:40 | 00:48:35 | 00:24:39 | 00:24:01 |
| 130 | 167 | SĘKOWSKA AGATA | POL | | ZIELONA GÓRA | 88 | K20/3 | | 00:48:54 | 00:48:47 | 00:24:26 | 00:24:28 |
| 131 | 61 | OLESZEK NORBERT | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 82 | M30/40 | MPS/64 | 00:48:55 | 00:48:46 | 00:24:55 | 00:24:00 |
| 132 | 211 | STRZELECKA MARLENA | POL | | BRÓJCE | 93 | K20/4 | | 00:49:04 | 00:49:01 | 00:24:06 | 00:24:58 |
| 133 | 163 | KOZUBSKA JOANNA | POL | AMATOR - NIEZRZESZONY | KARGOWA | 94 | K20/5 | | 00:49:11 | 00:49:05 | 00:23:47 | 00:25:23 |
| 134 | 160 | TRZYNA TOMASZ | POL | | KAMIEŃ | 82 | M30/41 | | 00:49:13 | 00:49:04 | 00:24:41 | 00:24:32 |
| 135 | 159 | SZUMSKI ZBIGNIEW | POL | | ŚWIEBODZIN | 64 | M50/6 | MPS/65 | 00:49:15 | 00:49:07 | 00:24:45 | 00:24:30 |
| 136 | 28 | JASIŃSKI ŁUKASZ | POL | | ŚWIEBODZIN | 82 | M30/42 | MPS/66 | 00:49:21 | 00:49:15 | 00:23:58 | 00:25:23 |
| 137 | 68 | PUK DAWID | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 79 | M30/43 | | 00:49:22 | 00:49:18 | 00:24:22 | 00:24:59 |
| 138 | 207 | SIKORSKI GRZEGORZ | POL | | OSTRÓW | 80 | M30/44 | | 00:49:39 | 00:49:35 | 00:24:48 | 00:24:51 |
| 139 | 139 | SIDOROWICZ IRENEUSZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 64 | M50/7 | MPS/67 | 00:49:45 | 00:49:38 | 00:24:16 | 00:25:29 |
| 140 | 279 | LIPKA MARCIN | POL | | ŚWIEBODZIN | 96 | M20/35 | MPS/68 | 00:49:51 | 00:49:45 | 00:24:26 | 00:25:25 |
| 141 | 214 | TWARÓG MARIUSZ | POL | AMATOR - NIEZRZESZONY | SULECHÓW | 79 | M30/45 | | 00:49:54 | 00:49:43 | 00:25:30 | 00:24:23 |
| 142 | 289 | SADOWSKI KAMIL | POL | COMPUTEC TEAM | ŚWIEBODZIN | 82 | M30/46 | MPS/69 | 00:49:54 | 00:49:50 | 00:24:04 | 00:25:49 |
| 143 | 271 | BOCZKOWSKA MAŁGORZATA | POL | BBL ŚWIEBODZIN | NOWY DWOREK | 79 | K30/5 | MPS/70 | 00:50:03 | 00:49:52 | 00:25:10 | 00:24:52 |
| 144 | 82 | STARCZEWSKA IZABELA | POL | MORSY LUBRZA | SWIEBODZIN | 70 | K40/4 | MPS/71 | 00:50:04 | 00:49:59 | 00:24:52 | 00:25:11 |
| 145 | 191 | CZYŻ PAWEŁ | POL | | ŚWIEBODZIN | 75 | M40/37 | MPS/72 | 00:50:09 | 00:50:04 | 00:24:26 | 00:25:43 |
| 146 | 259 | BAZALIŃSKA ANDŻELIKA | POL | JEDZ I TRENUJ KM SPORT TEAM | ŚWIEBODZIN | 90 | K20/6 | MPS/73 | 00:50:20 | 00:50:17 | 00:24:37 | 00:25:43 |
| 147 | 123 | BŁASZYK JAKUB | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 87 | M30/47 | MPS/74 | 00:50:27 | 00:50:17 | 00:25:04 | 00:25:22 |
| 148 | 118 | ŚWIGŁO HENRYK | POL | ADIENT POLAND ŚWIEBODZIN | RAKÓW | 60 | M50/8 | MPS/75 | 00:50:31 | 00:50:18 | 00:25:32 | 00:24:59 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|-------------------------|--------------|--------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 149 | 143 | ZAWADZKI KRZYSZTOF | POL | WETERAN | ZIELONA GÓRA | 56 | M60/7 | | 00:50:35 | 00:50:23 | 00:25:09 | 00:25:25 |
| 150 | 41 | LIS DARIUSZ | POL | | ŚWIEBODZIN | 65 | M50/9 | MPS/76 | 00:50:39 | 00:50:37 | 00:24:04 | 00:26:35 |
| 151 | 225 | KACZKOWSKI DAMIAN | POL | | ŚWIEBODZIN | 80 | M30/48 | MPS/77 | 00:50:47 | 00:50:38 | 00:24:57 | 00:25:50 |
| 152 | 74 | ROŚLIK JAKUB | POL | | ŚWIEBODZIN | 87 | M30/49 | MPS/78 | 00:50:50 | 00:50:47 | 00:24:58 | 00:25:51 |
| 153 | 80 | STANKOWSKI RADOSŁAW | POL | | SKĄPE | 91 | M20/36 | MPS/79 | 00:50:59 | 00:50:48 | 00:25:37 | 00:25:22 |
| 154 | 254 | SIEWRUK DARIA | POL | | ŚWIEBODZIN | 93 | K20/7 | MPS/80 | 00:51:00 | 00:50:51 | 00:25:26 | 00:25:34 |
| 155 | 212 | SZCZUCIŃSKI PRZEMYSŁAW | POL | GORZOWSKIE BIEGANIE CZWARTKOWE | GORZÓW WLKP. | 74 | M40/38 | | 00:51:00 | 00:50:56 | 00:25:08 | 00:25:52 |
| 156 | 242 | TERPIŁOWSKI ŁUCJAN | POL | | GORZÓW WLKP | 58 | M50/10 | | 00:51:00 | 00:50:56 | 00:25:08 | 00:25:52 |
| 157 | 258 | WALKOWIAK ŁUKASZ | POL | | ŚWIEBODZIN | 81 | M30/50 | MPS/81 | 00:51:04 | 00:50:57 | 00:24:38 | 00:26:25 |
| 158 | 284 | PĘDOWSKI ANDRZEJ | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 62 | M50/11 | MPS/82 | 00:51:07 | 00:50:59 | 00:24:44 | 00:26:22 |
| 159 | 19 | FABIŚ MARCIN | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 78 | M30/51 | MPS/83 | 00:51:14 | 00:51:10 | 00:24:40 | 00:26:33 |
| 160 | 296 | NOWICKA ANNA | POL | | NOWA SÓL | 68 | K40/5 | | 00:51:15 | 00:51:11 | 00:25:08 | 00:26:07 |
| 161 | 177 | GRZEŚKO MACIEJ | POL | TSPS TRZEBIECHÓW | SULECHÓW | 88 | M20/37 | | 00:51:22 | 00:51:10 | 00:26:08 | 00:25:13 |
| 162 | 175 | GACEK ADAM | POL | BATMAN TEAM | ŚWIEBODZIN | 87 | M30/52 | MPS/84 | 00:51:26 | 00:51:14 | 00:25:20 | 00:26:05 |
| 163 | 113 | MATUS TOMASZ | POL | ADIENT POLAND ŚWIEBODZIN | ROKITNICA | 80 | M30/53 | | 00:51:39 | 00:51:34 | 00:25:40 | 00:25:58 |
| 164 | 49 | MIGACZ KRZYSZTOF | POL | COMPUTEC TEAM | ŚWIEBODZIN | 87 | M30/54 | MPS/85 | 00:51:42 | 00:51:40 | 00:25:09 | 00:26:33 |
| 165 | 18 | DZIEMIESZKIEWICZ PATRYK | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 82 | M30/55 | MPS/86 | 00:51:43 | 00:51:35 | 00:25:30 | 00:26:12 |
| 166 | 180 | KUJAWSKI KRZYSZTOF | POL | | ŚWIEBODZIN | 78 | M30/56 | MPS/87 | 00:51:46 | 00:51:36 | 00:26:30 | 00:25:16 |
| 167 | 239 | SZCZEŚNIAK LESZEK | POL | | GUBIN | 81 | M30/57 | | 00:51:53 | 00:51:52 | 00:25:58 | 00:25:54 |
| 168 | 66 | POPLAWSKI JACEK | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 76 | M40/39 | MPS/88 | 00:52:00 | 00:51:58 | 00:24:54 | 00:27:06 |
| 169 | 29 | JELEŃSKA BARBARA | POL | | GORZÓW WLKP | 81 | K30/6 | | 00:52:06 | 00:52:02 | 00:25:12 | 00:26:54 |
| 170 | 112 | KOBIERSKI MATEUSZ | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 93 | M20/38 | MPS/89 | 00:52:21 | 00:52:16 | 00:25:31 | 00:26:50 |
| 171 | 215 | WALCZAK ANNA | POL | SGB | SULECHÓW | 80 | K30/7 | | 00:52:29 | 00:52:21 | 00:26:22 | 00:26:07 |
| 172 | 172 | ZAJDEL WIESŁAW | POL | ŚWIEBODZIŃSKA GRUPA TURYSTYKI | ŚWIEBODZIN | 55 | M60/8 | MPS/90 | 00:52:33 | 00:52:23 | 00:25:59 | 00:26:34 |
| 173 | 12 | BRZEZIŃSKI BOLESŁAW | POL | BRACTWO BIEGACZY ZIELONA GÓRA | CZERWIENSK | 44 | M60/9 | | 00:52:36 | 00:52:24 | 00:27:08 | 00:25:27 |
| 174 | 262 | ENGEL MICHAŁ | POL | COMPUTEC TEAM | ŚWIEBODZIN | 84 | M30/58 | MPS/91 | 00:52:36 | 00:52:34 | 00:25:43 | 00:26:53 |
| 175 | 127 | FRAŃKIEWICZ WERONIKA | POL | | ŚWIEBODZIN | 85 | K30/8 | MPS/92 | 00:52:37 | 00:52:31 | 00:26:12 | 00:26:25 |
| 176 | 100 | WRÓBEL MARZENA | POL | BEZ KLUBU | PSZCZEW | 80 | K30/9 | | 00:52:43 | 00:52:35 | 00:26:13 | 00:26:30 |
| 177 | 69 | PYTA GRZEGORZ | POL | BEZ KLUBU | GRODZISK WLKP. | 60 | M50/12 | | 00:52:44 | 00:52:36 | 00:26:13 | 00:26:31 |
| 178 | 67 | PRAŁAT DANIEL | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 77 | M40/40 | MPS/93 | 00:52:52 | 00:52:38 | 00:26:23 | 00:26:28 |
| 179 | 40 | LATOS JOANNA | POL | | ZIELONA GÓRA | 73 | K40/6 | | 00:52:58 | 00:52:50 | 00:26:11 | 00:26:46 |
| 180 | 263 | GAŁGANEK MATEUSZ | POL | | TRZCIEL | 91 | M20/39 | | 00:53:07 | 00:53:01 | 00:25:35 | 00:27:31 |
| 181 | 8 | BAK ŁUKASZ | POL | LO ŚWIEBODZIN TEAM | ŚWIEBODZIN | 89 | M20/40 | MPS/94 | 00:53:10 | 00:53:08 | 00:25:24 | 00:27:46 |
| 182 | 62 | PANYŁO MAŁGORZATA | POL | | KĘPSKO | 76 | K40/7 | MPS/95 | 00:53:13 | 00:53:04 | 00:26:37 | 00:26:36 |
| 183 | 63 | PANYŁO MIECZYŚLAW | POL | | KĘPSKO | 47 | M60/10 | MPS/96 | 00:53:13 | 00:53:04 | 00:26:37 | 00:26:36 |
| 184 | 60 | OBUCHOWSKI PIOTR | POL | | ŚWIEBODZIN | 77 | M40/41 | MPS/97 | 00:53:14 | 00:53:13 | 00:25:00 | 00:28:13 |
| 185 | 23 | GOLIK BARTOSZ | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 80 | M30/59 | MPS/98 | 00:53:16 | 00:53:10 | 00:25:50 | 00:27:25 |
| 186 | 103 | ZIELIŃSKI MICHAŁ | POL | RECARO AIRCRAFT SEATING POLSKA | NOWA WIODKA | 92 | M20/41 | MPS/99 | 00:53:19 | 00:53:11 | 00:26:19 | 00:27:00 |
| 187 | 206 | PRĘTKI RADEK | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 86 | M30/60 | | 00:53:23 | 00:53:15 | 00:26:33 | 00:26:49 |
| 188 | 181 | LIERA JÓZEFA | POL | | ŚWIEBODZIN | 76 | K40/8 | MPS/100 | 00:53:29 | 00:53:24 | 00:26:25 | 00:27:03 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|-------------------------|--------------|--------------------------------|---------------------|------------|-----------------------|----------------|----------------|----------------|-------------|--------------|
| 189 | 257 | SZUKALSKI ARTUR | POL | | ZBĄSZYNEK | 64 | M50/13 | MPS/101 | 00:53:43 | 00:53:35 | 00:26:37 | 00:27:05 |
| 190 | 290 | SIWEK EDYTA | POL | | MIĘDZYRZECZ | 92 | K20/8 | | 00:54:05 | 00:54:01 | 00:25:46 | 00:28:18 |
| 191 | 243 | TOPOLNICKI EUGENIUSZ | POL | | ZIELONA GÓRA | 59 | M50/14 | | 00:54:20 | 00:54:14 | 00:26:21 | 00:27:58 |
| 192 | 278 | KASPRZAK TOMASZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 81 | M30/61 | MPS/102 | 00:54:27 | 00:54:14 | 00:26:25 | 00:28:01 |
| 193 | 142 | ZARZYCKI RADEK | POL | | MIĘDZYRZECZ | 83 | M30/62 | | 00:54:36 | 00:54:24 | 00:27:03 | 00:27:33 |
| 194 | 125 | CHODKIEWICZ KATARZYNA | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 83 | K30/10 | MPS/103 | 00:54:43 | 00:54:36 | 00:27:00 | 00:27:42 |
