

# BIEG 7 MOSTÓW

## WYNIKI ZAWODÓW

### Open

Organizator: Ośrodek Sportu i Rekreacji w Łęknicy

Termin: 04.06.2016

Miejsce: Łęknica

Dystans: 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name     | Kraj Nat. | Drużyna Team             | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|--------------------------|-----------|--------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 1            | 48     | MAKOS KAMIL              | POL       | MAKOS                    | BOLESŁAWIEC      | 81      | M30/1              |             | 00:33:14    | 00:33:14    |
| 2            | 119    | DRACZYNSKI ADAM          | POL       | NOWOSOLSKA GRUPA BIEGOWA | NOWA SOL         | 76      | M40/1              |             | 00:33:21    | 00:33:20    |
| 3            | 118    | WIŚNIEWSKI KRZYSZTOF     | POL       |                          | BOLESŁAWIEC      | 82      | M30/2              |             | 00:34:05    | 00:34:04    |
| 4            | 71     | STADNIK JACEK            | POL       | MAŃKOWY TEAM             | KROSNO           | 91      | M16/1              |             | 00:35:11    | 00:35:09    |
| 5            | 121    | CZAŚTKA KAROL            | POL       | BBL ŻAGAŃ                | ŻAGAŃ            | 80      | M30/3              |             | 00:35:14    | 00:35:13    |
| 6            | 97     | WISZ MATEUSZ             | POL       | MLKS AGROS ŻARY          | ŻARY             | 96      | M16/2              |             | 00:35:52    | 00:35:51    |
| 7            | 41     | KWAPIŃSKI DARIUSZ        | POL       |                          | TRZEBIEL         | 81      | M30/4              |             | 00:36:22    | 00:36:21    |
| 8            | 87     | TOKAREK PRZEMYSŁAW       | POL       | GUBIN BIEGAMBOLUBIĘ      | GUBIN            | 82      | M30/5              |             | 00:36:53    | 00:36:52    |
| 9            | 113    | WALOSZCZYK BARTŁOMIEJ    | POL       | 10BKPANC                 | ŚWIĘTOSZÓW       | 73      | M40/2              |             | 00:37:25    | 00:37:23    |
| 10           | 123    | DRZYMAŁA GRZEGORZ        | POL       | PARKRUN ŻARY             | ŻARY             | 81      | M30/6              |             | 00:37:40    | 00:37:38    |
| 11           | 70     | SITNICKI MARIUSZ         | POL       |                          | ŻAGAŃ            | 77      | M30/7              |             | 00:38:02    | 00:38:01    |
| 12           | 11     | BIALIC RADOSŁAW          | POL       |                          | TOMASZOWO        | 77      | M30/8              |             | 00:38:12    | 00:38:09    |
| 13           | 133    | SIWIK DARIUSZ            | POL       | DRUŻYNA CHROBREGO        | SZPROTAWA        | 72      | M40/3              |             | 00:38:52    | 00:38:50    |
| 14           | 101    | ZAKRZEWSKI ADAM          | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 79      | M30/9              |             | 00:38:52    | 00:38:51    |
| 15           | 37     | KRZEMIŃSKI TOMASZ        | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 73      | M40/4              |             | 00:39:05    | 00:39:03    |
| 16           | 25     | JAMROZIK JAKUB           | POL       | PARKRUN & PROMIEŃ ŻARY   | ŻARY             | 97      | M16/3              |             | 00:39:26    | 00:39:24    |
| 17           | 73     | STARŻYK PAWEŁ            | POL       | RUNSTARS                 | ŁĘKNICA          | 79      | M30/10             | MŁ/1        | 00:39:54    | 00:39:53    |
| 18           | 30     | KIERZEK JACEK            | POL       |                          | WILKANOWO        | 97      | M16/4              |             | 00:39:55    | 00:39:54    |
| 19           | 81     | SZLACHCIKOWSKI ARKADIUSZ | POL       | DRUŻYNA CHROBREGO        | SZPROTAWA        | 85      | M30/11             |             | 00:40:42    | 00:40:41    |
| 20           | 96     | WELKE STANISŁAW          | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 71      | M40/5              |             | 00:40:44    | 00:40:42    |
| 21           | 141    | SENDZIAK DANIEL          | POL       | PARKRUN ŻARY             | ŻARY             | 75      | M40/6              |             | 00:41:44    | 00:41:42    |
| 22           | 95     | WELKE SEBASTIAN          | POL       |                          | ŻARY             | 92      | M16/5              |             | 00:42:10    | 00:42:08    |
| 23           | 82     | SZOMBIERSKI ROBERT       | POL       | 10BKPANC                 | LUBSKO           | 84      | M30/12             |             | 00:42:25    | 00:42:23    |
| 24           | 68     | SAMOTYJA PAWEŁ           | POL       | NOWOSOLSKA GRUPA BIEGOWA | MODRZYCA         | 76      | M40/7              |             | 00:42:28    | 00:42:26    |
| 25           | 90     | WALEWINDER KAZIMIERZ     | POL       |                          | ŻARY             | 62      | M50/1              |             | 00:42:41    | 00:42:40    |
| 26           | 135    | KOWCZYK ŁUKASZ           | POL       | DRUŻYNA CHROBREGO        | SZPROTAWA        | 77      | M30/13             |             | 00:42:51    | 00:42:49    |
| 27           | 29     | KAPŁON KRZYSZTOF         | POL       |                          | ŁOZY             | 82      | M30/14             |             | 00:43:29    | 00:43:24    |
| 28           | 122    | FICYGOWSKI MARIUSZ       | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 74      | M40/8              |             | 00:43:40    | 00:43:38    |
| 29           | 134    | MOTYL PAWEŁ              | POL       |                          | ŻARY             | 88      | M16/6              |             | 00:43:52    | 00:43:51    |
| 30           | 112    | PŁONKA ADAM              | POL       | NOWOSOLSKA GRUPA BIEGOWA | NOWA SÓL         | 77      | M30/15             |             | 00:43:54    | 00:43:53    |
| 31           | 43     | LIDTKE MARCIN            | POL       | BRAK KLUBU               | ŻARY             | 80      | M30/16             |             | 00:44:17    | 00:44:12    |
| 32           | 42     | LEŃ GRZEGORZ             | POL       | ŻARY RUNNERS TEAM        | RÓWNE            | 76      | M40/9              |             | 00:44:34    | 00:44:32    |
| 33           | 91     | WARSZAWSKI JERZY         | POL       |                          | ŻAGAŃ            | 53      | M50/2              |             | 00:45:01    | 00:44:59    |
| 34           | 94     | WĄSIEWICZ MONIKA         | POL       | 5 BSAP                   | LUBIATÓW         | 87      | K16/1              |             | 00:45:08    | 00:45:07    |
| 35           | 142    | JAMROLIK MATEUSZ         | POL       |                          | ŻARY             | 84      | M30/17             |             | 00:45:19    | 00:45:18    |
| 36           | 117    | MAZURKIEWICZ TOMASZ      | POL       | KUŹNIA TRIATHLONU        | ŁĘKNICA          | 84      | M30/18             | MŁ/2        | 00:45:21    | 00:45:18    |
| 37           | 83     | SZYSZKA JAKUB            | POL       | VEGE RUNNERS             | ZIELONA GÓRA     | 84      | M30/19             |             | 00:45:27    | 00:45:23    |
| 38           | 46     | ŁAGNOWSKI GRZEGORZ       | POL       |                          | ŁĘKNICA          | 69      | M40/10             | MŁ/3        | 00:45:35    | 00:45:30    |
| 39           | 60     | PRUŚ MIECZYŚLAW          | POL       |                          | ŻORY             | 88      | M16/7              |             | 00:45:58    | 00:45:51    |
| 40           | 111    | WAJSBERG MACIEJ          | POL       | NOWOSOLSKA GRUPA BIEGOWA | NOWA SÓL         | 77      | M30/20             |             | 00:46:15    | 00:46:14    |
| 41           | 110    | URUSKI JAN               | POL       | NOWOSOLSKA GRUPA BIEGOWA | SIEDLISKO        | 56      | M50/3              |             | 00:46:15    | 00:46:14    |
| 42           | 10     | BIALIC MARIOLA           | POL       |                          | TOMASZOWO        | 82      | K30/1              |             | 00:46:30    | 00:46:28    |
| 43           | 102    | ZIÓŁKOWSKI DAMIAN        | POL       |                          | SULECHÓW         | 80      | M30/21             |             | 00:46:30    | 00:46:23    |
| 44           | 146    | SALA MARCIN              | POL       |                          | ZIELONA GÓRA     | 86      | M30/22             |             | 00:46:55    | 00:46:50    |
| 45           | 116    | KOWALCZYK WOJCIECH       | POL       |                          | ŁĘKNICA          | 97      | M16/8              | MŁ/4        | 00:46:58    | 00:46:55    |
| 46           | 115    | KOWALCZYK MONIKA         | POL       | KUŹNIA TRIATHLONU        | ŁĘKNICA          | 92      | K16/2              | MŁ/5        | 00:47:04    | 00:47:01    |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name          | Kraj Nat. | Drużyna Team                 | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|-------------------------------|-----------|------------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 47           | 74     | STARŻYK PIOTR                 | POL       | RUNSTARS                     | ŁĘKNICA          | 69      | M40/11             | MŁ/6        | 00:47:11    | 00:47:09    |
| 48           | 40     | KUŹNIAK TOMASZ                | POL       | ŻARY RUNNERS TEAM            | ŻARY             | 74      | M40/12             |             | 00:47:13    | 00:47:08    |
| 49           | 129    | LASKOWSKA DOROTA              | POL       |                              | ŻARY             | 86      | K30/2              |             | 00:47:13    | 00:47:11    |
| 50           | 1      | KOSZOREK TOMASZ               | POL       |                              | ŁĘKNICA          | 80      | M30/23             | MŁ/7        | 00:47:29    | 00:47:23    |
| 51           | 143    | KHANMOHAMMAD SHAWKAT          | GER       | STATTRAND                    | NIESKY           | 97      | M16/9              |             | 00:47:57    | 00:47:53    |