| 195 | 305 | OFFMAN ANETA | POL | | SULECIN | 71 | K40/9 | | 00:54:44 | 00:54:32 | 00:27:26 | 00:27:18 |
| 196 | 226 | KASIK PATRYCJA | POL | | SWIEBODZIN | 88 | K20/9 | | 00:54:47 | 00:54:40 | 00:27:08 | 00:27:38 |
| 197 | 312 | SZTEGNER BARBARA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | SWIEBODZIN | 78 | K30/11 | MPS/104 | 00:54:52 | 00:54:52 | 00:26:21 | 00:28:31 |
| 198 | 88 | ŚWIERCZEWSKI MACIEJ | POL | RECARO AIRCRAFT SEATING POLSKA | ŚWIEBODZIN | 81 | M30/63 | | 00:54:53 | 00:54:44 | 00:26:34 | 00:28:19 |
| 199 | 196 | KLUCZYŃSKI KRZYSZTOF | POL | AKTYWNY KALSK | KALSK | 73 | M40/42 | | 00:55:09 | 00:55:01 | 00:26:42 | 00:28:26 |
| 200 | 42 | ŁUKASZEWICZ MAREK | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 80 | M30/64 | MPS/105 | 00:55:13 | 00:55:06 | 00:26:36 | 00:28:37 |
| 201 | 115 | ROSZYK ADAM | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 75 | M40/43 | | 00:55:13 | 00:55:06 | 00:26:36 | 00:28:37 |
| 202 | 245 | ADAMCZUK EMIL | POL | BEZ KLUBU | MIĘDZYRZECZ | 84 | M30/65 | | 00:55:21 | 00:55:09 | 00:28:13 | 00:27:08 |
| 203 | 317 | BEZAK EWELINA | POL | | WILKOWO | 85 | K30/12 | MPS/106 | 00:55:21 | 00:55:18 | 00:26:59 | 00:28:22 |
| 204 | 269 | BESEROWICZ ADRIANA | POL | | ŁĄGÓW | 82 | K30/13 | MPS/107 | 00:55:26 | 00:55:20 | 00:26:59 | 00:28:26 |
| 205 | 16 | CHAMERA KAROLINA | POL | RECARO AIRCRAFT SEATING POLSKA | ŚWIEBODZIN | 81 | K30/14 | MPS/108 | 00:55:39 | 00:55:30 | 00:26:58 | 00:28:40 |
| 206 | 35 | KRAK ŁUKASZ | POL | RUNPLANET TEAM ZIELONA GÓRA | SŁAWA | 85 | M30/66 | | 00:55:45 | 00:55:32 | 00:26:28 | 00:29:17 |
| 207 | 251 | MIĄC ŁUKASZ | POL | | SKĄPE | 92 | M20/42 | MPS/109 | 00:55:50 | 00:55:43 | 00:27:22 | 00:28:27 |
| 208 | 114 | MIĄC JAROSŁAW | POL | ADIENT POLAND ŚWIEBODZIN | ŁĄKIE | 73 | M40/44 | MPS/110 | 00:55:50 | 00:55:43 | 00:27:25 | 00:28:25 |
| 209 | 204 | OSIŃSKI JACEK | POL | BEZ KLUBU | MYSZĘCIN | 81 | M30/67 | MPS/111 | 00:55:53 | 00:55:49 | 00:26:28 | 00:29:24 |
| 210 | 126 | CYGAŃSKA KAROLINA | POL | | ŚWIEBODZIN | 85 | K30/15 | MPS/112 | 00:55:59 | 00:55:51 | 00:28:09 | 00:27:49 |
| 211 | 178 | HOPPEN-ANYSZKO ALICJA | POL | NIEZRZESZONA | ŚWIEBODZIN | 68 | K40/10 | MPS/113 | 00:55:59 | 00:55:52 | 00:27:42 | 00:28:16 |
| 212 | 120 | CZEPUKOWICZ MIECZYŚLAW | POL | | ŚWIEBODZIN | 60 | M50/15 | MPS/114 | 00:55:59 | 00:55:49 | 00:27:43 | 00:28:16 |
| 213 | 4 | KOCZAN TERESA | POL | KLUB AMFIT | ŚWIEBODZIN | 82 | K30/16 | | 00:56:01 | 00:55:54 | 00:28:09 | 00:27:51 |
| 214 | 270 | BŁAWUCIAK AGNIESZKA | POL | | KOŚCIAN | 85 | K30/17 | | 00:56:02 | 00:56:00 | 00:28:05 | 00:27:57 |
| 215 | 179 | KOŁA JAKUB | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 84 | M30/68 | MPS/115 | 00:56:15 | 00:56:08 | 00:26:23 | 00:29:52 |
| 216 | 176 | GRACZ ANNA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 77 | K40/11 | MPS/116 | 00:56:33 | 00:56:26 | 00:27:43 | 00:28:50 |
| 217 | 302 | BOCZAR BEATA | POL | GREEN TEAM | ZIELONA GÓRA | 65 | K50/1 | | 00:56:43 | 00:56:42 | 00:27:48 | 00:28:54 |
| 218 | 64 | PANYŁO JACEK | POL | AKTYWNY KALSK | KALSK | 78 | M30/69 | | 00:56:44 | 00:56:35 | 00:27:39 | 00:29:04 |
| 219 | 294 | DEPTUCH ALEKSANDRA | POL | | SULECIN | 93 | K20/10 | | 00:56:47 | 00:56:37 | 00:27:33 | 00:29:14 |
| 220 | 197 | KREJA ANNA | POL | ZGZB | ZIELONA GÓRA | 83 | K30/18 | | 00:57:12 | 00:57:10 | 00:27:51 | 00:29:20 |
| 221 | 309 | WAŁECKA AGNIESZKA | POL | SUPEKOM TEAM | SULECHÓW | 74 | K40/12 | | 00:57:25 | 00:57:17 | 00:27:47 | 00:29:37 |
| 222 | 280 | MALIŃSKI MICHAŁ | POL | | ŚWIEBODZIN | 91 | M20/43 | MPS/117 | 00:57:30 | 00:57:20 | 00:28:38 | 00:28:51 |
| 223 | 7 | BAZEL MICHAŁ | POL | | ŚWIEBODZIN | 77 | M40/45 | MPS/118 | 00:57:40 | 00:57:27 | 00:28:25 | 00:29:14 |
| 224 | 27 | HAŃCZYK AGNIESZKA | POL | | BABIMOST | 81 | K30/19 | | 00:57:43 | 00:57:33 | 00:28:18 | 00:29:25 |
| 225 | 221 | CZARNECKA ANETTA | POL | | ZIELONA GÓRA | 72 | K40/13 | | 00:57:44 | 00:57:40 | 00:27:56 | 00:29:48 |
| 226 | 276 | JĘDRKOWIAK ALEKSANDRA | POL | | ZBĄSZYNEK | 83 | K30/20 | | 00:57:51 | 00:57:38 | 00:28:05 | 00:29:46 |
| 227 | 108 | BANASZAK AGATA | POL | ADIENT POLAND ŚWIEBODZIN | NIEKARZYN | 88 | K20/11 | MPS/119 | 00:58:23 | 00:58:22 | 00:28:23 | 00:29:59 |
| 228 | 205 | PATERCZYK WOJCIECH | POL | ANIGER REGINA PATERCZYK | POZNAŃ | 52 | M60/11 | | 00:58:23 | 00:58:09 | 00:29:03 | 00:29:19 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto | Międzyczasy | Check points |
|-----------------|-----------|-------------------------|--------------|--------------------------------|---------------------|------------|-----------------------|----------------|-----------------|----------------|-------------|--------------|
| 229 | 182 | RADZIEWICZ ANNA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 85 | K30/21 | | 00:58:28 | 00:58:17 | 00:28:38 | 00:29:49 |
| 230 | 274 | FONTOWICZ MONIKA | POL | JEDZ I TRENUJ KM SPORT TEAM | ŚWIEBODZIN | 81 | K30/22 | MPS/120 | 00:58:41 | 00:58:27 | 00:29:32 | 00:29:08 |
| 231 | 117 | SZULC MACIEJ | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 77 | M40/46 | MPS/121 | 00:58:41 | 00:58:28 | 00:29:32 | 00:29:08 |
| 232 | 151 | JAKUBOWSKI MATEUSZ | POL | | ŚWIEBODZIN | 89 | M20/44 | | 00:58:43 | 00:58:33 | 00:30:29 | 00:28:14 |
| 233 | 22 | GIZIŃSKA KATARZYNA | POL | | ŚWIEBODZIN | 83 | K30/23 | MPS/122 | 00:58:54 | 00:58:44 | 00:28:32 | 00:30:22 |
| 234 | 37 | KUCHARSKI PIOTR | POL | AMATOR - NIEZRZESZONY | DESZCZNO | 69 | M40/47 | | 00:59:02 | 00:58:52 | 00:29:00 | 00:30:02 |
| 235 | 249 | KUCHARSKA KINGA | POL | | GLINIK GM. | 95 | K20/12 | | 00:59:03 | 00:58:53 | 00:29:00 | 00:30:02 |
| 236 | 266 | ROLLA MAGDALENA | POL | | WARZYMICE | 76 | K40/14 | | 00:59:19 | 00:59:12 | 00:29:28 | 00:29:50 |
| 237 | 13 | BYKOWSKI BOGDAN | POL | BRACTWO BIEGACZY ZIELONA GÓRA | ZIELONA GORA | 49 | M60/12 | | 00:59:24 | 00:59:13 | 00:29:04 | 00:30:20 |
| 238 | 9 | BIDERMAN JAROSŁAW | POL | RECARO AIRCRAFT SEATING POLSKA | OŁOBOK | 78 | M30/70 | MPS/123 | 00:59:31 | 00:59:23 | 00:28:46 | 00:30:45 |
| 239 | 315 | CAL ALEKSANDRA | POL | CALTEAM | ŚWIEBODZIN | 95 | K20/13 | MPS/124 | 01:00:22 | 01:00:12 | 00:29:39 | 00:30:43 |
| 240 | 184 | SZPILMAN TOMASZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 73 | M40/48 | MPS/125 | 01:00:33 | 01:00:27 | 00:29:10 | 00:31:23 |
| 241 | 250 | KUDLAK KATARZYNA | POL | | ŚWIEBODZIN | 87 | K30/24 | MPS/126 | 01:00:38 | 01:00:28 | 00:29:31 | 00:31:06 |
| 242 | 246 | CHOWANIEC WOJCIECH | POL | | ŚWIEBODZIN | 88 | M20/45 | MPS/127 | 01:00:39 | 01:00:28 | 00:29:32 | 00:31:06 |
| 243 | 133 | BRAZIUK MICHAŁ | POL | | LUBIN | 95 | M20/46 | | 01:01:05 | 01:00:52 | 00:28:52 | 00:32:12 |
| 244 | 199 | KURYŚ AGNIESZKA | POL | | TRZCIEL | 76 | K40/15 | | 01:01:35 | 01:01:22 | 00:30:59 | 00:30:35 |
| 245 | 111 | DREWICZ IWONA | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 76 | K40/16 | MPS/128 | 01:02:05 | 01:01:54 | 00:29:46 | 00:32:19 |
| 246 | 121 | BAŁUK ZBIGNIEW | POL | KICO POLSKA ŚWIEBODZIN | GRODZISZCZE | 83 | M30/71 | MPS/129 | 01:02:10 | 01:02:02 | 00:29:36 | 00:32:34 |
| 247 | 55 | NIWALD IWONA | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 87 | K30/25 | MPS/130 | 01:02:53 | 01:02:51 | 00:31:03 | 00:31:50 |
| 248 | 252 | PERON ANITA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 87 | K30/26 | MPS/131 | 01:03:01 | 01:02:54 | 00:30:51 | 00:32:10 |
| 249 | 320 | KŁĘBUCKA AGNIESZKA | POL | ARMSTRONG | ŚWIEBODZIN | 76 | K40/17 | MPS/132 | 01:03:02 | 01:02:54 | 00:30:50 | 00:32:11 |
| 250 | 150 | JAKUBOWSKA ANNA | POL | | ŚWIEBODZIN | 89 | K20/14 | | 01:03:22 | 01:03:12 | 00:30:47 | 00:32:34 |
| 251 | 75 | SABADASZ ARKADIUSZ | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 78 | M30/72 | MPS/133 | 01:03:23 | 01:03:08 | 00:31:05 | 00:32:17 |
| 252 | 228 | MACKOWIAK WLADYSLAWA | GER | | BERLIN | 68 | K40/18 | | 01:03:38 | 01:03:29 | 00:30:43 | 00:32:54 |
| 253 | 319 | MAČKOWIAK PAWEŁ JAN | POL | NIGHT RUNNERS | POZNAŃ | 90 | M20/47 | | 01:03:38 | 01:03:29 | 00:30:44 | 00:32:54 |
| 254 | 300 | CZOP JAN | POL | BKB BAKCYL | BABIMOST | 39 | M60/13 | | 01:05:34 | 01:05:22 | 00:32:27 | 00:33:07 |
| 255 | 101 | ZAHN IWONA | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 80 | K30/27 | MPS/134 | 01:05:38 | 01:05:31 | 00:31:29 | 00:34:08 |
| 256 | 32 | KORYTEK JUSTYNA | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 80 | K30/28 | MPS/135 | 01:05:38 | 01:05:31 | 00:31:29 | 00:34:08 |
| 257 | 140 | STASIŃSKI STANISŁAW | POL | KB MANIAC POZNAŃ | POZNAŃ | 44 | M60/14 | | 01:06:49 | 01:06:38 | 00:32:50 | 00:33:59 |
| 258 | 85 | SZYŁKO TOMASZ | POL | BROWAR ŚWIEBODZIN | KIEŁCZE | 76 | M40/49 | MPS/136 | 01:08:11 | 01:08:02 | 00:32:03 | 00:36:08 |
| 259 | 255 | STELMASZYK MONIKA | POL | NIEZRZESZONA | ŚWIEBODZIN | 90 | K20/15 | MPS/137 | 01:10:36 | 01:10:30 | 00:33:21 | 00:37:15 |

ŚWIEBODZIŃSKA DZIESIĄTKA

WYNIKI ZAWODÓW

M20: 16 - 29 lat

Organizator: Klub Sportowy HEROSI

Termin: 23.09.2017

Miejsce: Świebodzin

Dystans: 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|----------------------|-----------|--------------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 1 | 273 | FEDORCZAK MICHAŁ | POL | WOSIEK TEAM/AKS PWR | NOWA SÓL | 95 | M20/1 | | 00:33:29 | 00:33:29 |
| 2 | 285 | PRZYWORSKI KRZYSZTOF | POL | AZS AWF KRAKÓW | ZIELONA GÓRA | 95 | M20/2 | | 00:36:24 | 00:36:24 |
| 3 | 26 | HAJDUKIEWICZ RAFAŁ | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 88 | M20/3 | MPS/2 | 00:36:32 | 00:36:32 |
| 4 | 21 | GAŚSIOR MARCIN | POL | LO ŚWIEBODZIN TEAM | GLIŃSK | 99 | M20/4 | MPS/3 | 00:37:05 | 00:37:03 |
| 5 | 135 | MAKOWSKI MICHAŁ | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 95 | M20/5 | MPS/7 | 00:39:09 | 00:39:09 |
| 6 | 162 | BOREK JAKUB ŁUKASZ | POL | TEAM BOREK | BARLINEK | 90 | M20/6 | | 00:39:46 | 00:39:44 |
| 7 | 218 | ŻYŁA TOBIASZ | POL | AWF RUNNING TEAM | MIĘDZYRZECZ | 92 | M20/7 | | 00:39:54 | 00:39:49 |
| 8 | 318 | KALISZAK JAKUB | POL | | SZCZANIEC | 00 | M20/8 | MPS/13 | 00:40:24 | 00:40:14 |
| 9 | 24 | GRABOWY PAWEŁ | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 99 | M20/9 | MPS/16 | 00:40:53 | 00:40:48 |
| 10 | 50 | MILESZKO WOJCIECH | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 88 | M20/10 | MPS/19 | 00:41:03 | 00:41:02 |
| 11 | 76 | SADOWSKI MICHAŁ | POL | | ŚWIEBODZIN | 88 | M20/11 | MPS/21 | 00:41:16 | 00:41:14 |
| 12 | 144 | ŻUREK GRZEGORZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 89 | M20/12 | MPS/23 | 00:41:44 | 00:41:43 |
| 13 | 168 | SKORUPKA BARTOSZ | POL | BEZ KLUBU | TRZEMESZNO | 96 | M20/13 | | 00:41:54 | 00:41:49 |
| 14 | 314 | BĄBELEK MARIUSZ | POL | MRÓWKA ŚWIEBODZIN | MIĘDZYRZECZ | 91 | M20/14 | | 00:42:19 | 00:42:15 |
| 15 | 149 | JACKOWSKI DANIEL | POL | KM SPORT IRT MIĘDZYRZECZ | MIĘDZYRZECZ | 89 | M20/15 | | 00:42:20 | 00:42:16 |
| 16 | 183 | RUTKOWSKI MACIEJ | POL | KB PIAST MIĘDZYRZECZ | SULĘCIN | 93 | M20/16 | | 00:42:23 | 00:42:20 |
| 17 | 20 | GALEK WOJCIECH | POL | ADIENT POLAND ŚWIEBODZIN | ŁĄGÓW | 90 | M20/17 | MPS/28 | 00:42:26 | 00:42:24 |
| 18 | 313 | MATZ KACPER | POL | JEDZ I TRENUJ DAMIAN MARCINIAK | ŚWIEBODZIN | 00 | M20/18 | MPS/29 | 00:42:34 | 00:42:25 |
| 19 | 224 | GAŹDZICKI BARTOSZ | POL | BEZ KLUBU | SMARDZEWO | 95 | M20/19 | MPS/36 | 00:43:56 | 00:43:56 |
| 20 | 3 | WITLICKI KACPER | POL | | KROSNO | 94 | M20/20 | | 00:44:07 | 00:44:06 |
| 21 | 137 | MIKOŁAJCZAK MATEUSZ | POL | NIEZRZESZONY | OTYŃ | 90 | M20/21 | | 00:44:17 | 00:44:14 |
| 22 | 265 | KRACIŃSKI ADRIAN | POL | JEDZ I TRENUJ KM SPORT TEAM | ŚWIEBODZIN | 97 | M20/22 | | 00:44:40 | 00:44:37 |
| 23 | 241 | ŚWIETLIK PIOTR | POL | | OŁOBOK | 01 | M20/23 | MPS/42 | 00:44:43 | 00:44:42 |
| 24 | 161 | AMBROŻUK SŁAWOMIR | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 88 | M20/24 | MPS/43 | 00:44:54 | 00:44:48 |
| 25 | 110 | DANIELSKI ADRIAN | POL | ADIENT POLAND ŚWIEBODZIN | ZIELONA GÓRA | 88 | M20/25 | | 00:45:01 | 00:44:55 |
| 26 | 304 | BORKOWSKI PAWEŁ | POL | SULECHOWSKA GRUPA BIEGOWA | SULECHÓW | 94 | M20/26 | | 00:45:15 | 00:45:12 |
| 27 | 166 | LIS DAMIAN | POL | ISKRA ŁĄGÓW | ŻELECHÓW | 99 | M20/27 | MPS/44 | 00:45:18 | 00:45:17 |
| 28 | 220 | BIERKA DANIEL | POL | | SWIEBODZIN | 92 | M20/28 | | 00:45:57 | 00:45:51 |
| 29 | 234 | PUSZKIEL ADRIAN | POL | GREEN TEAM ZIELONA GÓRA | SKĄPE | 89 | M20/29 | MPS/52 | 00:46:54 | 00:46:54 |
| 30 | 119 | BAGIŃSKI GRZEGORZ | POL | | ŚWIEBODZIN | 90 | M20/30 | MPS/53 | 00:46:55 | 00:46:53 |
| 31 | 308 | USAKOWSKI NORBERT | POL | LO ŚWIEBODZIN TEAM | ŚWIEBODZIN | 99 | M20/31 | MPS/54 | 00:46:58 | 00:46:58 |
| 32 | 122 | BEZAK WOJCIECH | POL | MRÓWKA ŚWIEBODZIN | LUBRZA | 93 | M20/32 | MPS/57 | 00:47:53 | 00:47:48 |
| 33 | 107 | ŻUREK ŁUKASZ | POL | | ŚWIEBODZIN | 91 | M20/33 | MPS/60 | 00:48:27 | 00:48:22 |
| 34 | 131 | KREKORA DOMINIK | POL | | ŚWIEBODZIN | 94 | M20/34 | MPS/61 | 00:48:31 | 00:48:20 |
| 35 | 279 | LIPKA MARCIN | POL | | ŚWIEBODZIN | 96 | M20/35 | MPS/68 | 00:49:51 | 00:49:45 |
| 36 | 80 | STANKOWSKI RADOSŁAW | POL | | SKĄPE | 91 | M20/36 | MPS/79 | 00:50:59 | 00:50:48 |
| 37 | 177 | GRZEŚKO MACIEJ | POL | TSPS TRZEBIECHÓW | SULECHÓW | 88 | M20/37 | | 00:51:22 | 00:51:10 |
| 38 | 112 | KOBIERSKI MATEUSZ | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 93 | M20/38 | MPS/89 | 00:52:21 | 00:52:16 |
| 39 | 263 | GAŁGANEK MATEUSZ | POL | | TRZCIEL | 91 | M20/39 | | 00:53:07 | 00:53:01 |
| 40 | 8 | BAK ŁUKASZ | POL | LO ŚWIEBODZIN TEAM | ŚWIEBODZIN | 89 | M20/40 | MPS/94 | 00:53:10 | 00:53:08 |
| 41 | 103 | ZIELIŃSKI MICHAŁ | POL | RECARO AIRCRAFT SEATING | NOWA WIODKA | 92 | M20/41 | MPS/99 | 00:53:19 | 00:53:11 |
| 42 | 251 | MIĄC ŁUKASZ | POL | | SKĄPE | 92 | M20/42 | MPS/109 | 00:55:50 | 00:55:43 |
| 43 | 280 | MALIŃSKI MICHAŁ | POL | | ŚWIEBODZIN | 91 | M20/43 | MPS/117 | 00:57:30 | 00:57:20 |

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|
| 44 | 151 | JAKUBOWSKI MATEUSZ | POL | | ŚWIEBODZIN | 89 | M20/44 | | 00:58:43 | 00:58:33 |
| 45 | 246 | CHOWANIEC WOJCIECH | POL | | ŚWIEBODZIN | 88 | M20/45 | MPS/127 | 01:00:39 | 01:00:28 |
| 46 | 133 | BRAZIUK MICHAŁ | POL | | LUBIN | 95 | M20/46 | | 01:01:05 | 01:00:52 |
| 47 | 319 | MAĆKOWIAK PAWEŁ JAN | POL | NIGHT RUNNERS | POZNAŃ | 90 | M20/47 | | 01:03:38 | 01:03:29 |