| 52           | 36     | KOWALSKI MIROŚLAW             | POL       | PARKRUN ŻARY                 | ŻARY             | 74      | M40/13             |             | 00:48:12    | 00:48:04    |
| 53           | 99     | WOJDAK ZBIGNIEW               | POL       | 34BKPANC                     | ŻAGAŃ            | 62      | M50/4              |             | 00:48:50    | 00:48:43    |
| 54           | 126    | TONDRYK WIOLETTA              | POL       | BRAK KLUBU                   | ZIELONA GÓRA     | 86      | K30/3              |             | 00:49:17    | 00:49:16    |
| 55           | 140    | CHOMONT-SENDZIAK ANNA         | POL       | PARKRUN ŻARY                 | ŻARY             | 78      | K30/4              |             | 00:49:27    | 00:49:24    |
| 56           | 136    | LÓSSA MICHAŁ                  | POL       | BBL ŻAGAŃ                    | ŻAGAŃ            | 99      | M16/10             |             | 00:49:41    | 00:49:32    |
| 57           | 132    | KALICZAK-SZWAJA MONIKA        | POL       | DRUŻYNA CHROBREGO            | SZPROTAWA        | 74      | K40/1              |             | 00:49:43    | 00:49:39    |
| 58           | 145    | SAYIDARAF ESMATULLAH          | GER       | STATTRAND                    | NIESKY           | 97      | M16/11             |             | 00:49:47    | 00:49:45    |
| 59           | 69     | SIEMIATOWSKA ELŻBIETA         | POL       |                              | ŚWIEBODZIN       | 85      | K30/5              |             | 00:50:02    | 00:49:56    |
| 60           | 56     | PANASZEK JUSTYNA              | POL       |                              | ŻAGAŃ            | 89      | K16/3              |             | 00:50:10    | 00:50:04    |
| 61           | 9      | BERNAT SYLWIA                 | POL       |                              | ŻARY             | 77      | K30/6              |             | 00:50:14    | 00:50:09    |
| 62           | 62     | REMEZ MIECZYŚLAW              | POL       | GUZIEC TEAM ŻARY             | ŻARY             | 83      | M30/24             |             | 00:50:22    | 00:50:14    |
| 63           | 104    | KUCZERA DAMIAN                | POL       |                              | TRZEBIEL         | 88      | M16/12             |             | 00:50:44    | 00:50:39    |
| 64           | 49     | MATYSIAK TOMASZ               | POL       | ŻARY RUNNERS TEAM            | ŻARY             | 75      | M40/14             |             | 00:50:58    | 00:50:55    |
| 65           | 5      | BANASZEK PAULINA              | POL       | BEZ KLUBU                    | MIROSTOWICE      | 98      | K16/4              |             | 00:51:00    | 00:50:55    |
| 66           | 80     | SZCZĘSNOWICZ NATALIA          | POL       |                              | ZGIERZ           | 85      | K30/7              |             | 00:51:53    | 00:51:46    |
| 67           | 75     | STARŻYK ANDRZEJ               | POL       | RUNSTARS                     | ŁĘKNICA          | 76      | M40/15             | MŁ/8        | 00:51:55    | 00:51:52    |
| 68           | 76     | STARŻYK SZYMON                | POL       | RUNSTARS                     | NADOLICE WILEKIE | 97      | M16/13             |             | 00:51:55    | 00:51:52    |
| 69           | 17     | CUKIERNIK PRZEMEK             | POL       |                              | ZIELONA GÓRA     | 82      | M30/25             |             | 00:53:03    | 00:52:59    |
| 70           | 98     | WIŚNIEWSKI DARIUSZ            | POL       |                              | NOWOGRÓD         | 80      | M30/26             |             | 00:53:04    | 00:52:59    |
| 71           | 107    | WYPYCH ANDRZEJ                | POL       |                              | GUZÓW            | 88      | M16/14             |             | 00:53:14    | 00:53:04    |
| 72           | 109    | NGUYEN ANITA                  | POL       |                              | ŻARY             | 98      | K16/5              |             | 00:53:15    | 00:53:11    |
| 73           | 105    | MALINOWSKA - NGUYEN KATARZYNA | POL       | PARKRUN ŻARY                 | ŻARY             | 77      | K30/8              |             | 00:53:20    | 00:53:17    |
| 74           | 6      | BARGIEL ROBERT                | POL       |                              | SULECHÓW         | 85      | M30/27             |             | 00:53:24    | 00:53:16    |
| 75           | 103    | GŁÓWKA ALICJA                 | POL       |                              | ŁĘKNICA          | 00      | K16/6              | MŁ/9        | 00:53:35    | 00:53:32    |
| 76           | 86     | TENALDO MARIUSZ               | POL       |                              | ŁĘKNIA           | 65      | M50/5              | MŁ/10       | 00:53:36    | 00:53:27    |
| 77           | 57     | PIERZCHAŁO ŁUKASZ             | POL       | MTS DRUŻYNA SZPIKU KGHM      | GŁOGÓW           | 80      | M30/28             |             | 00:53:38    | 00:53:33    |
| 78           | 31     | KLIMCZAK MICHAŁ               | POL       |                              | ŻARY             | 72      | M40/16             |             | 00:53:43    | 00:53:40    |
| 79           | 13     | BOBOWSKI KORIN                | POL       | ŻARY RUNNERS TEAM            | ŻARY             | 74      | M40/17             |             | 00:53:52    | 00:53:51    |
| 80           | 22     | DZIOPA MAŁGORZATA             | POL       |                              | LUBSKO           | 75      | K40/2              |             | 00:54:24    | 00:54:17    |
| 81           | 139    | MONDOROWICZ JACEK             | POL       | PARKRUN ŻARY                 | ŻARY             | 73      | M40/18             |             | 00:55:14    | 00:55:09    |
| 82           | 138    | MONDOROWICZ ANTONINA          | POL       | PARKRUN ŻARY                 | ŻARY             | 75      | K40/3              |             | 00:55:15    | 00:55:10    |
| 83           | 14     | BUKOWSKI ROMAN                | POL       |                              | NOWOGRÓD         | 63      | M50/6              |             | 00:55:22    | 00:55:17    |
| 84           | 39     | KULINIAK MAREK                | POL       | ZIELONA GÓRO ZACZNIJ BIEGAĆ  | ZIELONA GÓRA     | 79      | M30/29             |             | 00:55:28    | 00:55:21    |
| 85           | 18     | DANIELAK KRZYSZTOF            | POL       | PARKRUN ŻARY                 | ŻARY             | 60      | M50/7              |             | 00:55:33    | 00:55:29    |
| 86           | 4      | AUGUSTYNIAK MAGDALENA         | POL       | PARKRUN ŻARY                 | ŻARY             | 81      | K30/9              |             | 00:55:34    | 00:55:27    |
| 87           | 21     | DUDEK ANNA                    | POL       | PARKRUN ŻARY                 | ŻARY             | 79      | K30/10             |             | 00:55:34    | 00:55:27    |
| 88           | 114    | PROSÓŁ RYSZARD                | POL       | SAINT GOBAIN SQUAD           | ŻARY             | 57      | M50/8              |             | 00:55:53    | 00:55:44    |
| 89           | 34     | KORDYLEWSKI PAWEŁ             | POL       |                              | ŻARY             | 90      | M16/15             |             | 00:55:55    | 00:55:49    |
| 90           | 32     | KLIMAS PAWEŁ                  | POL       |                              | PRZEWÓZ          | 83      | M30/30             |             | 00:56:06    | 00:55:58    |
| 91           | 120    | WÓJCIK MAREK                  | POL       | WÓJCIK BIEGA TEAM.           | WIERZBNO         | 74      | M40/19             |             | 00:56:09    | 00:56:06    |
| 92           | 35     | KOWALSKI JAKUB                | POL       |                              | LUBIN            | 81      | M30/31             |             | 00:56:19    | 00:56:13    |
| 93           | 58     | PIĘKOŚ JAROSŁAW               | POL       | 34BKPANC                     | ŻAGAŃ            | 69      | M40/20             |             | 00:56:24    | 00:56:16    |
| 94           | 15     | CEGIELSKA MAŁGORZATA          | POL       |                              | MIROSTOWIECE     | 81      | K30/11             |             | 00:56:24    | 00:56:19    |
| 95           | 45     | LOCH JUSTYNA                  | POL       |                              | NOWOGRÓD         | 89      | K16/7              |             | 00:56:33    | 00:56:30    |
| 96           | 16     | CIARKOWSKA MARZENA            | POL       |                              | IŁOWA            | 87      | K16/8              |             | 00:56:38    | 00:56:32    |
| 97           | 7      | BARAN SEBASTIAN               | POL       | BRAK KLUBU                   | ŁĘKNICA          | 74      | M40/21             | MŁ/11       | 00:56:42    | 00:56:32    |
| 98           | 127    | HAKMAN MARCIN                 | POL       | ŻARY RUNNERS TEAM            | ŻARY             | 70      | M40/22             |             | 00:56:52    | 00:56:43    |
| 99           | 128    | MONDOROWICZ MARCIN            | POL       | ŻARY RUNNERS TEAM / SMASHING | ŻARY             | 85      | M30/32             |             | 00:57:00    | 00:56:51    |
| 100          | 131    | WAŚIŃSKA MAŁGORZATA           | POL       | PARKRUN ŻARY                 | ŻARY             | 77      | K30/12             |             | 00:57:19    | 00:57:13    |
| 101          | 26     | JANICKA MONIKA                | POL       |                              | ŻARY             | 90      | K16/9              |             | 00:57:19    | 00:57:14    |
| 102          | 66     | RUDA JÓZEFA                   | POL       | PARKRUN ŻARY                 | ŻARY             | 56      | K40/4              |             | 00:57:19    | 00:57:10    |
| 103          | 85     | STADNIK KAZIMIERZ             | POL       |                              | KROSNO           | 62      | M50/9              |             | 00:57:21    | 00:57:15    |
| 104          | 38     | KRZYWIECKA BEATA              | POL       |                              | JASIEŃ           | 68      | K40/5              |             | 00:57:37    | 00:57:33    |