ŚWIEBODZIŃSKA DZIESIĄTKA

WYNIKI ZAWODÓW

M30: 30 - 39 lat

Organizator: Klub Sportowy HEROSI

Termin: 23.09.2017

Miejsce: Świebodzin

Dystans: 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|-----------------------|-----------|-----------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 1 | 154 | KOWALCZUK TOMASZ | POL | BBL ŻAGAŃ | ZAGAN | 78 | M30/1 | | 00:34:44 | 00:34:44 |
| 2 | 1 | KOWALCZUK ŁUKASZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | M30/2 | MPS/1 | 00:35:35 | 00:35:34 |
| 3 | 198 | KSIĄŻEK SEBASTIAN | POL | RUNNER SAM PO LESIE | SULECHÓW | 79 | M30/3 | | 00:37:57 | 00:37:56 |
| 4 | 87 | ŚLIWCZYŃSKI DAMIAN | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 84 | M30/4 | MPS/4 | 00:37:59 | 00:37:59 |
| 5 | 70 | ROKICKI MARCIN | POL | ADIENT POLAND | ŚWIEBODZIN | 86 | M30/5 | MPS/5 | 00:38:36 | 00:38:36 |
| 6 | 129 | GERC JAROSŁAW | POL | | ŚWIEBODZIN | 82 | M30/6 | MPS/6 | 00:38:45 | 00:38:44 |
| 7 | 72 | ROSIŃSKI MARCIN | POL | BIEGAJĄCE ROSKI | SULECIN | 79 | M30/7 | | 00:39:39 | 00:39:38 |
| 8 | 256 | STOJANOWSKI KRZYSZTOF | POL | SPEEDWAY | WTÓREK | 79 | M30/8 | | 00:39:43 | 00:39:43 |
| 9 | 208 | SIKORSKI KRZYSZTOF | POL | MMS TEAM | MIĘDZYRZECZ | 80 | M30/9 | | 00:39:57 | 00:39:56 |
| 10 | 295 | LECH JACEK | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 78 | M30/10 | MPS/14 | 00:40:41 | 00:40:39 |
| 11 | 106 | ZYWERT MATEUSZ | POL | ADIENT POLAND | ŚWIEBODZIN | 87 | M30/11 | MPS/15 | 00:40:47 | 00:40:46 |
| 12 | 264 | GIECÓLD MARIUSZ | POL | SP NR 3 ŚWIEBODZIN | LUBRZA | 82 | M30/12 | MPS/17 | 00:40:53 | 00:40:52 |
| 13 | 95 | WESSELI SŁAWOMIR | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 80 | M30/13 | MPS/18 | 00:40:58 | 00:40:57 |
| 14 | 99 | WOJCIECHOWSKI MATEUSZ | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 86 | M30/14 | MPS/20 | 00:41:13 | 00:41:10 |
| 15 | 240 | SZLACHTA JAKUB | POL | | SZCZECIN | 85 | M30/15 | | 00:41:22 | 00:41:17 |
| 16 | 116 | SITEK DAWID | POL | ADIENT POLAND | ŚWIEBODZIN | 84 | M30/16 | MPS/22 | 00:41:29 | 00:41:29 |
| 17 | 203 | NYGA SEBASTIAN | POL | | TRZCIEL | 78 | M30/17 | | 00:41:37 | 00:41:34 |
| 18 | 233 | PSIUK MARCIN | POL | GONZO TEAM | KOŻŁA | 81 | M30/18 | | 00:41:56 | 00:41:56 |
| 19 | 171 | SZARAPANOWSKI DAMIAN | POL | ULTRA DIABŁY TEAM | LUBRZA | 78 | M30/19 | MPS/27 | 00:42:18 | 00:42:16 |
| 20 | 216 | ZAJĄCZKOWSKI MAREK | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 83 | M30/20 | MPS/34 | 00:43:42 | 00:43:31 |
| 21 | 275 | HŁADKI KONRAD | POL | STUDIODREM.PL | ŚWIEBODZIN | 85 | M30/21 | MPS/37 | 00:43:57 | 00:43:57 |
| 22 | 248 | JASTRZĘBSKI ŁUKASZ | POL | | LUBINICKO | 78 | M30/22 | MPS/39 | 00:44:06 | 00:44:03 |
| 23 | 188 | BAŁENKOWSKI MARCIN | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | M30/23 | MPS/41 | 00:44:15 | 00:44:12 |
| 24 | 193 | GOZDEK TOMASZ | POL | HARPAGAN ZG | LUBIN | 78 | M30/24 | | 00:45:20 | 00:45:17 |
| 25 | 310 | BARCZYK MACIEJ | POL | | ŚWIEBODZIN | 84 | M30/25 | MPS/45 | 00:45:32 | 00:45:24 |
| 26 | 153 | KAROLAK MAREK | POL | | OŁOBOK | 79 | M30/26 | MPS/47 | 00:45:40 | 00:45:31 |
| 27 | 132 | KURASZ SZYMON | POL | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | 81 | M30/27 | | 00:45:51 | 00:45:47 |
| 28 | 136 | MAZIEJUK SYLWESTER | POL | | MIĘDZYRZECZ | 82 | M30/28 | | 00:45:51 | 00:45:46 |
| 29 | 192 | DOLATOWSKI MAREK | POL | | ŚWIEBODZIN | 87 | M30/29 | MPS/48 | 00:45:52 | 00:45:44 |
| 30 | 223 | FILAR DARIUSZ | POL | NIEZRZESZONY | NIESULICE | 79 | M30/30 | MPS/49 | 00:45:59 | 00:45:57 |
| 31 | 268 | ZAJDEL MICHAŁ | POL | | ŚWIEBODZIN | 80 | M30/31 | | 00:46:44 | 00:46:33 |
| 32 | 84 | STEFANIUK TOMASZ | POL | | MIĘDZYRZECZ | 82 | M30/32 | | 00:47:04 | 00:46:59 |
| 33 | 238 | SZCZOTKA DAMIAN | POL | | SULECHÓW | 79 | M30/33 | | 00:47:21 | 00:47:19 |
| 34 | 297 | RUTKOWSKI WOJCIECH | POL | | MIĘDZYRZECZ | 87 | M30/34 | | 00:47:36 | 00:47:32 |
| 35 | 253 | SIEREWICZ ZBIGNIEW | POL | BEZ KLUBU | ŚWIEBODZIN | 83 | M30/35 | MPS/58 | 00:47:58 | 00:47:49 |
| 36 | 267 | WALANIA PIOTR | POL | WWW.CENTRUMERGO.PL | ŚWIDNICA | 81 | M30/36 | | 00:48:11 | 00:48:05 |
| 37 | 298 | SZUROWSKI GRZEGORZ | POL | | ZIELONA GÓRA | 78 | M30/37 | | 00:48:23 | 00:48:14 |
| 38 | 164 | KROCAK GRZEGORZ | POL | | MIĘDZYRZECZ | 78 | M30/38 | | 00:48:33 | 00:48:28 |
| 39 | 33 | KORYTEK PIOTR | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | M30/39 | MPS/62 | 00:48:38 | 00:48:33 |
| 40 | 61 | OLESZEK NORBERT | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 82 | M30/40 | MPS/64 | 00:48:55 | 00:48:46 |
| 41 | 160 | TRZYNA TOMASZ | POL | | KAMIEŃ | 82 | M30/41 | | 00:49:13 | 00:49:04 |
| 42 | 28 | JASIŃSKI ŁUKASZ | POL | | ŚWIEBODZIN | 82 | M30/42 | MPS/66 | 00:49:21 | 00:49:15 |
| 43 | 68 | PUK DAWID | POL | ADIENT POLAND | ŚWIEBODZIN | 79 | M30/43 | | 00:49:22 | 00:49:18 |
| 44 | 207 | SIKORSKI GRZEGORZ | POL | | OSTRÓW | 80 | M30/44 | | 00:49:39 | 00:49:35 |
| 45 | 214 | TWARÓG MARIUSZ | POL | AMATOR - NIEZRZESZONY | SULECHÓW | 79 | M30/45 | | 00:49:54 | 00:49:43 |
| 46 | 289 | SADOWSKI KAMIL | POL | COMPUTEC TEAM | ŚWIEBODZIN | 82 | M30/46 | MPS/69 | 00:49:54 | 00:49:50 |
| 47 | 123 | BŁASZYK JAKUB | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 87 | M30/47 | MPS/74 | 00:50:27 | 00:50:17 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|-------------------------|-----------|-----------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 48 | 225 | KACZKOWSKI DAMIAN | POL | | ŚWIEBODZIN | 80 | M30/48 | MPS/77 | 00:50:47 | 00:50:38 |
| 49 | 74 | ROŚLIK JAKUB | POL | | ŚWIEBODZIN | 87 | M30/49 | MPS/78 | 00:50:50 | 00:50:47 |
| 50 | 258 | WALKOWIAK ŁUKASZ | POL | | ŚWIEBODZIN | 81 | M30/50 | MPS/81 | 00:51:04 | 00:50:57 |
| 51 | 19 | FABIŚ MARCIN | POL | ADIANT POLAND | ŚWIEBODZIN | 78 | M30/51 | MPS/83 | 00:51:14 | 00:51:10 |
| 52 | 175 | GACEK ADAM | POL | BATMAN TEAM | ŚWIEBODZIN | 87 | M30/52 | MPS/84 | 00:51:26 | 00:51:14 |
| 53 | 113 | MATUS TOMASZ | POL | ADIANT POLAND | ŚWIEBODZIN | 80 | M30/53 | | 00:51:39 | 00:51:34 |
| 54 | 49 | MIGACZ KRZYSZTOF | POL | COMPUTEC TEAM | ŚWIEBODZIN | 87 | M30/54 | MPS/85 | 00:51:42 | 00:51:40 |
| 55 | 18 | DZIEMIESZKIEWICZ PATRYK | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 82 | M30/55 | MPS/86 | 00:51:43 | 00:51:35 |
| 56 | 180 | KUJAWSKI KRZYSZTOF | POL | | ŚWIEBODZIN | 78 | M30/56 | MPS/87 | 00:51:46 | 00:51:36 |
| 57 | 239 | SZCZEŚNIAK LESZEK | POL | | GUBIN | 81 | M30/57 | | 00:51:53 | 00:51:52 |
| 58 | 262 | ENGEL MICHAŁ | POL | COMPUTEC TEAM | ŚWIEBODZIN | 84 | M30/58 | MPS/91 | 00:52:36 | 00:52:34 |
| 59 | 23 | GOLIK BARTOSZ | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 80 | M30/59 | MPS/98 | 00:53:16 | 00:53:10 |
| 60 | 206 | PRĘTKI RADEK | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 86 | M30/60 | | 00:53:23 | 00:53:15 |
| 61 | 278 | KASPRZAK TOMASZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 81 | M30/61 | MPS/102 | 00:54:27 | 00:54:14 |
| 62 | 142 | ZARZYCKI RADEK | POL | | MIĘDZYRZECZ | 83 | M30/62 | | 00:54:36 | 00:54:24 |
| 63 | 88 | ŚWIERCZEWSKI MACIEJ | POL | RECARO AIRCRAFT SEATING | ŚWIEBODZIN | 81 | M30/63 | | 00:54:53 | 00:54:44 |
| 64 | 42 | ŁUKASZEWICZ MAREK | POL | ADIANT POLAND | ŚWIEBODZIN | 80 | M30/64 | MPS/105 | 00:55:13 | 00:55:06 |
| 65 | 245 | ADAMCZUK EMIL | POL | BEZ KLUBU | MIĘDZYRZECZ | 84 | M30/65 | | 00:55:21 | 00:55:09 |
| 66 | 35 | KRAK ŁUKASZ | POL | RUNPLANET TEAM | ZIELONA GÓRA | 85 | M30/66 | | 00:55:45 | 00:55:32 |
| 67 | 204 | OSIŃSKI JACEK | POL | BEZ KLUBU | MYSZĘCIN | 81 | M30/67 | MPS/111 | 00:55:53 | 00:55:49 |
| 68 | 179 | KOŁA JAKUB | POL | KICO POLSKA | ŚWIEBODZIN | 84 | M30/68 | MPS/115 | 00:56:15 | 00:56:08 |
| 69 | 64 | PANYŁO JACEK | POL | AKTYWNY KALSK | KALSK | 78 | M30/69 | | 00:56:44 | 00:56:35 |
| 70 | 9 | BIDERMAN JAROSŁAW | POL | RECARO AIRCRAFT SEATING | OŁOBOK | 78 | M30/70 | MPS/123 | 00:59:31 | 00:59:23 |
| 71 | 121 | BAŁUK ZBIGNIEW | POL | KICO POLSKA | ŚWIEBODZIN | 83 | M30/71 | MPS/129 | 01:02:10 | 01:02:02 |
| 72 | 75 | SABADASZ ARKADIUSZ | POL | KICO POLSKA | ŚWIEBODZIN | 78 | M30/72 | MPS/133 | 01:03:23 | 01:03:08 |