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|--------------|--------|-----------------------|-----------|-----------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 105          | 33     | KOROLIK AGNIESZKA     | POL       |                             | JASIEŃ           | 82      | K30/13             |             | 00:57:37    | 00:57:33    |
| 106          | 8      | BARANOWSKI ANDRZEJ    | POL       | 10BKPANC                    | ŚWIĘTOSZÓW       | 74      | M40/23             |             | 00:57:54    | 00:57:50    |
| 107          | 88     | TRUCHLEWSKI MARIUSZ   | POL       |                             | ŻAGAŃ            | 72      | M40/24             |             | 00:58:04    | 00:57:56    |
| 108          | 130    | FLISAK ZDZISŁAW       | POL       |                             | ŻARY             | 54      | M50/10             |             | 00:58:25    | 00:58:23    |
| 109          | 79     | SZAŁĘGA EDYTA         | POL       |                             | ŁĘKNICA          | 76      | K40/6              | MŁ/12       | 00:58:29    | 00:58:23    |
| 110          | 28     | KAMIŃSKA MAŁGORZATA   | POL       | PARKRUN ŻARY                | ŻARY             | 63      | K40/7              |             | 00:58:32    | 00:58:22    |
| 111          | 84     | ŚLEBIEDZIŃSKI ROMAN   | POL       |                             | ŁĘKNICA          | 77      | M30/33             | MŁ/13       | 00:58:41    | 00:58:35    |
| 112          | 100    | WOŹNIAK-GERAK ANITA   | POL       |                             | ŚWIĘTOSZÓW       | 83      | K30/14             |             | 00:58:47    | 00:58:43    |
| 113          | 50     | MATYSIAK MAŁGORZATA   | POL       |                             | ŻARY             | 78      | K30/15             |             | 00:59:05    | 00:58:58    |
| 114          | 137    | LÓSSA PAWEŁ           | POL       | BBL ŻAGAŃ                   | ŻAGAŃ            | 75      | M40/25             |             | 00:59:06    | 00:58:58    |
| 115          | 64     | ROZPĘDOWSKA OLA       | POL       | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA     | 83      | K30/16             |             | 00:59:06    | 00:58:56    |
| 116          | 108    | KANIEWSKI RAFAŁ       | POL       |                             | JASIEŃ           | 76      | M40/26             |             | 00:59:14    | 00:59:03    |
| 117          | 47     | MAJERYK EDWARD        | POL       | OZE ENERGIA                 | JASIEŃ           | 49      | M50/11             |             | 00:59:17    | 00:59:07    |
| 118          | 106    | ŁOJKO AGNIESZKA       | POL       |                             | ŻARY             | 76      | K40/8              |             | 01:00:11    | 01:00:03    |
| 119          | 78     | STOKŁOSA PIOTR MICHAŁ | POL       | DOMINET NIERUCHOMOŚCI       | ŻARY             | 84      | M30/34             |             | 01:00:15    | 01:00:08    |
| 120          | 20     | DREWICZ KINGA         | POL       |                             | ŻAGAŃ            | 79      | K30/17             |             | 01:00:41    | 01:00:35    |
| 121          | 19     | DELEJOWSKA MONIKA     | POL       | BRAK KLUBU                  | TUPLICE          | 83      | K30/18             |             | 01:01:04    | 01:00:57    |
| 122          | 93     | WAWRZYŃSKI MARLENA    | POL       |                             | JASIEŃ           | 78      | K30/19             |             | 01:01:32    | 01:01:29    |
| 123          | 124    | SZCZĘŚNIAK MARZENA    | POL       | RODZINNY PARK LINOWY        | LUTOL            | 75      | K40/9              |             | 01:01:51    | 01:01:41    |
| 124          | 65     | RUCZKOWSKI BARTOSZ    | POL       | SPELEOKLUB BOBRY ŻAGAŃ      | ŻARY             | 81      | M30/35             |             | 01:02:39    | 01:02:28    |
| 125          | 92     | WAWRZYŃSKI IZABELA    | GER       | WAW-RUN                     | BAD MUSKAU       | 77      | K30/20             |             | 01:03:48    | 01:03:41    |
| 126          | 2      | ADAMCZYK AGNIESZKA    | POL       |                             | ŚWIDNICA         | 72      | K40/10             |             | 01:04:18    | 01:04:10    |
| 127          | 24     | GANCARZ EWA           | POL       | PARKRUN ŻARY                | MIROSTOWICE      | 77      | K30/21             |             | 01:05:09    | 01:05:02    |
| 128          | 125    | SZCZĘŚNIAK PRZEMYSŁAW | POL       | RODZINNY PARK LINOWY        | LUTOL            | 79      | M30/36             |             | 01:05:17    | 01:05:07    |
| 129          | 61     | REMEZ LIDIA           | POL       | PARKRUN ŻARY                | ŻARY             | 76      | K40/11             |             | 01:06:45    | 01:06:37    |
| 130          | 12     | BIERNACKI MARCIN      | POL       | BBL ŻAGAŃ                   | ŻAGAŃ            | 85      | M30/37             |             | 01:06:56    | 01:06:50    |
| 131          | 52     | MLECZKO MAŁGORZATA    | POL       | MLECZKO TEAM                | ŻARY             | 80      | K30/22             |             | 01:07:25    | 01:07:18    |
| 132          | 67     | RYCZKOWSKA DOROTA     | POL       |                             | ZIELONA GÓRA     | 65      | K40/12             |             | 01:12:41    | 01:12:31    |
| 133          | 63     | ROZPĘDOWSKA EWA       | POL       | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA     | 60      | K40/13             |             | 01:14:51    | 01:14:42    |
| 134          | 54     | NAPIÓRKOWSKI OLAF     | POL       | ŻARY RUNNERS TEAM           | ŻARY             | 73      | M40/27             |             | 01:23:31    | 01:23:21    |