ŚWIEBODZIŃSKA DZIESIĄTKA

WYNIKI ZAWODÓW

M40: 40 - 49 lat

Organizator: Klub Sportowy HEROSI

Termin: 23.09.2017

Miejsce: Świebodzin

Dystans: 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|------------------------|-----------|------------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 1 | 237 | SZCZEŚNIAK MAREK | POL | | GUBIN | 74 | M40/1 | | 00:35:34 | 00:35:34 |
| 2 | 157 | RUTA DARIUSZ | POL | | NOWY TOMYŚL | 71 | M40/2 | | 00:37:14 | 00:37:14 |
| 3 | 303 | BOGDAŁ MAREK | POL | AMATOR - NIEZRZESZONY | BOGATYNIA | 71 | M40/3 | | 00:37:48 | 00:37:46 |
| 4 | 194 | KAŻMIERCZAK ŁUKASZ | POL | KAŻMIERSKI KLUB MORSUJĄCEGO | KAŻMIERZ | 73 | M40/4 | | 00:38:48 | 00:38:48 |
| 5 | 71 | ROSZAK BARTŁOMIEJ | POL | | BLEDZEW | 77 | M40/5 | | 00:39:04 | 00:39:03 |
| 6 | 89 | ŚWIERK PRZEMYSŁAW | POL | ULTRA DIABŁY TEAM LUBRZA | ŚWIEBODZIN | 77 | M40/6 | MPS/8 | 00:39:30 | 00:39:29 |
| 7 | 282 | MEDEJSZO MARIUSZ | POL | NOWOSOLSKA GRUPA BIEGOWA | NOWA SÓL | 75 | M40/7 | | 00:39:35 | 00:39:35 |
| 8 | 244 | ŻOK RADOSŁAW | POL | OKI TEAM | SULECHÓW | 75 | M40/8 | | 00:39:43 | 00:39:42 |
| 9 | 229 | NOWORYTA RADOSŁAW | POL | ULTRA DIABŁY TEAM LUBRZA | NOWA WIOSKA | 75 | M40/9 | MPS/9 | 00:39:49 | 00:39:48 |
| 10 | 232 | PRÜFER PAWEŁ | POL | | KOSIECZYN | 72 | M40/10 | MPS/10 | 00:39:55 | 00:39:54 |
| 11 | 78 | SŁOWIKOWSKI DANIEL | POL | | ŚWIEBODZIN | 76 | M40/11 | MPS/11 | 00:40:11 | 00:40:09 |
| 12 | 316 | JUSZKIEWICZ TOMASZ | POL | | ŚWIEBODZIN | 77 | M40/12 | MPS/12 | 00:40:17 | 00:40:17 |
| 13 | 170 | SZARAPANOWSKI MARCIN | POL | ULTRA DIABŁY TEAM LUBRZA | SZCZECIN | 77 | M40/13 | | 00:40:27 | 00:40:26 |
| 14 | 213 | TERLIKOWSKI ARKADIUSZ | POL | NOWOSOLSKA GRUPA BIEGOWA | NOWA SÓL | 76 | M40/14 | | 00:41:26 | 00:41:24 |
| 15 | 293 | BIAŁEK TOMASZ | POL | NIEZRZESZONY | ŻARY | 71 | M40/15 | | 00:41:34 | 00:41:31 |
| 16 | 173 | ANYSZKO GRZEGORZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 69 | M40/16 | MPS/25 | 00:41:46 | 00:41:44 |
| 17 | 195 | KLEIST TOMEK | POL | | KŁODAWA | 71 | M40/17 | | 00:42:38 | 00:42:30 |
| 18 | 91 | TRUDZIŃSKI NORBERT | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 74 | M40/18 | MPS/30 | 00:43:12 | 00:43:09 |
| 19 | 36 | KRZESIŃSKI RADOSŁAW | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 77 | M40/19 | MPS/31 | 00:43:33 | 00:43:32 |
| 20 | 186 | ANTOŃCZAK KRZYSZTOF | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 68 | M40/20 | MPS/32 | 00:43:35 | 00:43:33 |
| 21 | 10 | BOCZKOWSKI JAROSŁAW | POL | RECARO AIRCRAFT SEATING | ŚWIEBODZIN | 73 | M40/21 | MPS/33 | 00:43:36 | 00:43:28 |
| 22 | 14 | CAL PIOTR | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 69 | M40/22 | MPS/38 | 00:43:57 | 00:43:51 |
| 23 | 54 | MYŚLIWIEC KRZYSZTOF | POL | | ZIELONA GÓRA | 75 | M40/23 | | 00:44:05 | 00:44:02 |
| 24 | 169 | SKORUPKA ARTUR | POL | | WĘDRZYN | 68 | M40/24 | | 00:44:11 | 00:44:06 |
| 25 | 200 | MARKOWSKI ANDRZEJ | POL | DRUŻYNA GAZETY ZIELONA GÓRA | ZIELONA GÓRA | 69 | M40/25 | | 00:44:14 | 00:44:09 |
| 26 | 138 | ROLLA DORIAN | POL | | WARZYMICE | 76 | M40/26 | | 00:44:15 | 00:44:09 |
| 27 | 86 | SZYMAŃSKI ROBERT | POL | | GORZÓW WLKP. | 77 | M40/27 | | 00:44:57 | 00:44:53 |
| 28 | 5 | ADAMCZAK RAFAŁ | POL | | MIĘDZYRZECZ | 77 | M40/28 | | 00:45:09 | 00:45:05 |
| 29 | 277 | KACZMAREK ARTUR | POL | KB PIAST MIĘDZYRZECZ | MIĘDZYRZECZ | 75 | M40/29 | | 00:45:27 | 00:45:24 |
| 30 | 209 | SKRZYPKOWSKI SEBASTIAN | POL | NIEZRZESZONY | ŚWIEBODZIN | 77 | M40/30 | MPS/46 | 00:45:34 | 00:45:33 |
| 31 | 307 | PAWELEC MARIUSZ | POL | | STARY KISIELIN | 72 | M40/31 | | 00:46:25 | 00:46:21 |
| 32 | 292 | ŻYTKIEWICZ JACEK | POL | BEZ KLUBU | ŚWIEBODZIN | 68 | M40/32 | MPS/50 | 00:46:35 | 00:46:23 |
| 33 | 58 | NOWAK PIOTR | POL | KALINOWE POLA | ŚWIEBODZIN | 77 | M40/33 | MPS/51 | 00:46:53 | 00:46:50 |
| 34 | 141 | ZAPAŁA BOGDAN | POL | AMATOR - NIEZRZESZONY | SULECHÓW | 70 | M40/34 | | 00:47:21 | 00:47:20 |
| 35 | 81 | STARCZEWSKI KRZYSZTOF | POL | MORSY LUBRZA | SWIEBODZIN | 71 | M40/35 | MPS/56 | 00:47:23 | 00:47:17 |
| 36 | 219 | ŻYŻA MIROSŁAW | POL | BBL ŚWIEBODZIN/ŚWIEBODZIŃSKA | ŚWIEBODZIN | 71 | M40/36 | MPS/59 | 00:48:04 | 00:47:58 |
| 37 | 191 | CZYŻ PAWEŁ | POL | | ŚWIEBODZIN | 75 | M40/37 | MPS/72 | 00:50:09 | 00:50:04 |
| 38 | 212 | SZCZUCIŃSKI PRZEMYSŁAW | POL | GORZOWSKIE BIEGANIE | GORZÓW WLKP. | 74 | M40/38 | | 00:51:00 | 00:50:56 |
| 39 | 66 | POPŁAWSKI JACEK | POL | ADIANT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 76 | M40/39 | MPS/88 | 00:52:00 | 00:51:58 |
| 40 | 67 | PRAŁAT DANIEL | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 77 | M40/40 | MPS/93 | 00:52:52 | 00:52:38 |
| 41 | 60 | OBUCHOWSKI PIOTR | POL | | ŚWIEBODZIN | 77 | M40/41 | MPS/97 | 00:53:14 | 00:53:13 |
| 42 | 196 | KLUCZYŃSKI KRZYSZTOF | POL | AKTYWNY KALSK | KALSK | 73 | M40/42 | | 00:55:09 | 00:55:01 |
| 43 | 115 | ROSZYK ADAM | POL | ADIANT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 75 | M40/43 | | 00:55:13 | 00:55:06 |
| 44 | 114 | MIĄC JAROSŁAW | POL | ADIANT POLAND ŚWIEBODZIN | ŁĄKIE | 73 | M40/44 | MPS/110 | 00:55:50 | 00:55:43 |
| 45 | 7 | BAZEL MICHAŁ | POL | | ŚWIEBODZIN | 77 | M40/45 | MPS/118 | 00:57:40 | 00:57:27 |
| 46 | 117 | SZULC MACIEJ | POL | ADIANT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 77 | M40/46 | MPS/121 | 00:58:41 | 00:58:28 |
| 47 | 37 | KUCHARSKI PIOTR | POL | AMATOR - NIEZRZESZONY | DESZCZNO | 69 | M40/47 | | 00:59:02 | 00:58:52 |

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-----------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|
| 48 | 184 | SZPILMAN TOMASZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 73 | M40/48 | MPS/125 | 01:00:33 | 01:00:27 |
| 49 | 85 | SZYLKO TOMASZ | POL | BROWAR ŚWIEBODZIN | KIEŁCZE | 76 | M40/49 | MPS/136 | 01:08:11 | 01:08:02 |

ŚWIEBODZIŃSKA DZIESIĄTKA

WYNIKI ZAWODÓW

M50: 50 - 59 lat

Organizator: Klub Sportowy HEROSI

Termin: 23.09.2017

Miejsce: Świebodzin

Dystans: 10 km

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-----------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|
| 1 | 272 | EIRYS DARIUSZ | POL | | NOWA SÓL | 66 | M50/1 | | 00:40:54 | 00:40:52 |
| 2 | 56 | NOWAKOWSKI BOGDAN | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 67 | M50/2 | MPS/24 | 00:41:46 | 00:41:45 |
| 3 | 283 | OPŁATKOWSKI ZBIGNIEW | POL | KDR-JENINN | JENIN | 63 | M50/3 | | 00:42:56 | 00:42:54 |
| 4 | 230 | PAWLAK BOGUSŁAW | POL | POSTOMIA KOŁCZYN-SULĘCIN | KOŁCZYN | 67 | M50/4 | | 00:44:51 | 00:44:49 |
| 5 | 165 | LEWANDOWSKI LESZEK | POL | | MYŚLIBÓRZ | 63 | M50/5 | | 00:45:52 | 00:45:50 |
| 6 | 159 | SZUMSKI ZBIGNIEW | POL | | ŚWIEBODZIN | 64 | M50/6 | MPS/65 | 00:49:15 | 00:49:07 |
| 7 | 139 | SIDOROWICZ IRENEUSZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 64 | M50/7 | MPS/67 | 00:49:45 | 00:49:38 |
| 8 | 118 | ŚWIGŁO HENRYK | POL | ADIENT POLAND | ŚWIEBODZIN | 60 | M50/8 | MPS/75 | 00:50:31 | 00:50:18 |
| 9 | 41 | LIS DARIUSZ | POL | | ŚWIEBODZIN | 65 | M50/9 | MPS/76 | 00:50:39 | 00:50:37 |
| 10 | 242 | TERPIŁOWSKI ŁUCJAN | POL | | GORZÓW WLKP | 58 | M50/10 | | 00:51:00 | 00:50:56 |
| 11 | 284 | PĘDOWSKI ANDRZEJ | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 62 | M50/11 | MPS/82 | 00:51:07 | 00:50:59 |
| 12 | 69 | PYTA GRZEGORZ | POL | BEZ KLUBU | GRODZISK WLKP. | 60 | M50/12 | | 00:52:44 | 00:52:36 |
| 13 | 257 | SZUKALSKI ARTUR | POL | | ZBĄSZYNEK | 64 | M50/13 | MPS/101 | 00:53:43 | 00:53:35 |
| 14 | 243 | TOPOLNICKI EUGENIUSZ | POL | | ZIELONA GÓRA | 59 | M50/14 | | 00:54:20 | 00:54:14 |
| 15 | 120 | CZEPUKOWICZ MIECZYŚLAW | POL | | ŚWIEBODZIN | 60 | M50/15 | MPS/114 | 00:55:59 | 00:55:49 |

ŚWIEBODZIŃSKA DZIESIĄTKA

WYNIKI ZAWODÓW

M60: 60 - 69 lat

Organizator: Klub Sportowy HEROSI

Termin: 23.09.2017

Miejsce: Świebodzin

Dystans: 10 km

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> |
|-------------------------|-------------------|---------------------------------|----------------------|--------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|
| 1 | 158 | STAWNICZY WIESŁAW | POL | SENIOR 53 | GŁOGÓW | 53 | M60/1 | | 00:40:42 | 00:40:41 |
| 2 | 287 | PUSZKIEL LESZEK | POL | GREEN TEAM | ZIELONA GÓRA | 57 | M60/2 | | 00:43:12 | 00:43:11 |
| 3 | 286 | PUKLIŃSKI KAROL | POL | | GORZÓW | 53 | M60/3 | | 00:44:02 | 00:44:00 |
| 4 | 201 | MĄDRZAK BOGUMIŁ | POL | KOSMOS 78 RUDNICA | RUDNICA | 54 | M60/4 | | 00:45:11 | 00:45:08 |
| 5 | 190 | CZARNECKI JERZY | POL | BRACTWO BIEGACZY ZIELONA | ZIELONA GÓRA | 57 | M60/5 | | 00:46:31 | 00:46:27 |
| 6 | 227 | LUTKA JAN | POL | | KROSNO | 57 | M60/6 | | 00:48:16 | 00:48:15 |
| 7 | 143 | ZAWADZKI KRZYSZTOF | POL | WETERAN | ZIELONA GÓRA | 56 | M60/7 | | 00:50:35 | 00:50:23 |
| 8 | 172 | ZAJDEL WIESŁAW | POL | ŚWIEBODZIŃSKA GRUPA | ŚWIEBODZIN | 55 | M60/8 | MPS/90 | 00:52:33 | 00:52:23 |
| 9 | 12 | BRZEZIŃSKI BOLESŁAW | POL | BRACTWO BIEGACZY ZIELONA | CZERWIEŃSK | 44 | M60/9 | | 00:52:36 | 00:52:24 |
| 10 | 63 | PANYŁO MIECZYŚLAW | POL | | KĘPSKO | 47 | M60/10 | MPS/96 | 00:53:13 | 00:53:04 |
| 11 | 205 | PATERCZYK WOJCIECH | POL | ANIGER REGINA PATERCZYK | POZNAŃ | 52 | M60/11 | | 00:58:23 | 00:58:09 |
| 12 | 13 | BYKOWSKI BOGDAN | POL | BRACTWO BIEGACZY ZIELONA | ZIELONA GORA | 49 | M60/12 | | 00:59:24 | 00:59:13 |
| 13 | 300 | CZOP JAN | POL | BKB BAKCYL | BABIMOST | 39 | M60/13 | | 01:05:34 | 01:05:22 |
| 14 | 140 | STASIŃSKI STANISŁAW | POL | KB MANIAC POZNAŃ | POZNAŃ | 44 | M60/14 | | 01:06:49 | 01:06:38 |