# BIEG 7 MOSTÓW

## WYNIKI ZAWODÓW

### Open

Organizator: Ośrodek Sportu i Rekreacji w Łęknicy

Termin: 04.06.2016

Miejsce: Łęknica

Dystans: 10 km

## Kobiety

| Miejsce Rank | Nr Bib | Nazwisko i imię Name          | Kraj Nat. | Drużyna Team                | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|-------------------------------|-----------|-----------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 1            | 94     | WAŚIEWICZ MONIKA              | POL       | 5 BSAP                      | LUBIATÓW         | 87      | K16/1              |             | 00:45:08    | 00:45:07    |
| 2            | 10     | BIALIC MARIOLA                | POL       |                             | TOMASZOWO        | 82      | K30/1              |             | 00:46:30    | 00:46:28    |
| 3            | 115    | KOWALCZYK MONIKA              | POL       | KUŹNIA TRIATHLONU           | ŁĘKNICA          | 92      | K16/2              | MŁ/5        | 00:47:04    | 00:47:01    |
| 4            | 129    | LASKOWSKA DOROTA              | POL       |                             | ŻARY             | 86      | K30/2              |             | 00:47:13    | 00:47:11    |
| 5            | 126    | TONDRYK WIOLETTA              | POL       | BRĄK KLUBU                  | ZIELONA GÓRA     | 86      | K30/3              |             | 00:49:17    | 00:49:16    |
| 6            | 140    | CHOMONT-SENDZIAK ANNA         | POL       | PARKRUN ŻARY                | ŻARY             | 78      | K30/4              |             | 00:49:27    | 00:49:24    |
| 7            | 132    | KALICZAK-SZWAJA MONIKA        | POL       | DRUŻYNA CHROBREGO           | SZPROTAWA        | 74      | K40/1              |             | 00:49:43    | 00:49:39    |
| 8            | 69     | SIEMIATOWSKA ELŻBIETA         | POL       |                             | ŚWIEBODZIN       | 85      | K30/5              |             | 00:50:02    | 00:49:56    |
| 9            | 56     | PANASZEK JUSTYNA              | POL       |                             | ŻAGAŃ            | 89      | K16/3              |             | 00:50:10    | 00:50:04    |
| 10           | 9      | BERNAT SYLWIA                 | POL       |                             | ŻARY             | 77      | K30/6              |             | 00:50:14    | 00:50:09    |
| 11           | 5      | BANASZEK PAULINA              | POL       | BEZ KLUBU                   | MIROSTOWICE      | 98      | K16/4              |             | 00:51:00    | 00:50:55    |
| 12           | 80     | SZCZĘSNOWICZ NATALIA          | POL       |                             | ZGIERZ           | 85      | K30/7              |             | 00:51:53    | 00:51:46    |
| 13           | 109    | NGUYEN ANITA                  | POL       |                             | ŻARY             | 98      | K16/5              |             | 00:53:15    | 00:53:11    |
| 14           | 105    | MALINOWSKA - NGUYEN KATARZYNA | POL       | PARKRUN ŻARY                | ŻARY             | 77      | K30/8              |             | 00:53:20    | 00:53:17    |
| 15           | 103    | GLEŃKA ALICJA                 | POL       |                             | ŁĘKNICA          | 00      | K16/6              | MŁ/9        | 00:53:35    | 00:53:32    |
| 16           | 22     | DZIOPA MAŁGORZATA             | POL       |                             | LUBSKO           | 75      | K40/2              |             | 00:54:24    | 00:54:17    |
| 17           | 138    | MONDOROWICZ ANTONINA          | POL       | PARKRUN ŻARY                | ŻARY             | 75      | K40/3              |             | 00:55:15    | 00:55:10    |
| 18           | 4      | AUGUSTYNIAK MAGDALENA         | POL       | PARKRUN ŻARY                | ŻARY             | 81      | K30/9              |             | 00:55:34    | 00:55:27    |
| 19           | 21     | DUDEK ANNA                    | POL       | PARKRUN ŻARY                | ŻARY             | 79      | K30/10             |             | 00:55:34    | 00:55:27    |
| 20           | 15     | CEGIELSKA MAŁGORZATA          | POL       |                             | MIROSTOWIECE     | 81      | K30/11             |             | 00:56:24    | 00:56:19    |
| 21           | 45     | LOCH JUSTYNA                  | POL       |                             | NOWOGRÓD         | 89      | K16/7              |             | 00:56:33    | 00:56:30    |
| 22           | 16     | CIARKOWSKA MARZENA            | POL       |                             | IŁOWA            | 87      | K16/8              |             | 00:56:38    | 00:56:32    |
| 23           | 131    | WAŚIŃSKA MAŁGORZATA           | POL       | PARKRUN ŻARY                | ŻARY             | 77      | K30/12             |             | 00:57:19    | 00:57:13    |
| 24           | 26     | JANICKA MONIKA                | POL       |                             | ŻARY             | 90      | K16/9              |             | 00:57:19    | 00:57:14    |
| 25           | 66     | RUDA JÓZEFA                   | POL       | PARKRUN ŻARY                | ŻARY             | 56      | K40/4              |             | 00:57:19    | 00:57:10    |
| 26           | 38     | KRZYWIECKA BEATA              | POL       |                             | JASIEŃ           | 68      | K40/5              |             | 00:57:37    | 00:57:33    |
| 27           | 33     | KOROLIK AGNIESZKA             | POL       |                             | JASIEŃ           | 82      | K30/13             |             | 00:57:37    | 00:57:33    |
| 28           | 79     | SZAŁĘGA EDYTA                 | POL       |                             | ŁĘKNICA          | 76      | K40/6              | MŁ/12       | 00:58:29    | 00:58:23    |
| 29           | 28     | KAMIŃSKA MAŁGORZATA           | POL       | PARKRUN ŻARY                | ŻARY             | 63      | K40/7              |             | 00:58:32    | 00:58:22    |
| 30           | 100    | WOŹNIAK-GERAK ANITA           | POL       |                             | ŚWIĘTOSZÓW       | 83      | K30/14             |             | 00:58:47    | 00:58:43    |
| 31           | 50     | MATYSIAK MAŁGORZATA           | POL       |                             | ŻARY             | 78      | K30/15             |             | 00:59:05    | 00:58:58    |
| 32           | 64     | ROZPĘDOWSKA OLA               | POL       | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA     | 83      | K30/16             |             | 00:59:06    | 00:58:56    |
| 33           | 106    | ŁOJKO AGNIESZKA               | POL       |                             | ŻARY             | 76      | K40/8              |             | 01:00:11    | 01:00:03    |
| 34           | 20     | DREWICZ KINGA                 | POL       |                             | ŻAGAŃ            | 79      | K30/17             |             | 01:00:41    | 01:00:35    |
| 35           | 19     | DELEJOWSKA MONIKA             | POL       | BRĄK KLUBU                  | TUPLICE          | 83      | K30/18             |             | 01:01:04    | 01:00:57    |
| 36           | 93     | WAWRZYŃNIAK MARLENA           | POL       |                             | JASIEŃ           | 78      | K30/19             |             | 01:01:32    | 01:01:29    |
| 37           | 124    | SZCZĘŚNIAK MARZENA            | POL       | RODZINNY PARK LINOWY        | LUTOL            | 75      | K40/9              |             | 01:01:51    | 01:01:41    |
| 38           | 92     | WAWRZYŃNIAK IZABELA           | GER       | WAW-RUN                     | BAD MUSKAU       | 77      | K30/20             |             | 01:03:48    | 01:03:41    |
| 39           | 2      | ADAMCZYK AGNIESZKA            | POL       |                             | ŚWIDNICA         | 72      | K40/10             |             | 01:04:18    | 01:04:10    |
| 40           | 24     | GANCARZ EWA                   | POL       | PARKRUN ŻARY                | MIROSTOWICE      | 77      | K30/21             |             | 01:05:09    | 01:05:02    |
| 41           | 61     | REMEZ LIDIA                   | POL       | PARKRUN ŻARY                | ŻARY             | 76      | K40/11             |             | 01:06:45    | 01:06:37    |
| 42           | 52     | MLECZKO MAŁGORZATA            | POL       | MLECZKO TEAM                | ŻARY             | 80      | K30/22             |             | 01:07:25    | 01:07:18    |
| 43           | 67     | RYCZKOWSKA DOROTA             | POL       |                             | ZIELONA GÓRA     | 65      | K40/12             |             | 01:12:41    | 01:12:31    |
| 44           | 63     | ROZPĘDOWSKA EWA               | POL       | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA     | 60      | K40/13             |             | 01:14:51    | 01:14:42    |

# Kobiety

| <i>Miejsce</i><br><i>Rank</i> | <i>Nr</i><br><i>Bib</i> | <i>Nazwisko i imię</i><br><i>Name</i> | <i>Kraj</i><br><i>Nat.</i> | <i>Drużyna</i><br><i>Team</i> | <i>Miejscowość</i><br><i>City</i> | <i>R-k</i><br><i>YoB</i> | <i>W kategorii</i><br><i>in Age</i> | <i>Grupa</i><br><i>Group</i> | <i>Wynik</i><br><i>Total</i> | <i>Wynik</i><br><i>Netto</i> |
|-------------------------------|-------------------------|---------------------------------------|----------------------------|-------------------------------|-----------------------------------|--------------------------|-------------------------------------|------------------------------|------------------------------|------------------------------|
|-------------------------------|-------------------------|---------------------------------------|----------------------------|-------------------------------|-----------------------------------|--------------------------|-------------------------------------|------------------------------|------------------------------|------------------------------|

# BIEG 7 MOSTÓW

## WYNIKI ZAWODÓW

Open

Organizator: Ośrodek Sportu i Rekreacji w Łęknicy

Termin: 04.06.2016

Miejsce: Łęknica

Dystans: 10 km

### Meżczyźni

| Miejsce Rank | Nr Bib | Nazwisko i imię Name     | Kraj Nat. | Drużyna Team             | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|--------------------------|-----------|--------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 1            | 48     | MAKOS KAMIL              | POL       | MAKOS                    | BOLESŁAWIEC      | 81      | M30/1              |             | 00:33:14    | 00:33:14    |
| 2            | 119    | DRACZYNSKI ADAM          | POL       | NOWOSOLSKA GRUPA BIEGOWA | NOWA SOL         | 76      | M40/1              |             | 00:33:21    | 00:33:20    |
| 3            | 118    | WIŚNIEWSKI KRZYSZTOF     | POL       |                          | BOLESŁAWIEC      | 82      | M30/2              |             | 00:34:05    | 00:34:04    |
| 4            | 71     | STADNIK JACEK            | POL       | MAŃKOWY TEAM             | KROSNO           | 91      | M16/1              |             | 00:35:11    | 00:35:09    |
| 5            | 121    | CZAŚTKA KAROL            | POL       | BBL ŻAGAŃ                | ŻAGAŃ            | 80      | M30/3              |             | 00:35:14    | 00:35:13    |
| 6            | 97     | WISZ MATEUSZ             | POL       | MLKS AGROS ŻARY          | ŻARY             | 96      | M16/2              |             | 00:35:52    | 00:35:51    |
| 7            | 41     | KWAPIŃSKI DARIUSZ        | POL       |                          | TRZEBIEL         | 81      | M30/4              |             | 00:36:22    | 00:36:21    |
| 8            | 87     | TOKAREK PRZEMYSŁAW       | POL       | GUBIN BIEGAMBOLUBIĘ      | GUBIN            | 82      | M30/5              |             | 00:36:53    | 00:36:52    |
| 9            | 113    | WALOSZCZYK BARTŁOMIEJ    | POL       | 10BKPANC                 | ŚWIĘTOSZÓW       | 73      | M40/2              |             | 00:37:25    | 00:37:23    |
| 10           | 123    | DRZYMAŁA GRZEGORZ        | POL       | PARKRUN ŻARY             | ŻARY             | 81      | M30/6              |             | 00:37:40    | 00:37:38    |
| 11           | 70     | SITNICKI MARIUSZ         | POL       |                          | ŻAGAŃ            | 77      | M30/7              |             | 00:38:02    | 00:38:01    |
| 12           | 11     | BIALIC RADOSŁAW          | POL       |                          | TOMASZOWO        | 77      | M30/8              |             | 00:38:12    | 00:38:09    |
| 13           | 133    | SIWIK DARIUSZ            | POL       | DRUŻYNA CHROBREGO        | SZPROTAWA        | 72      | M40/3              |             | 00:38:52    | 00:38:50    |
| 14           | 101    | ZAKRZEWSKI ADAM          | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 79      | M30/9              |             | 00:38:52    | 00:38:51    |
| 15           | 37     | KRZEMIŃSKI TOMASZ        | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 73      | M40/4              |             | 00:39:05    | 00:39:03    |
| 16           | 25     | JAMROZIK JAKUB           | POL       | PARKRUN & PROMIEŃ ŻARY   | ŻARY             | 97      | M16/3              |             | 00:39:26    | 00:39:24    |
| 17           | 73     | STARŻYK PAWEŁ            | POL       | RUNSTARS                 | ŁĘKNICA          | 79      | M30/10             | MŁ/1        | 00:39:54    | 00:39:53    |
| 18           | 30     | KIERZEK JACEK            | POL       |                          | WILKANOWO        | 97      | M16/4              |             | 00:39:55    | 00:39:54    |
| 19           | 81     | SZLACHCIKOWSKI ARKADIUSZ | POL       | DRUŻYNA CHROBREGO        | SZPROTAWA        | 85      | M30/11             |             | 00:40:42    | 00:40:41    |
| 20           | 96     | WELKE STANISŁAW          | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 71      | M40/5              |             | 00:40:44    | 00:40:42    |
| 21           | 141    | SENDZIAK DANIEL          | POL       | PARKRUN ŻARY             | ŻARY             | 75      | M40/6              |             | 00:41:44    | 00:41:42    |
| 22           | 95     | WELKE SEBASTIAN          | POL       |                          | ŻARY             | 92      | M16/5              |             | 00:42:10    | 00:42:08    |
| 23           | 82     | SZOMBIERSKI ROBERT       | POL       | 10BKPANC                 | LUBSKO           | 84      | M30/12             |             | 00:42:25    | 00:42:23    |
| 24           | 68     | SAMOTYJA PAWEŁ           | POL       | NOWOSOLSKA GRUPA BIEGOWA | MODRZYCA         | 76      | M40/7              |             | 00:42:28    | 00:42:26    |
| 25           | 90     | WALEWINDER KAZIMIERZ     | POL       |                          | ŻARY             | 62      | M50/1              |             | 00:42:41    | 00:42:40    |
| 26           | 135    | KOWCZYK ŁUKASZ           | POL       | DRUŻYNA CHROBREGO        | SZPROTAWA        | 77      | M30/13             |             | 00:42:51    | 00:42:49    |
| 27           | 29     | KAPŁON KRZYSZTOF         | POL       |                          | ŁOZY             | 82      | M30/14             |             | 00:43:29    | 00:43:24    |
| 28           | 122    | FICYGOWSKI MARIUSZ       | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 74      | M40/8              |             | 00:43:40    | 00:43:38    |
| 29           | 134    | MOTYL PAWEŁ              | POL       |                          | ŻARY             | 88      | M16/6              |             | 00:43:52    | 00:43:51    |
| 30           | 112    | PŁONKA ADAM              | POL       | NOWOSOLSKA GRUPA BIEGOWA | NOWA SÓL         | 77      | M30/15             |             | 00:43:54    | 00:43:53    |
| 31           | 43     | LIDTKE MARCIN            | POL       | BRAK KLUBU               | ŻARY             | 80      | M30/16             |             | 00:44:17    | 00:44:12    |
| 32           | 42     | LEŃ GRZEGORZ             | POL       | ŻARY RUNNERS TEAM        | RÓWNE            | 76      | M40/9              |             | 00:44:34    | 00:44:32    |
| 33           | 91     | WARSZAWSKI JERZY         | POL       |                          | ŻAGAŃ            | 53      | M50/2              |             | 00:45:01    | 00:44:59    |
| 34           | 142    | JAMROLIK MATEUSZ         | POL       |                          | ŻARY             | 84      | M30/17             |             | 00:45:19    | 00:45:18    |
| 35           | 117    | MAZURKIEWICZ TOMASZ      | POL       | KUŹNIA TRIATHLONU        | ŁĘKNICA          | 84      | M30/18             | MŁ/2        | 00:45:21    | 00:45:18    |
| 36           | 83     | SZYSZKA JAKUB            | POL       | VEGE RUNNERS             | ZIELONA GÓRA     | 84      | M30/19             |             | 00:45:27    | 00:45:23    |
| 37           | 46     | ŁAGNOWSKI GRZEGORZ       | POL       |                          | ŁĘKNICA          | 69      | M40/10             | MŁ/3        | 00:45:35    | 00:45:30    |
| 38           | 60     | PRUŚ MIECZYŚLAW          | POL       |                          | ŻORY             | 88      | M16/7              |             | 00:45:58    | 00:45:51    |
| 39           | 111    | WAJSBERG MACIEJ          | POL       | NOWOSOLSKA GRUPA BIEGOWA | NOWA SÓL         | 77      | M30/20             |             | 00:46:15    | 00:46:14    |
| 40           | 110    | URUSKI JAN               | POL       | NOWOSOLSKA GRUPA BIEGOWA | SIEDLISKO        | 56      | M50/3              |             | 00:46:15    | 00:46:14    |
| 41           | 102    | ZIÓLKOWSKI DAMIAN        | POL       |                          | SULECHÓW         | 80      | M30/21             |             | 00:46:30    | 00:46:23    |
| 42           | 146    | SALA MARCIN              | POL       |                          | ZIELONA GÓRA     | 86      | M30/22             |             | 00:46:55    | 00:46:50    |
| 43           | 116    | KOWALCZYK WOJCIECH       | POL       |                          | ŁĘKNICA          | 97      | M16/8              | MŁ/4        | 00:46:58    | 00:46:55    |
| 44           | 74     | STARŻYK PIOTR            | POL       | RUNSTARS                 | ŁĘKNICA          | 69      | M40/11             | MŁ/6        | 00:47:11    | 00:47:09    |
| 45           | 40     | KUŹNIAK TOMASZ           | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 74      | M40/12             |             | 00:47:13    | 00:47:08    |
| 46           | 1      | KOSZOREK TOMASZ          | POL       |                          | ŁĘKNICA          | 80      | M30/23             | MŁ/7        | 00:47:29    | 00:47:23    |

# Mezczyźni

| Miejsce Rank | Nr Bib | Nazwisko i imię Name  | Kraj Nat. | Drużyna Team                 | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|-----------------------|-----------|------------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 47           | 143    | KHANMOHAMMAD SHAWKAT  | GER       | STATTRAND                    | NIESKY           | 97      | M16/9              |             | 00:47:57    | 00:47:53    |
| 48           | 36     | KOWALSKI MIROSŁAW     | POL       | PARKRUN ŻARY                 | ŻARY             | 74      | M40/13             |             | 00:48:12    | 00:48:04    |
| 49           | 99     | WOJDAK ZBIGNIEW       | POL       | 34BKPANC                     | ŻAGAŃ            | 62      | M50/4              |             | 00:48:50    | 00:48:43    |
| 50           | 136    | LÓSSA MICHAŁ          | POL       | BBL ŻAGAŃ                    | ŻAGAŃ            | 99      | M16/10             |             | 00:49:41    | 00:49:32    |
| 51           | 145    | SAYIDARAF ESMATULLAH  | GER       | STATTRAND                    | NIESKY           | 97      | M16/11             |             | 00:49:47    | 00:49:45    |
| 52           | 62     | REMEZ MIECZYŚLAW      | POL       | GUZIEC TEAM ŻARY             | ŻARY             | 83      | M30/24             |             | 00:50:22    | 00:50:14    |
| 53           | 104    | KUCZERA DAMIAN        | POL       |                              | TRZEBIEL         | 88      | M16/12             |             | 00:50:44    | 00:50:39    |
| 54           | 49     | MATYSIAK TOMASZ       | POL       | ŻARY RUNNERS TEAM            | ŻARY             | 75      | M40/14             |             | 00:50:58    | 00:50:55    |
| 55           | 75     | STARŻYK ANDRZEJ       | POL       | RUNSTARS                     | ŁĘKNICA          | 76      | M40/15             | MŁ/8        | 00:51:55    | 00:51:52    |
| 56           | 76     | STARŻYK SZYMON        | POL       | RUNSTARS                     | NADOLICE WILEKIE | 97      | M16/13             |             | 00:51:55    | 00:51:52    |
| 57           | 17     | CUKIERNIK PRZEMEK     | POL       |                              | ZIELONA GÓRA     | 82      | M30/25             |             | 00:53:03    | 00:52:59    |
| 58           | 98     | WIŚNIEWSKI DARIUSZ    | POL       |                              | NOWOGRÓD         | 80      | M30/26             |             | 00:53:04    | 00:52:59    |
| 59           | 107    | WYPYCH ANDRZEJ        | POL       |                              | GUZÓW            | 88      | M16/14             |             | 00:53:14    | 00:53:04    |
| 60           | 6      | BARGIEL ROBERT        | POL       |                              | SULECHÓW         | 85      | M30/27             |             | 00:53:24    | 00:53:16    |
| 61           | 86     | TENALDO MARIUSZ       | POL       |                              | ŁĘKNIA           | 65      | M50/5              | MŁ/10       | 00:53:36    | 00:53:27    |
| 62           | 57     | PIERZCHAŁO ŁUKASZ     | POL       | MTS DRUŻYNA SZPIKU KGHM      | GŁOGÓW           | 80      | M30/28             |             | 00:53:38    | 00:53:33    |
| 63           | 31     | KLIMCZAK MICHAŁ       | POL       |                              | ŻARY             | 72      | M40/16             |             | 00:53:43    | 00:53:40    |
| 64           | 13     | BOBOWSKI KORIN        | POL       | ŻARY RUNNERS TEAM            | ŻARY             | 74      | M40/17             |             | 00:53:52    | 00:53:51    |
| 65           | 139    | MONDOROWICZ JACEK     | POL       | PARKRUN ŻARY                 | ŻARY             | 73      | M40/18             |             | 00:55:14    | 00:55:09    |
| 66           | 14     | BUKOWSKI ROMAN        | POL       |                              | NOWOGRÓD         | 63      | M50/6              |             | 00:55:22    | 00:55:17    |
| 67           | 39     | KULINIAK MAREK        | POL       | ZIELONA GÓRO ZACZNIJ BIEGAĆ  | ZIELONA GÓRA     | 79      | M30/29             |             | 00:55:28    | 00:55:21    |
| 68           | 18     | DANIELAK KRZYSZTOF    | POL       | PARKRUN ŻARY                 | ŻARY             | 60      | M50/7              |             | 00:55:33    | 00:55:29    |
| 69           | 114    | PROSÓŁ RYSZARD        | POL       | SAINT GOBAIN SQUAD           | ŻARY             | 57      | M50/8              |             | 00:55:53    | 00:55:44    |
| 70           | 34     | KORDYLEWSKI PAWEŁ     | POL       |                              | ŻARY             | 90      | M16/15             |             | 00:55:55    | 00:55:49    |
| 71           | 32     | KLIMAS PAWEŁ          | POL       |                              | PRZEWÓZ          | 83      | M30/30             |             | 00:56:06    | 00:55:58    |
| 72           | 120    | WÓJCIK MAREK          | POL       | WÓJCIK BIEGA TEAM.           | WIERZBNO         | 74      | M40/19             |             | 00:56:09    | 00:56:06    |
| 73           | 35     | KOWALSKI JAKUB        | POL       |                              | LUBIN            | 81      | M30/31             |             | 00:56:19    | 00:56:13    |
| 74           | 58     | PIĘKOŚ JAROSŁAW       | POL       | 34BKPANC                     | ŻAGAŃ            | 69      | M40/20             |             | 00:56:24    | 00:56:16    |
| 75           | 7      | BARAN SEBASTIAN       | POL       | BRAK KLUBU                   | ŁĘKNICA          | 74      | M40/21             | MŁ/11       | 00:56:42    | 00:56:32    |
| 76           | 127    | HAKMAN MARCIN         | POL       | ŻARY RUNNERS TEAM            | ŻARY             | 70      | M40/22             |             | 00:56:52    | 00:56:43    |
| 77           | 128    | MONDOROWICZ MARCIN    | POL       | ŻARY RUNNERS TEAM / SMASHING | ŻARY             | 85      | M30/32             |             | 00:57:00    | 00:56:51    |
| 78           | 85     | STADNIK KAZIMIERZ     | POL       |                              | KROSNO           | 62      | M50/9              |             | 00:57:21    | 00:57:15    |
| 79           | 8      | BARANOWSKI ANDRZEJ    | POL       | 10BKPANC                     | ŚWIĘTOSZÓW       | 74      | M40/23             |             | 00:57:54    | 00:57:50    |
| 80           | 88     | TRUCHLEWSKI MARIUSZ   | POL       |                              | ŻAGAŃ            | 72      | M40/24             |             | 00:58:04    | 00:57:56    |
| 81           | 130    | FLISAK ZDZIŚLAW       | POL       |                              | ŻARY             | 54      | M50/10             |             | 00:58:25    | 00:58:23    |
| 82           | 84     | ŚLEBIEDZIŃSKI ROMAN   | POL       |                              | ŁĘKNICA          | 77      | M30/33             | MŁ/13       | 00:58:41    | 00:58:35    |
| 83           | 137    | LÓSSA PAWEŁ           | POL       | BBL ŻAGAŃ                    | ŻAGAŃ            | 75      | M40/25             |             | 00:59:06    | 00:58:58    |
| 84           | 108    | KANIEWSKI RAFAŁ       | POL       |                              | JASIEŃ           | 76      | M40/26             |             | 00:59:14    | 00:59:03    |
| 85           | 47     | MAJERYK EDWARD        | POL       | OZE ENERGIA                  | JASIEŃ           | 49      | M50/11             |             | 00:59:17    | 00:59:07    |
| 86           | 78     | STOKŁOSA PIOTR MICHAŁ | POL       | DOMINET NIERUCHOMOŚCI        | ŻARY             | 84      | M30/34             |             | 01:00:15    | 01:00:08    |
| 87           | 65     | RUCZKOWSKI BARTOSZ    | POL       | SPELEOKLUB BOBRY ŻAGAŃ       | ŻARY             | 81      | M30/35             |             | 01:02:39    | 01:02:28    |
| 88           | 125    | SZCZĘŚNIAK PRZEMYSŁAW | POL       | RODZINNY PARK LINOWY         | LUTOL            | 79      | M30/36             |             | 01:05:17    | 01:05:07    |
| 89           | 12     | BIERNACKI MARCIN      | POL       | BBL ŻAGAŃ                    | ŻAGAŃ            | 85      | M30/37             |             | 01:06:56    | 01:06:50    |
| 90           | 54     | NAPIÓRKOWSKI OLAF     | POL       | ŻARY RUNNERS TEAM            | ŻARY             | 73      | M40/27             |             | 01:23:31    | 01:23:21    |