ŚWIEBODZIŃSKA DZIESIĄTKA

WYNIKI ZAWODÓW

K20: 16 - 29 lat

Organizator: Klub Sportowy HEROSI

Termin: 23.09.2017

Miejsce: Świebodzin

Dystans: 10 km

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-----------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|
| 1 | 130 | GUZIK OLA | POL | MRÓWKA ŚWIEBODZIN | ŚLUBICE | 94 | K20/1 | | 00:42:31 | 00:42:26 |
| 2 | 185 | WALIGÓRSKA SYLWIA | POL | | GLIŃSK | 93 | K20/2 | MPS/55 | 00:47:18 | 00:47:16 |
| 3 | 167 | SEKOWSKA AGATA | POL | | ZIELONA GÓRA | 88 | K20/3 | | 00:48:54 | 00:48:47 |
| 4 | 211 | STRZELECKA MARLENA | POL | | BRÓJCE | 93 | K20/4 | | 00:49:04 | 00:49:01 |
| 5 | 163 | KOZUBSKA JOANNA | POL | AMATOR - NIEZRZESZONY | KARGOWA | 94 | K20/5 | | 00:49:11 | 00:49:05 |
| 6 | 259 | BAZALIŃSKA ANDŻELIKA | POL | JEDZ I TRENUJ KM SPORT TEAM | ŚWIEBODZIN | 90 | K20/6 | MPS/73 | 00:50:20 | 00:50:17 |
| 7 | 254 | SIEWRUK DARIA | POL | | ŚWIEBODZIN | 93 | K20/7 | MPS/80 | 00:51:00 | 00:50:51 |
| 8 | 290 | SIWEK EDYTA | POL | | MIĘDZYRZECZ | 92 | K20/8 | | 00:54:05 | 00:54:01 |
| 9 | 226 | KASIK PATRYCJA | POL | | SWIEBODZIN | 88 | K20/9 | | 00:54:47 | 00:54:40 |
| 10 | 294 | DEPTUCH ALEKSANDRA | POL | | SULĘCIN | 93 | K20/10 | | 00:56:47 | 00:56:37 |
| 11 | 108 | BANASZAK AGATA | POL | ADIANT POLAND ŚWIEBODZIN | NIEKARZYN | 88 | K20/11 | MPS/119 | 00:58:23 | 00:58:22 |
| 12 | 249 | KUCHARSKA KINGA | POL | | GLINIK GM. | 95 | K20/12 | | 00:59:03 | 00:58:53 |
| 13 | 315 | CAL ALEKSANDRA | POL | CALTEAM | ŚWIEBODZIN | 95 | K20/13 | MPS/124 | 01:00:22 | 01:00:12 |
| 14 | 150 | JAKUBOWSKA ANNA | POL | | ŚWIEBODZIN | 89 | K20/14 | | 01:03:22 | 01:03:12 |
| 15 | 255 | STELMASZYK MONIKA | POL | NIEZRZESZONA | ŚWIEBODZIN | 90 | K20/15 | MPS/137 | 01:10:36 | 01:10:30 |

ŚWIEBODZIŃSKA DZIESIĄTKA

WYNIKI ZAWODÓW

K30: 30 - 39 lat

Organizator: Klub Sportowy HEROSI

Termin: 23.09.2017

Miejsce: Świebodzin

Dystans: 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|-----------------------|-----------|-----------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 1 | 235 | SIEMIATOWSKA ELŻBIETA | POL | | ŚWIEBODZIN | 85 | K30/1 | MPS/26 | 00:41:47 | 00:41:47 |
| 2 | 187 | BAŁENKOWSKA ELWIRA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | K30/2 | MPS/35 | 00:43:44 | 00:43:41 |
| 3 | 93 | UCHMAN-GOLIK JOANNA | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 82 | K30/3 | MPS/40 | 00:44:07 | 00:44:03 |
| 4 | 52 | MISTRZAK ANIA | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 80 | K30/4 | MPS/63 | 00:48:40 | 00:48:35 |
| 5 | 271 | BOCZKOWSKA MAŁGORZATA | POL | BBL ŚWIEBODZIN | NOWY DWOREK | 79 | K30/5 | MPS/70 | 00:50:03 | 00:49:52 |
| 6 | 29 | JELENIOWSKA BARBARA | POL | | GORZÓW WLKP | 81 | K30/6 | | 00:52:06 | 00:52:02 |
| 7 | 215 | WALCZAK ANNA | POL | SGB | SULECHÓW | 80 | K30/7 | | 00:52:29 | 00:52:21 |
| 8 | 127 | FRAĆKIEWICZ WERONIKA | POL | | ŚWIEBODZIN | 85 | K30/8 | MPS/92 | 00:52:37 | 00:52:31 |
| 9 | 100 | WRÓBEL MARZENA | POL | BEZ KLUBU | PSZCZEW | 80 | K30/9 | | 00:52:43 | 00:52:35 |
| 10 | 125 | CHODKIEWICZ KATARZYNA | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 83 | K30/10 | MPS/103 | 00:54:43 | 00:54:36 |
| 11 | 312 | SZTEGNER BARBARA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 78 | K30/11 | MPS/104 | 00:54:52 | 00:54:52 |
| 12 | 317 | BEZAK EWELINA | POL | | WILKOWO | 85 | K30/12 | MPS/106 | 00:55:21 | 00:55:18 |
| 13 | 269 | BESEROWICZ ADRIANA | POL | | ŁAGÓW | 82 | K30/13 | MPS/107 | 00:55:26 | 00:55:20 |
| 14 | 16 | CHAMERA KAROLINA | POL | RECARO AIRCRAFT SEATING | ŚWIEBODZIN | 81 | K30/14 | MPS/108 | 00:55:39 | 00:55:30 |
| 15 | 126 | CYGAŃSKA KAROLINA | POL | | ŚWIEBODZIN | 85 | K30/15 | MPS/112 | 00:55:59 | 00:55:51 |
| 16 | 4 | KOCZAN TERESA | POL | KLUB AMFIT | ŚWIEBODZIN | 82 | K30/16 | | 00:56:01 | 00:55:54 |
| 17 | 270 | BŁAWUCIAK AGNIESZKA | POL | | KOŚCIAN | 85 | K30/17 | | 00:56:02 | 00:56:00 |
| 18 | 197 | KREJA ANNA | POL | ZGZB | ZIELONA GÓRA | 83 | K30/18 | | 00:57:12 | 00:57:10 |
| 19 | 27 | HAŃCZYK AGNIESZKA | POL | | BABIMOST | 81 | K30/19 | | 00:57:43 | 00:57:33 |
| 20 | 276 | JĘDRKOWIAK ALEKSANDRA | POL | | ZBĄSZYNEK | 83 | K30/20 | | 00:57:51 | 00:57:38 |
| 21 | 182 | RADZIEWICZ ANNA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 85 | K30/21 | | 00:58:28 | 00:58:17 |
| 22 | 274 | FONTOWICZ MONIKA | POL | JEDZ I TRENUJ KM SPORT TEAM | ŚWIEBODZIN | 81 | K30/22 | MPS/120 | 00:58:41 | 00:58:27 |
| 23 | 22 | GIZIŃSKA KATARZYNA | POL | | ŚWIEBODZIN | 83 | K30/23 | MPS/122 | 00:58:54 | 00:58:44 |
| 24 | 250 | KUDLAK KATARZYNA | POL | | ŚWIEBODZIN | 87 | K30/24 | MPS/126 | 01:00:38 | 01:00:28 |
| 25 | 55 | NIWALD IWONA | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 87 | K30/25 | MPS/130 | 01:02:53 | 01:02:51 |
| 26 | 252 | PERON ANITA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 87 | K30/26 | MPS/131 | 01:03:01 | 01:02:54 |
| 27 | 101 | ZAHN IWONA | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 80 | K30/27 | MPS/134 | 01:05:38 | 01:05:31 |
| 28 | 32 | KORYTEK JUSTYNA | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 80 | K30/28 | MPS/135 | 01:05:38 | 01:05:31 |

ŚWIEBODZIŃSKA DZIESIĄTKA

WYNIKI ZAWODÓW

K40: 40 - 49 lat

Organizator: Klub Sportowy HEROSI

Termin: 23.09.2017

Miejsce: Świebodzin

Dystans: 10 km

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> |
|---------------------|---------------|-----------------------------|------------------|-----------------------------|-------------------------|----------------|---------------------------|--------------------|--------------------|--------------------|
| 1 | 98 | WOCH AGNIESZKA | POL | BRACTWO BIEGACZY ZIELONA | ZIELONA GÓRA | 73 | K40/1 | | 00:43:52 | 00:43:51 |
| 2 | 124 | BORKOWSKA BOŻENA | POL | SULMA SULECHÓW | SULECHÓW | 68 | K40/2 | | 00:44:20 | 00:44:17 |
| 3 | 236 | SZAR ANETA | POL | | DĘBNO | 77 | K40/3 | | 00:48:22 | 00:48:18 |
| 4 | 82 | STARCZEWSKA IZABELA | POL | MORSY LUBRZA | ŚWIEBODZIN | 70 | K40/4 | MPS/71 | 00:50:04 | 00:49:59 |
| 5 | 296 | NOWICKA ANNA | POL | | NOWA SÓL | 68 | K40/5 | | 00:51:15 | 00:51:11 |
| 6 | 40 | LATOS JOANNA | POL | | ZIELONA GÓRA | 73 | K40/6 | | 00:52:58 | 00:52:50 |
| 7 | 62 | PANYŁO MAŁGORZATA | POL | | KĘPSKO | 76 | K40/7 | MPS/95 | 00:53:13 | 00:53:04 |
| 8 | 181 | LIERA JÓZEFA | POL | | ŚWIEBODZIN | 76 | K40/8 | MPS/100 | 00:53:29 | 00:53:24 |
| 9 | 305 | OFFMAN ANETA | POL | | SULECIN | 71 | K40/9 | | 00:54:44 | 00:54:32 |
| 10 | 178 | HOPPEN-ANYSZKO ALICJA | POL | NIEZRZESZONA | ŚWIEBODZIN | 68 | K40/10 | MPS/113 | 00:55:59 | 00:55:52 |
| 11 | 176 | GRACZ ANNA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 77 | K40/11 | MPS/116 | 00:56:33 | 00:56:26 |
| 12 | 309 | WAŁECKA AGNIESZKA | POL | SUPEKOM TEAM | SULECHÓW | 74 | K40/12 | | 00:57:25 | 00:57:17 |
| 13 | 221 | CZARNECKA ANETTA | POL | | ZIELONA GÓRA | 72 | K40/13 | | 00:57:44 | 00:57:40 |
| 14 | 266 | ROLLA MAGDALENA | POL | | WARZYMICE | 76 | K40/14 | | 00:59:19 | 00:59:12 |
| 15 | 199 | KURYŚ AGNIESZKA | POL | | TRZCIEL | 76 | K40/15 | | 01:01:35 | 01:01:22 |
| 16 | 111 | DREWICZ IWONA | POL | ADIENT POLAND | ŚWIEBODZIN | 76 | K40/16 | MPS/128 | 01:02:05 | 01:01:54 |
| 17 | 320 | KŁĘBUCKA AGNIESZKA | POL | ARMSTRONG | ŚWIEBODZIN | 76 | K40/17 | MPS/132 | 01:03:02 | 01:02:54 |
| 18 | 228 | MACKOWIAK WLADYSLAWA | GER | | BERLIN | 68 | K40/18 | | 01:03:38 | 01:03:29 |

ŚWIEBODZIŃSKA DZIESIĄTKA

WYNIKI ZAWODÓW

K50: 50 lat i więcej

Organizator: Klub Sportowy HEROSI

Termin: 23.09.2017

Miejsce: Świebodzin

Dystans: 10 km

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i> | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|
| 1 | 302 | BOCZAR BEATA | POL | GREEN TEAM | ZIELONA GÓRA | 65 | K50/1 | | 00:56:43 | 00:56:42 |