**BIEG 7 MOSTÓW**  
**WYNIKI ZAWODÓW**

**K16 16-29 Lat**

**Organizator:** Ośrodek Sportu i Rekreacji w Łęknicy

**Termin:** 04.06.2016

**Miejsce:** Łęknica

**Dystans:** 10 km

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Kraj<br/>Nat.</i> | <i>Drużyna<br/>Team</i> | <i>Miejscowość<br/>City</i> | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupa<br/>Group</i> | <i>Wynik<br/>Total</i> | <i>Wynik<br/>Netto</i> |
|-------------------------|-------------------|---------------------------------|----------------------|-------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|
| 1                       | 94                | WAŚIEWICZ MONIKA                | POL                  | 5 BSAP                  | LUBIATÓW                    | 87                 | K16/1                         |                        | <b>00:45:08</b>        | 00:45:07               |
| 2                       | 115               | KOWALCZYK MONIKA                | POL                  | KUŹNIA TRIATHLONU       | ŁĘKNICA                     | 92                 | K16/2                         | MŁ/5                   | <b>00:47:04</b>        | 00:47:01               |
| 3                       | 56                | PANASZEK JUSTYNA                | POL                  |                         | ŻAGAŃ                       | 89                 | K16/3                         |                        | <b>00:50:10</b>        | 00:50:04               |
| 4                       | 5                 | BANASZEK PAULINA                | POL                  | BEZ KLUBU               | MIROSTOWICE                 | 98                 | K16/4                         |                        | <b>00:51:00</b>        | 00:50:55               |
| 5                       | 109               | NGUYEN ANITA                    | POL                  |                         | ŻARY                        | 98                 | K16/5                         |                        | <b>00:53:15</b>        | 00:53:11               |
| 6                       | 103               | GLÓWKA ALICJA                   | POL                  |                         | ŁĘKNICA                     | 00                 | K16/6                         | MŁ/9                   | <b>00:53:35</b>        | 00:53:32               |
| 7                       | 45                | LOCH JUSTYNA                    | POL                  |                         | NOWOGRÓD                    | 89                 | K16/7                         |                        | <b>00:56:33</b>        | 00:56:30               |
| 8                       | 16                | CIARKOWSKA MARZENA              | POL                  |                         | IŁOWA                       | 87                 | K16/8                         |                        | <b>00:56:38</b>        | 00:56:32               |
| 9                       | 26                | JANICKA MONIKA                  | POL                  |                         | ŻARY                        | 90                 | K16/9                         |                        | <b>00:57:19</b>        | 00:57:14               |



# BIEG 7 MOSTÓW

## WYNIKI ZAWODÓW

### K30 30-39 Lat

**Organizator:** Ośrodek Sportu i Rekreacji w Łęknicy

**Termin:** 04.06.2016

**Miejsce:** Łęknica

**Dystans:** 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name          | Kraj Nat. | Drużyna Team                | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|-------------------------------|-----------|-----------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 1            | 10     | BIALIC MARIOLA                | POL       |                             | TOMASZOWO        | 82      | K30/1              |             | 00:46:30    | 00:46:28    |
| 2            | 129    | LASKOWSKA DOROTA              | POL       |                             | ŻARY             | 86      | K30/2              |             | 00:47:13    | 00:47:11    |
| 3            | 126    | TONDRYK WIOLETTA              | POL       | BRAK KLUBU                  | ZIELONA GÓRA     | 86      | K30/3              |             | 00:49:17    | 00:49:16    |
| 4            | 140    | CHOMONT-SENDZIAK ANNA         | POL       | PARKRUN ŻARY                | ŻARY             | 78      | K30/4              |             | 00:49:27    | 00:49:24    |
| 5            | 69     | SIEMIATOWSKA ELŻBIETA         | POL       |                             | ŚWIEBODZIN       | 85      | K30/5              |             | 00:50:02    | 00:49:56    |
| 6            | 9      | BERNAT SYLWIA                 | POL       |                             | ŻARY             | 77      | K30/6              |             | 00:50:14    | 00:50:09    |
| 7            | 80     | SZCZĘSNOWICZ NATALIA          | POL       |                             | ZGIERZ           | 85      | K30/7              |             | 00:51:53    | 00:51:46    |
| 8            | 105    | MALINOWSKA - NGUYEN KATARZYNA | POL       | PARKRUN ŻARY                | ŻARY             | 77      | K30/8              |             | 00:53:20    | 00:53:17    |
| 9            | 4      | AUGUSTYNIAK MAGDALENA         | POL       | PARKRUN ŻARY                | ŻARY             | 81      | K30/9              |             | 00:55:34    | 00:55:27    |
| 10           | 21     | DUDEK ANNA                    | POL       | PARKRUN ŻARY                | ŻARY             | 79      | K30/10             |             | 00:55:34    | 00:55:27    |
| 11           | 15     | CEGIELSKA MAŁGORZATA          | POL       |                             | MIROSTOWIECE     | 81      | K30/11             |             | 00:56:24    | 00:56:19    |
| 12           | 131    | WAŚIŃSKA MAŁGORZATA           | POL       | PARKRUN ŻARY                | ŻARY             | 77      | K30/12             |             | 00:57:19    | 00:57:13    |
| 13           | 33     | KOROLIK AGNIESZKA             | POL       |                             | JASIEŃ           | 82      | K30/13             |             | 00:57:37    | 00:57:33    |
| 14           | 100    | WOŹNIAK-GERAK ANITA           | POL       |                             | ŚWIĘTOSZÓW       | 83      | K30/14             |             | 00:58:47    | 00:58:43    |
| 15           | 50     | MATYSIAK MAŁGORZATA           | POL       |                             | ŻARY             | 78      | K30/15             |             | 00:59:05    | 00:58:58    |
| 16           | 64     | ROZPĘDOWSKA OLA               | POL       | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA     | 83      | K30/16             |             | 00:59:06    | 00:58:56    |
| 17           | 20     | DREWICZ KINGA                 | POL       |                             | ŻAGAŃ            | 79      | K30/17             |             | 01:00:41    | 01:00:35    |
| 18           | 19     | DELEJOWSKA MONIKA             | POL       | BRAK KLUBU                  | TUPLICE          | 83      | K30/18             |             | 01:01:04    | 01:00:57    |
| 19           | 93     | WAWRZYNIAK MARLENA            | POL       |                             | JASIEŃ           | 78      | K30/19             |             | 01:01:32    | 01:01:29    |
| 20           | 92     | WAWRZYNIAK IZABELA            | GER       | WAW-RUN                     | BAD MUSKAU       | 77      | K30/20             |             | 01:03:48    | 01:03:41    |
| 21           | 24     | GANCARZ EWA                   | POL       | PARKRUN ŻARY                | MIROSTOWICE      | 77      | K30/21             |             | 01:05:09    | 01:05:02    |
| 22           | 52     | MLECZKO MAŁGORZATA            | POL       | MLECZKO TEAM                | ŻARY             | 80      | K30/22             |             | 01:07:25    | 01:07:18    |

# BIEG 7 MOSTÓW

## WYNIKI ZAWODÓW

K40 40 + Lat

**Organizator:** Ośrodek Sportu i Rekreacji w Łęknicy

**Termin:** 04.06.2016

**Miejsce:** Łęknica

**Dystans:** 10 km

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i>         | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> |
|---------------------|---------------|-----------------------------|------------------|-----------------------------|-------------------------|----------------|---------------------------|--------------------|--------------------|--------------------|
| 1                   | 132           | KALICZAK-SZWAJA MONIKA      | POL              | DRUŻYNA CHROBREGO           | SZPROTAWA               | 74             | K40/1                     |                    | 00:49:43           | 00:49:39           |
| 2                   | 22            | DZIOPA MAŁGORZATA           | POL              |                             | LUBSKO                  | 75             | K40/2                     |                    | 00:54:24           | 00:54:17           |
| 3                   | 138           | MONDOROWICZ ANTONINA        | POL              | PARKRUN ŻARY                | ŻARY                    | 75             | K40/3                     |                    | 00:55:15           | 00:55:10           |
| 4                   | 66            | RUDA JÓZEFA                 | POL              | PARKRUN ŻARY                | ŻARY                    | 56             | K40/4                     |                    | 00:57:19           | 00:57:10           |
| 5                   | 38            | KRZYWIECKA BEATA            | POL              |                             | JASIEŃ                  | 68             | K40/5                     |                    | 00:57:37           | 00:57:33           |
| 6                   | 79            | SZAŁĘGA EDYTA               | POL              |                             | ŁĘKNICA                 | 76             | K40/6                     | MŁ/12              | 00:58:29           | 00:58:23           |
| 7                   | 28            | KAMIŃSKA MAŁGORZATA         | POL              | PARKRUN ŻARY                | ŻARY                    | 63             | K40/7                     |                    | 00:58:32           | 00:58:22           |
| 8                   | 106           | ŁOJKO AGNIESZKA             | POL              |                             | ŻARY                    | 76             | K40/8                     |                    | 01:00:11           | 01:00:03           |
| 9                   | 124           | SZCZĘŚNIAK MARZENA          | POL              | RODZINNY PARK LINOWY        | LUTOL                   | 75             | K40/9                     |                    | 01:01:51           | 01:01:41           |
| 10                  | 2             | ADAMCZYK AGNIESZKA          | POL              |                             | ŚWIDNICA                | 72             | K40/10                    |                    | 01:04:18           | 01:04:10           |
| 11                  | 61            | REMEZ LIDIA                 | POL              | PARKRUN ŻARY                | ŻARY                    | 76             | K40/11                    |                    | 01:06:45           | 01:06:37           |
| 12                  | 67            | RYCZKOWSKA DOROTA           | POL              |                             | ZIELONA GÓRA            | 65             | K40/12                    |                    | 01:12:41           | 01:12:31           |
| 13                  | 63            | ROZPĘDOWSKA EWA             | POL              | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA            | 60             | K40/13                    |                    | 01:14:51           | 01:14:42           |

**BIEG 7 MOSTÓW**  
**WYNIKI ZAWODÓW**

**M16 16-29 Lat**

**Organizator:** Ośrodek Sportu i Rekreacji w Łęknicy

**Termin:** 04.06.2016

**Miejsce:** Łęknica

**Dystans:** 10 km

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Kraj Nat.</i> | <i>Drużyna Team</i>    | <i>Miejscowość City</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Grupa Group</i> | <i>Wynik Total</i> | <i>Wynik Netto</i> |
|---------------------|---------------|-----------------------------|------------------|------------------------|-------------------------|----------------|---------------------------|--------------------|--------------------|--------------------|
| 1                   | 71            | STADNIK JACEK               | POL              | MAŃKOWY TEAM           | KROSNO                  | 91             | M16/1                     |                    | 00:35:11           | 00:35:09           |
| 2                   | 97            | WISZ MATEUSZ                | POL              | MLKS AGROS ŻARY        | ŻARY                    | 96             | M16/2                     |                    | 00:35:52           | 00:35:51           |
| 3                   | 25            | JAMROZIK JAKUB              | POL              | PARKRUN & PROMIEŃ ŻARY | ŻARY                    | 97             | M16/3                     |                    | 00:39:26           | 00:39:24           |
| 4                   | 30            | KIERZEK JACEK               | POL              |                        | WILKANOWO               | 97             | M16/4                     |                    | 00:39:55           | 00:39:54           |
| 5                   | 95            | WELKE SEBASTIAN             | POL              |                        | ŻARY                    | 92             | M16/5                     |                    | 00:42:10           | 00:42:08           |
| 6                   | 134           | MOTYL PAWEŁ                 | POL              |                        | ŻARY                    | 88             | M16/6                     |                    | 00:43:52           | 00:43:51           |
| 7                   | 60            | PRUŚ MIECZYŚŁAW             | POL              |                        | ŻORY                    | 88             | M16/7                     |                    | 00:45:58           | 00:45:51           |
| 8                   | 116           | KOWALCZYK WOJCIECH          | POL              |                        | ŁĘKNICA                 | 97             | M16/8                     | ML/4               | 00:46:58           | 00:46:55           |
| 9                   | 143           | KHANMOHAMMAD SHAWKAT        | GER              | STATTRAND              | NIESKY                  | 97             | M16/9                     |                    | 00:47:57           | 00:47:53           |
| 10                  | 136           | LÓSSA MICHAŁ                | POL              | BBL ŻAGAŃ              | ŻAGAŃ                   | 99             | M16/10                    |                    | 00:49:41           | 00:49:32           |
| 11                  | 145           | SAYIDARAF ESMATULLAH        | GER              | STATTRAND              | NIESKY                  | 97             | M16/11                    |                    | 00:49:47           | 00:49:45           |
| 12                  | 104           | KUCZERA DAMIAN              | POL              |                        | TRZEBIEL                | 88             | M16/12                    |                    | 00:50:44           | 00:50:39           |
| 13                  | 76            | STARŻYK SZYMON              | POL              | RUNSTARS               | NADOLICE WILEKIE        | 97             | M16/13                    |                    | 00:51:55           | 00:51:52           |
| 14                  | 107           | WYPYCH ANDRZEJ              | POL              |                        | GUZÓW                   | 88             | M16/14                    |                    | 00:53:14           | 00:53:04           |
| 15                  | 34            | KORDYLEWSKI PAWEŁ           | POL              |                        | ŻARY                    | 90             | M16/15                    |                    | 00:55:55           | 00:55:49           |