ŚWIEBODZIŃSKA DZIESIĄTKA

WYNIKI ZAWODÓW

Mieszkańcy Powiatu Swiebodzin

Organizator: Klub Sportowy HEROSI

Termin: 23.09.2017

Miejsce: Świebodzin

Dystans: 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|------------------------|-----------|--------------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 1 | 1 | KOWALCZUK ŁUKASZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | M30/2 | MPS/1 | 00:35:35 | 00:35:34 |
| 2 | 26 | HAJDUKIEWICZ RAFAŁ | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 88 | M20/3 | MPS/2 | 00:36:32 | 00:36:32 |
| 3 | 21 | GAŚSIOR MARCIN | POL | LO ŚWIEBODZIN TEAM | GLIŃSK | 99 | M20/4 | MPS/3 | 00:37:05 | 00:37:03 |
| 4 | 87 | ŚLIWCZYŃSKI DAMIAN | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 84 | M30/4 | MPS/4 | 00:37:59 | 00:37:59 |
| 5 | 70 | ROKICKI MARCIN | POL | ADIENT POLAND | ŚWIEBODZIN | 86 | M30/5 | MPS/5 | 00:38:36 | 00:38:36 |
| 6 | 129 | GERC JAROSŁAW | POL | | ŚWIEBODZIN | 82 | M30/6 | MPS/6 | 00:38:45 | 00:38:44 |
| 7 | 135 | MAKOWSKI MICHAŁ | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 95 | M20/5 | MPS/7 | 00:39:09 | 00:39:09 |
| 8 | 89 | ŚWIERSKI PRZEMYSŁAW | POL | ULTRA DIABŁY TEAM LUBRZA | ŚWIEBODZIN | 77 | M40/6 | MPS/8 | 00:39:30 | 00:39:29 |
| 9 | 229 | NOWORYTA RADOSŁAW | POL | ULTRA DIABŁY TEAM LUBRZA | NOWA WIOSKA | 75 | M40/9 | MPS/9 | 00:39:49 | 00:39:48 |
| 10 | 232 | PRÜFER PAWEŁ | POL | | KOSIECZYN | 72 | M40/10 | MPS/10 | 00:39:55 | 00:39:54 |
| 11 | 78 | SŁOWIKOWSKI DANIEL | POL | | ŚWIEBODZIN | 76 | M40/11 | MPS/11 | 00:40:11 | 00:40:09 |
| 12 | 316 | JUSZKIEWICZ TOMASZ | POL | | ŚWIEBODZIN | 77 | M40/12 | MPS/12 | 00:40:17 | 00:40:17 |
| 13 | 318 | KALISZAK JAKUB | POL | | SZCZANIEC | 00 | M20/8 | MPS/13 | 00:40:24 | 00:40:14 |
| 14 | 295 | LECH JACEK | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 78 | M30/10 | MPS/14 | 00:40:41 | 00:40:39 |
| 15 | 106 | ZYWERT MATEUSZ | POL | ADIENT POLAND | ŚWIEBODZIN | 87 | M30/11 | MPS/15 | 00:40:47 | 00:40:46 |
| 16 | 24 | GRABOWY PAWEŁ | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 99 | M20/9 | MPS/16 | 00:40:53 | 00:40:48 |
| 17 | 264 | GIECOLD MARIUSZ | POL | SP NR 3 ŚWIEBODZIN | LUBRZA | 82 | M30/12 | MPS/17 | 00:40:53 | 00:40:52 |
| 18 | 95 | WESSELI SŁAWOMIR | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 80 | M30/13 | MPS/18 | 00:40:58 | 00:40:57 |
| 19 | 50 | MILESZKO WOJCIECH | POL | ADIENT POLAND | ŚWIEBODZIN | 88 | M20/10 | MPS/19 | 00:41:03 | 00:41:02 |
| 20 | 99 | WOJCIECHOWSKI MATEUSZ | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 86 | M30/14 | MPS/20 | 00:41:13 | 00:41:10 |
| 21 | 76 | SADOWSKI MICHAŁ | POL | | ŚWIEBODZIN | 88 | M20/11 | MPS/21 | 00:41:16 | 00:41:14 |
| 22 | 116 | SITEK DAWID | POL | ADIENT POLAND | ŚWIEBODZIN | 84 | M30/16 | MPS/22 | 00:41:29 | 00:41:29 |
| 23 | 144 | ZUREK GRZEGORZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 89 | M20/12 | MPS/23 | 00:41:44 | 00:41:43 |
| 24 | 56 | NOWAKOWSKI BOGDAN | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 67 | M50/2 | MPS/24 | 00:41:46 | 00:41:45 |
| 25 | 173 | ANYSZKO GRZEGORZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 69 | M40/16 | MPS/25 | 00:41:46 | 00:41:44 |
| 26 | 235 | SIEMIATOWSKA ELŻBIETA | POL | | ŚWIEBODZIN | 85 | K30/1 | MPS/26 | 00:41:47 | 00:41:47 |
| 27 | 171 | SZARAPANOWSKI DAMIAN | POL | ULTRA DIABŁY TEAM LUBRZA | NOWA WIOSKA | 78 | M30/19 | MPS/27 | 00:42:18 | 00:42:16 |
| 28 | 20 | GALEK WOJCIECH | POL | ADIENT POLAND | ŚWIEBODZIN | 90 | M20/17 | MPS/28 | 00:42:26 | 00:42:24 |
| 29 | 313 | MATZ KACPER | POL | JEDZ I TRENUJ DAMIAN MARCINIAK | ŚWIEBODZIN | 00 | M20/18 | MPS/29 | 00:42:34 | 00:42:25 |
| 30 | 91 | TRUDZIŃSKI NORBERT | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 74 | M40/18 | MPS/30 | 00:43:12 | 00:43:09 |
| 31 | 36 | KRZESIŃSKI RADOSŁAW | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 77 | M40/19 | MPS/31 | 00:43:33 | 00:43:32 |
| 32 | 186 | ANTOŃCZAK KRZYSZTOF | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 68 | M40/20 | MPS/32 | 00:43:35 | 00:43:33 |
| 33 | 10 | BOCZKOWSKI JAROSŁAW | POL | RECARO AIRCRAFT SEATING | ŚWIEBODZIN | 73 | M40/21 | MPS/33 | 00:43:36 | 00:43:28 |
| 34 | 216 | ZAJĄCZKOWSKI MAREK | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 83 | M30/20 | MPS/34 | 00:43:42 | 00:43:31 |
| 35 | 187 | BAŁENKOWSKA ELWIRA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | K30/2 | MPS/35 | 00:43:44 | 00:43:41 |
| 36 | 224 | GAŹDZICKI BARTOSZ | POL | BEZ KLUBU | SMARTZEWO | 95 | M20/19 | MPS/36 | 00:43:56 | 00:43:56 |
| 37 | 275 | HŁADKI KONRAD | POL | STUDIODREM.PL | ŚWIEBODZIN | 85 | M30/21 | MPS/37 | 00:43:57 | 00:43:57 |
| 38 | 14 | CAL PIOTR | POL | KICO POLSKA | ŚWIEBODZIN | 69 | M40/22 | MPS/38 | 00:43:57 | 00:43:51 |
| 39 | 248 | JASTRZĘBSKI ŁUKASZ | POL | | LUBINICKO | 78 | M30/22 | MPS/39 | 00:44:06 | 00:44:03 |
| 40 | 93 | UCHMAN-GOLIK JOANNA | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 82 | K30/3 | MPS/40 | 00:44:07 | 00:44:03 |
| 41 | 188 | BAŁENKOWSKI MARCIN | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | M30/23 | MPS/41 | 00:44:15 | 00:44:12 |
| 42 | 241 | ŚWIETLIK PIOTR | POL | | OŁOBOK | 01 | M20/23 | MPS/42 | 00:44:43 | 00:44:42 |
| 43 | 161 | AMBROŻUK SŁAWOMIR | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 88 | M20/24 | MPS/43 | 00:44:54 | 00:44:48 |
| 44 | 166 | LIS DAMIAN | POL | ISKRA ŁĄGÓW | ŻELECHÓW | 99 | M20/27 | MPS/44 | 00:45:18 | 00:45:17 |
| 45 | 310 | BARCZYK MACIEJ | POL | | ŚWIEBODZIN | 84 | M30/25 | MPS/45 | 00:45:32 | 00:45:24 |
| 46 | 209 | SKRZYPKOWSKI SEBASTIAN | POL | NIEZRZESZONY | ŚWIEBODZIN | 77 | M40/30 | MPS/46 | 00:45:34 | 00:45:33 |
| 47 | 153 | KAROLAK MAREK | POL | | OŁOBOK | 79 | M30/26 | MPS/47 | 00:45:40 | 00:45:31 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|-------------------------|-----------|------------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 48 | 192 | DOLATOWSKI MAREK | POL | | ŚWIEBODZIN | 87 | M30/29 | MPS/48 | 00:45:52 | 00:45:44 |
| 49 | 223 | FILAR DARIUSZ | POL | NIEZRZESZONY | NIESULICE | 79 | M30/30 | MPS/49 | 00:45:59 | 00:45:57 |
| 50 | 292 | ŻYTKIEWICZ JACEK | POL | BEZ KLUBU | ŚWIEBODZIN | 68 | M40/32 | MPS/50 | 00:46:35 | 00:46:23 |
| 51 | 58 | NOWAK PIOTR | POL | KALINOWE POLA | ŚWIEBODZIN | 77 | M40/33 | MPS/51 | 00:46:53 | 00:46:50 |
| 52 | 234 | PUSZKIEL ADRIAN | POL | GREEN TEAM ZIELONA GÓRA | SKĄPE | 89 | M20/29 | MPS/52 | 00:46:54 | 00:46:54 |
| 53 | 119 | BAGIŃSKI GRZEGORZ | POL | | ŚWIEBODZIN | 90 | M20/30 | MPS/53 | 00:46:55 | 00:46:53 |
| 54 | 308 | USAkowski NORBERT | POL | LO ŚWIEBODZIN TEAM | ŚWIEBODZIN | 99 | M20/31 | MPS/54 | 00:46:58 | 00:46:58 |
| 55 | 185 | WALIGÓRSKA SYLWIA | POL | | GLIŃSK | 93 | K20/2 | MPS/55 | 00:47:18 | 00:47:16 |
| 56 | 81 | STARCZEWSKI KRZYSZTOF | POL | MORSY LUBRZA | ŚWIEBODZIN | 71 | M40/35 | MPS/56 | 00:47:23 | 00:47:17 |
| 57 | 122 | BEZAK WOJCIECH | POL | MRÓWKA ŚWIEBODZIN | LUBRZA | 93 | M20/32 | MPS/57 | 00:47:53 | 00:47:48 |
| 58 | 253 | SIEREWICZ ZBIGNIEW | POL | BEZ KLUBU | ŚWIEBODZIN | 83 | M30/35 | MPS/58 | 00:47:58 | 00:47:49 |
| 59 | 219 | ŻYŻA MIROSLAW | POL | BBL ŚWIEBODZIN/ŚWIEBODZIŃSKA | ŚWIEBODZIN | 71 | M40/36 | MPS/59 | 00:48:04 | 00:47:58 |
| 60 | 107 | ŻUREK ŁUKASZ | POL | | ŚWIEBODZIN | 91 | M20/33 | MPS/60 | 00:48:27 | 00:48:22 |
| 61 | 131 | KREKORA DOMINIK | POL | | ŚWIEBODZIN | 94 | M20/34 | MPS/61 | 00:48:31 | 00:48:20 |
| 62 | 33 | KORYTEK PIOTR | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 79 | M30/39 | MPS/62 | 00:48:38 | 00:48:33 |
| 63 | 52 | MISTRZAK ANIA | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 80 | K30/4 | MPS/63 | 00:48:40 | 00:48:35 |
| 64 | 61 | OLESEK NORBERT | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 82 | M30/40 | MPS/64 | 00:48:55 | 00:48:46 |
| 65 | 159 | SZUMSKI ZBIGNIEW | POL | | ŚWIEBODZIN | 64 | M50/6 | MPS/65 | 00:49:15 | 00:49:07 |
| 66 | 28 | JASIŃSKI ŁUKASZ | POL | | ŚWIEBODZIN | 82 | M30/42 | MPS/66 | 00:49:21 | 00:49:15 |
| 67 | 139 | SIDOROWICZ IRENEUSZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 64 | M50/7 | MPS/67 | 00:49:45 | 00:49:38 |
| 68 | 279 | LIPKA MARCIN | POL | | ŚWIEBODZIN | 96 | M20/35 | MPS/68 | 00:49:51 | 00:49:45 |
| 69 | 289 | SADOWSKI KAMIL | POL | COMPUTEC TEAM | ŚWIEBODZIN | 82 | M30/46 | MPS/69 | 00:49:54 | 00:49:50 |
| 70 | 271 | BOCZKOWSKA MAŁGORZATA | POL | BBL ŚWIEBODZIN | NOWY DWOREK | 79 | K30/5 | MPS/70 | 00:50:03 | 00:49:52 |
| 71 | 82 | STARCZEWSKA IZABELA | POL | MORSY LUBRZA | ŚWIEBODZIN | 70 | K40/4 | MPS/71 | 00:50:04 | 00:49:59 |
| 72 | 191 | CZYŻ PAWEŁ | POL | | ŚWIEBODZIN | 75 | M40/37 | MPS/72 | 00:50:09 | 00:50:04 |
| 73 | 259 | BAZALIŃSKA ANDŻELIKA | POL | JEDZ I TRENUJ KM SPORT TEAM | ŚWIEBODZIN | 90 | K20/6 | MPS/73 | 00:50:20 | 00:50:17 |
| 74 | 123 | BŁASZYK JAKUB | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 87 | M30/47 | MPS/74 | 00:50:27 | 00:50:17 |
| 75 | 118 | ŚWIGŁO HENRYK | POL | ADIENT POLAND ŚWIEBODZIN | RAKÓW | 60 | M50/8 | MPS/75 | 00:50:31 | 00:50:18 |
| 76 | 41 | LIS DARIUSZ | POL | | ŚWIEBODZIN | 65 | M50/9 | MPS/76 | 00:50:39 | 00:50:37 |
| 77 | 225 | KACZKOWSKI DAMIAN | POL | | ŚWIEBODZIN | 80 | M30/48 | MPS/77 | 00:50:47 | 00:50:38 |
| 78 | 74 | ROŚLIK JAKUB | POL | | ŚWIEBODZIN | 87 | M30/49 | MPS/78 | 00:50:50 | 00:50:47 |
| 79 | 80 | STANKOWSKI RADOSŁAW | POL | | SKĄPE | 91 | M20/36 | MPS/79 | 00:50:59 | 00:50:48 |
| 80 | 254 | SIEWRUK DARIA | POL | | ŚWIEBODZIN | 93 | K20/7 | MPS/80 | 00:51:00 | 00:50:51 |
| 81 | 258 | WALKOWIAK ŁUKASZ | POL | | ŚWIEBODZIN | 81 | M30/50 | MPS/81 | 00:51:04 | 00:50:57 |
| 82 | 284 | PĘDOWSKI ANDRZEJ | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 62 | M50/11 | MPS/82 | 00:51:07 | 00:50:59 |
| 83 | 19 | FABIŚ MARCIN | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 78 | M30/51 | MPS/83 | 00:51:14 | 00:51:10 |
| 84 | 175 | GACEK ADAM | POL | BATMAN TEAM | ŚWIEBODZIN | 87 | M30/52 | MPS/84 | 00:51:26 | 00:51:14 |
| 85 | 49 | MIGACZ KRZYSZTOF | POL | COMPUTEC TEAM | ŚWIEBODZIN | 87 | M30/54 | MPS/85 | 00:51:42 | 00:51:40 |
| 86 | 18 | DZIEMIESZKIEWICZ PATRYK | POL | BROWAR ŚWIEBODZIN | ŚWIEBODZIN | 82 | M30/55 | MPS/86 | 00:51:43 | 00:51:35 |
| 87 | 180 | KUJAWSKI KRZYSZTOF | POL | | ŚWIEBODZIN | 78 | M30/56 | MPS/87 | 00:51:46 | 00:51:36 |
| 88 | 66 | POPŁAWSKI JACEK | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 76 | M40/39 | MPS/88 | 00:52:00 | 00:51:58 |
| 89 | 112 | KOBIERSKI MATEUSZ | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 93 | M20/38 | MPS/89 | 00:52:21 | 00:52:16 |
| 90 | 172 | ZAJDEL WIESŁAW | POL | ŚWIEBODZIŃSKA GRUPA | ŚWIEBODZIN | 55 | M60/8 | MPS/90 | 00:52:33 | 00:52:23 |
| 91 | 262 | ENGEL MICHAŁ | POL | COMPUTEC TEAM | ŚWIEBODZIN | 84 | M30/58 | MPS/91 | 00:52:36 | 00:52:34 |
| 92 | 127 | FRAŃKIEWICZ WERONIKA | POL | | ŚWIEBODZIN | 85 | K30/8 | MPS/92 | 00:52:37 | 00:52:31 |
| 93 | 67 | PRAŁAT DANIEL | POL | AMATOR - NIEZRZESZONY | ŚWIEBODZIN | 77 | M40/40 | MPS/93 | 00:52:52 | 00:52:38 |
| 94 | 8 | BAK ŁUKASZ | POL | LO ŚWIEBODZIN TEAM | ŚWIEBODZIN | 89 | M20/40 | MPS/94 | 00:53:10 | 00:53:08 |
| 95 | 62 | PANYŁO MAŁGORZATA | POL | | KĘPSKO | 76 | K40/7 | MPS/95 | 00:53:13 | 00:53:04 |
| 96 | 63 | PANYŁO MIECZYŚLAW | POL | | KĘPSKO | 47 | M60/10 | MPS/96 | 00:53:13 | 00:53:04 |
| 97 | 60 | OBUCHOWSKI PIOTR | POL | | ŚWIEBODZIN | 77 | M40/41 | MPS/97 | 00:53:14 | 00:53:13 |
| 98 | 23 | GOLIK BARTOSZ | POL | BBL ŚWIEBODZIN | ŚWIEBODZIN | 80 | M30/59 | MPS/98 | 00:53:16 | 00:53:10 |
| 99 | 103 | ZIELIŃSKI MICHAŁ | POL | RECARO AIRCRAFT SEATING | NOWA WODKA | 92 | M20/41 | MPS/99 | 00:53:19 | 00:53:11 |
| 100 | 181 | LIERA JÓZEFA | POL | | ŚWIEBODZIN | 76 | K40/8 | MPS/100 | 00:53:29 | 00:53:24 |
| 101 | 257 | SZUKALSKI ARTUR | POL | | ZBĄSZYNEK | 64 | M50/13 | MPS/101 | 00:53:43 | 00:53:35 |
| 102 | 278 | KASPRZAK TOMASZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 81 | M30/61 | MPS/102 | 00:54:27 | 00:54:14 |
| 103 | 125 | CHODKIEWICZ KATARZYNA | POL | KICO POLSKA ŚWIEBODZIN | ŚWIEBODZIN | 83 | K30/10 | MPS/103 | 00:54:43 | 00:54:36 |
| 104 | 312 | SZTEGNER BARBARA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 78 | K30/11 | MPS/104 | 00:54:52 | 00:54:52 |
| 105 | 42 | ŁUKASZEWICZ MAREK | POL | ADIENT POLAND ŚWIEBODZIN | ŚWIEBODZIN | 80 | M30/64 | MPS/105 | 00:55:13 | 00:55:06 |
| 106 | 317 | BEZAK EWELINA | POL | | WILKOWO | 85 | K30/12 | MPS/106 | 00:55:21 | 00:55:18 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|------------------------|-----------|-----------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 107 | 269 | BESEROWICZ ADRIANA | POL | | ŁAGÓW | 82 | K30/13 | MPS/107 | 00:55:26 | 00:55:20 |
| 108 | 16 | CHAMERA KAROLINA | POL | RECARO AIRCRAFT SEATING | ŚWIEBODZIN | 81 | K30/14 | MPS/108 | 00:55:39 | 00:55:30 |
| 109 | 251 | MIĄC ŁUKASZ | POL | | SKĄPE | 92 | M20/42 | MPS/109 | 00:55:50 | 00:55:43 |
| 110 | 114 | MIĄC JAROSŁAW | POL | ADIENT POLAND | ŚWIEBODZIN | 73 | M40/44 | MPS/110 | 00:55:50 | 00:55:43 |
| 111 | 204 | OSIŃSKI JACEK | POL | BEZ KLUBU | MYSZĘCIN | 81 | M30/67 | MPS/111 | 00:55:53 | 00:55:49 |
| 112 | 126 | CYGAŃSKA KAROLINA | POL | | ŚWIEBODZIN | 85 | K30/15 | MPS/112 | 00:55:59 | 00:55:51 |
| 113 | 178 | HOPPEN-ANYSZKO ALICJA | POL | NIEZRZESZONA | ŚWIEBODZIN | 68 | K40/10 | MPS/113 | 00:55:59 | 00:55:52 |
| 114 | 120 | CZEPUKOWICZ MIECZYŚLAW | POL | | ŚWIEBODZIN | 60 | M50/15 | MPS/114 | 00:55:59 | 00:55:49 |
| 115 | 179 | KOŁA JAKUB | POL | KICO POLSKA | ŚWIEBODZIN | 84 | M30/68 | MPS/115 | 00:56:15 | 00:56:08 |
| 116 | 176 | GRACZ ANNA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 77 | K40/11 | MPS/116 | 00:56:33 | 00:56:26 |
| 117 | 280 | MALIŃSKI MICHAŁ | POL | | ŚWIEBODZIN | 91 | M20/43 | MPS/117 | 00:57:30 | 00:57:20 |
| 118 | 7 | BAZEL MICHAŁ | POL | | ŚWIEBODZIN | 77 | M40/45 | MPS/118 | 00:57:40 | 00:57:27 |
| 119 | 108 | BANASZAK AGATA | POL | ADIENT POLAND | ŚWIEBODZIN | 88 | K20/11 | MPS/119 | 00:58:23 | 00:58:22 |
| 120 | 274 | FONTOWICZ MONIKA | POL | JEDZ I TRENUJ KM SPORT TEAM | ŚWIEBODZIN | 81 | K30/22 | MPS/120 | 00:58:41 | 00:58:27 |
| 121 | 117 | SZULC MACIEJ | POL | ADIENT POLAND | ŚWIEBODZIN | 77 | M40/46 | MPS/121 | 00:58:41 | 00:58:28 |
| 122 | 22 | GZIŃSKA KATARZYNA | POL | | ŚWIEBODZIN | 83 | K30/23 | MPS/122 | 00:58:54 | 00:58:44 |
| 123 | 9 | BIDERMAN JAROSŁAW | POL | RECARO AIRCRAFT SEATING | OŁOBOK | 78 | M30/70 | MPS/123 | 00:59:31 | 00:59:23 |
| 124 | 315 | CAL ALEKSANDRA | POL | CALTEAM | ŚWIEBODZIN | 95 | K20/13 | MPS/124 | 01:00:22 | 01:00:12 |
| 125 | 184 | SZPILMAN TOMASZ | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 73 | M40/48 | MPS/125 | 01:00:33 | 01:00:27 |
| 126 | 250 | KUDLAK KATARZYNA | POL | | ŚWIEBODZIN | 87 | K30/24 | MPS/126 | 01:00:38 | 01:00:28 |
| 127 | 246 | CHOWANIEC WOJCIECH | POL | | ŚWIEBODZIN | 88 | M20/45 | MPS/127 | 01:00:39 | 01:00:28 |
| 128 | 111 | DREWICZ IWONA | POL | ADIENT POLAND | ŚWIEBODZIN | 76 | K40/16 | MPS/128 | 01:02:05 | 01:01:54 |
| 129 | 121 | BAŁUK ZBIGNIEW | POL | KICO POLSKA | ŚWIEBODZIN | 83 | M30/71 | MPS/129 | 01:02:10 | 01:02:02 |
| 130 | 55 | NIWALD IWONA | POL | KICO POLSKA | ŚWIEBODZIN | 87 | K30/25 | MPS/130 | 01:02:53 | 01:02:51 |
| 131 | 252 | PERON ANITA | POL | ŚWIEBODZIŃSKA GRUPA BIEGOWA | ŚWIEBODZIN | 87 | K30/26 | MPS/131 | 01:03:01 | 01:02:54 |
| 132 | 320 | KŁĘBUCKA AGNIESZKA | POL | ARMSTRONG | ŚWIEBODZIN | 76 | K40/17 | MPS/132 | 01:03:02 | 01:02:54 |
| 133 | 75 | SABADASZ ARKADIUSZ | POL | KICO POLSKA | ŚWIEBODZIN | 78 | M30/72 | MPS/133 | 01:03:23 | 01:03:08 |
| 134 | 101 | ZAHN IWONA | POL | KICO POLSKA | ŚWIEBODZIN | 80 | K30/27 | MPS/134 | 01:05:38 | 01:05:31 |
| 135 | 32 | KORYTEK JUSTYNA | POL | KICO POLSKA | ŚWIEBODZIN | 80 | K30/28 | MPS/135 | 01:05:38 | 01:05:31 |
| 136 | 85 | SZYŁKO TOMASZ | POL | BROWAR | ŚWIEBODZIN | 76 | M40/49 | MPS/136 | 01:08:11 | 01:08:02 |
| 137 | 255 | STELMASZYK MONIKA | POL | NIEZRZESZONA | ŚWIEBODZIN | 90 | K20/15 | MPS/137 | 01:10:36 | 01:10:30 |