# BIEG 7 MOSTÓW

## WYNIKI ZAWODÓW

### M30 30-39 Lat

Organizator: Ośrodek Sportu i Rekreacji w Łęknicy

Termin: 04.06.2016

Miejsce: Łęknica

Dystans: 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name     | Kraj Nat. | Drużyna Team                 | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|--------------------------|-----------|------------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 1            | 48     | MAKOS KAMIL              | POL       | MAKOS                        | BOLESŁAWIEC      | 81      | M30/1              |             | 00:33:14    | 00:33:14    |
| 2            | 118    | WIŚNIEWSKI KRZYSZTOF     | POL       |                              | BOLESŁAWIEC      | 82      | M30/2              |             | 00:34:05    | 00:34:04    |
| 3            | 121    | CZAŚTKA KAROL            | POL       | BBL ŻAGAŃ                    | ŻAGAŃ            | 80      | M30/3              |             | 00:35:14    | 00:35:13    |
| 4            | 41     | KWAPIŃSKI DARIUSZ        | POL       |                              | TRZEBIEL         | 81      | M30/4              |             | 00:36:22    | 00:36:21    |
| 5            | 87     | TOKAREK PRZEMYSŁAW       | POL       | GUBIN BIEGAMBOLUBIĘ          | GUBIN            | 82      | M30/5              |             | 00:36:53    | 00:36:52    |
| 6            | 123    | DRZYMAŁA GRZEGORZ        | POL       | PARKRUN ŻARY                 | ŻARY             | 81      | M30/6              |             | 00:37:40    | 00:37:38    |
| 7            | 70     | SITNICKI MARIUSZ         | POL       |                              | ŻAGAŃ            | 77      | M30/7              |             | 00:38:02    | 00:38:01    |
| 8            | 11     | BIALIC RADOSŁAW          | POL       |                              | TOMASZOWO        | 77      | M30/8              |             | 00:38:12    | 00:38:09    |
| 9            | 101    | ZAKRZEWSKI ADAM          | POL       | ŻARY RUNNERS TEAM            | ŻARY             | 79      | M30/9              |             | 00:38:52    | 00:38:51    |
| 10           | 73     | STARŻYK PAWEŁ            | POL       | RUNSTARS                     | ŁĘKNICA          | 79      | M30/10             | MŁ/1        | 00:39:54    | 00:39:53    |
| 11           | 81     | SZLACHCIKOWSKI ARKADIUSZ | POL       | DRUŻYNA CHROBREGO            | SZPROTAWA        | 85      | M30/11             |             | 00:40:42    | 00:40:41    |
| 12           | 82     | SZOMBIERSKI ROBERT       | POL       | 10BKPANC                     | LUBSKO           | 84      | M30/12             |             | 00:42:25    | 00:42:23    |
| 13           | 135    | KOWCZYK ŁUKASZ           | POL       | DRUŻYNA CHROBREGO            | SZPROTAWA        | 77      | M30/13             |             | 00:42:51    | 00:42:49    |
| 14           | 29     | KAPŁON KRZYSZTOF         | POL       |                              | ŁOZY             | 82      | M30/14             |             | 00:43:29    | 00:43:24    |
| 15           | 112    | PŁONKA ADAM              | POL       | NOWOSOLSKA GRUPA BIEGOWA     | NOWA SÓL         | 77      | M30/15             |             | 00:43:54    | 00:43:53    |
| 16           | 43     | LIDTKE MARCIN            | POL       | BRAK KLUBU                   | ŻARY             | 80      | M30/16             |             | 00:44:17    | 00:44:12    |
| 17           | 142    | JAMROLIK MATEUSZ         | POL       |                              | ŻARY             | 84      | M30/17             |             | 00:45:19    | 00:45:18    |
| 18           | 117    | MAZURKIEWICZ TOMASZ      | POL       | KUŹNIA TRIATHLONU            | ŁĘKNICA          | 84      | M30/18             | MŁ/2        | 00:45:21    | 00:45:18    |
| 19           | 83     | SZYSZKA JAKUB            | POL       | VEGE RUNNERS                 | ZIELONA GÓRA     | 84      | M30/19             |             | 00:45:27    | 00:45:23    |
| 20           | 111    | WAJSBERG MACIEJ          | POL       | NOWOSOLSKA GRUPA BIEGOWA     | NOWA SÓL         | 77      | M30/20             |             | 00:46:15    | 00:46:14    |
| 21           | 102    | ZIÓŁKOWSKI DAMIAN        | POL       |                              | SULECHÓW         | 80      | M30/21             |             | 00:46:30    | 00:46:23    |
| 22           | 146    | SALA MARCIN              | POL       |                              | ZIELONA GÓRA     | 86      | M30/22             |             | 00:46:55    | 00:46:50    |
| 23           | 1      | KOSZOREK TOMASZ          | POL       |                              | ŁĘKNICA          | 80      | M30/23             | MŁ/7        | 00:47:29    | 00:47:23    |
| 24           | 62     | REMEZ MIECZYŚLAW         | POL       | GUZIEC TEAM ŻARY             | ŻARY             | 83      | M30/24             |             | 00:50:22    | 00:50:14    |
| 25           | 17     | CUKIERNIK PRZEMEK        | POL       |                              | ZIELONA GÓRA     | 82      | M30/25             |             | 00:53:03    | 00:52:59    |
| 26           | 98     | WIŚNIEWSKI DARIUSZ       | POL       |                              | NOWOGRÓD         | 80      | M30/26             |             | 00:53:04    | 00:52:59    |
| 27           | 6      | BARGIEL ROBERT           | POL       |                              | SULECHÓW         | 85      | M30/27             |             | 00:53:24    | 00:53:16    |
| 28           | 57     | PIERZCHAŁO ŁUKASZ        | POL       | MTS DRUŻYNA SZPIKU KGHM      | GŁOGÓW           | 80      | M30/28             |             | 00:53:38    | 00:53:33    |
| 29           | 39     | KULINIAK MAREK           | POL       | ZIELONA GÓRO ZACZNIJ BIEGAĆ  | ZIELONA GÓRA     | 79      | M30/29             |             | 00:55:28    | 00:55:21    |
| 30           | 32     | KLIMAS PAWEŁ             | POL       |                              | PRZEWÓZ          | 83      | M30/30             |             | 00:56:06    | 00:55:58    |
| 31           | 35     | KOWALSKI JAKUB           | POL       |                              | LUBIN            | 81      | M30/31             |             | 00:56:19    | 00:56:13    |
| 32           | 128    | MONDOROWICZ MARCIN       | POL       | ŻARY RUNNERS TEAM / SMASHING | ŻARY             | 85      | M30/32             |             | 00:57:00    | 00:56:51    |
| 33           | 84     | ŚLEBIEDZIŃSKI ROMAN      | POL       |                              | ŁĘKNICA          | 77      | M30/33             | MŁ/13       | 00:58:41    | 00:58:35    |
| 34           | 78     | STOKŁOSA PIOTR MICHAŁ    | POL       | DOMINET NIERUCHOMOŚCI        | ŻARY             | 84      | M30/34             |             | 01:00:15    | 01:00:08    |
| 35           | 65     | RUCZKOWSKI BARTOSZ       | POL       | SPELEOKLUB BOBRY ŻAGAŃ       | ŻARY             | 81      | M30/35             |             | 01:02:39    | 01:02:28    |
| 36           | 125    | SZCZĘŚNIAK PRZEMYSŁAW    | POL       | RODZINNY PARK LINOWY         | LUTOL            | 79      | M30/36             |             | 01:05:17    | 01:05:07    |
| 37           | 12     | BIERNACKI MARCIN         | POL       | BBL ŻAGAŃ                    | ŻAGAŃ            | 85      | M30/37             |             | 01:06:56    | 01:06:50    |

# BIEG 7 MOSTÓW

## WYNIKI ZAWODÓW

### M40 40-49 Lat

Organizator: Ośrodek Sportu i Rekreacji w Łęknicy

Termin: 04.06.2016

Miejsce: Łęknica

Dystans: 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name  | Kraj Nat. | Drużyna Team             | Miejscowość City | R-k YoB | W kategorii in Age | Grupa Group | Wynik Total | Wynik Netto |
|--------------|--------|-----------------------|-----------|--------------------------|------------------|---------|--------------------|-------------|-------------|-------------|
| 1            | 119    | DRACZYNSKI ADAM       | POL       | NOWOSOLSKA GRUPA BIEGOWA | NOWA SOL         | 76      | M40/1              |             | 00:33:21    | 00:33:20    |
| 2            | 113    | WALOSZCZYK BARTŁOMIEJ | POL       | 10BKPANC                 | ŚWIĘTOSZÓW       | 73      | M40/2              |             | 00:37:25    | 00:37:23    |
| 3            | 133    | SIWIK DARIUSZ         | POL       | DRUŻYNA CHROBREGO        | SZPROTAWA        | 72      | M40/3              |             | 00:38:52    | 00:38:50    |
| 4            | 37     | KRZEMIŃSKI TOMASZ     | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 73      | M40/4              |             | 00:39:05    | 00:39:03    |
| 5            | 96     | WELKE STANISŁAW       | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 71      | M40/5              |             | 00:40:44    | 00:40:42    |
| 6            | 141    | SENDZIAK DANIEL       | POL       | PARKRUN ŻARY             | ŻARY             | 75      | M40/6              |             | 00:41:44    | 00:41:42    |
| 7            | 68     | SAMOTYJA PAWEŁ        | POL       | NOWOSOLSKA GRUPA BIEGOWA | MODRZYCA         | 76      | M40/7              |             | 00:42:28    | 00:42:26    |
| 8            | 122    | FICYGOWSKI MARIUSZ    | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 74      | M40/8              |             | 00:43:40    | 00:43:38    |
| 9            | 42     | LEŃ GRZEGORZ          | POL       | ŻARY RUNNERS TEAM        | RÓWNE            | 76      | M40/9              |             | 00:44:34    | 00:44:32    |
| 10           | 46     | ŁAGNOWSKI GRZEGORZ    | POL       |                          | ŁĘKNICA          | 69      | M40/10             | MŁ/3        | 00:45:35    | 00:45:30    |
| 11           | 74     | STARŻYK PIOTR         | POL       | RUNSTARS                 | ŁĘKNICA          | 69      | M40/11             | MŁ/6        | 00:47:11    | 00:47:09    |
| 12           | 40     | KUŹNIAK TOMASZ        | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 74      | M40/12             |             | 00:47:13    | 00:47:08    |
| 13           | 36     | KOWALSKI MIROSŁAW     | POL       | PARKRUN ŻARY             | ŻARY             | 74      | M40/13             |             | 00:48:12    | 00:48:04    |
| 14           | 49     | MATYSIAK TOMASZ       | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 75      | M40/14             |             | 00:50:58    | 00:50:55    |
| 15           | 75     | STARŻYK ANDRZEJ       | POL       | RUNSTARS                 | ŁĘKNICA          | 76      | M40/15             | MŁ/8        | 00:51:55    | 00:51:52    |
| 16           | 31     | KLIMCZAK MICHAŁ       | POL       |                          | ŻARY             | 72      | M40/16             |             | 00:53:43    | 00:53:40    |
| 17           | 13     | BOBOWSKI KORIN        | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 74      | M40/17             |             | 00:53:52    | 00:53:51    |
| 18           | 139    | MONDOROWICZ JACEK     | POL       | PARKRUN ŻARY             | ŻARY             | 73      | M40/18             |             | 00:55:14    | 00:55:09    |
| 19           | 120    | WÓJCIK MAREK          | POL       | WÓJCIK BIEGA TEAM.       | WIERZBNO         | 74      | M40/19             |             | 00:56:09    | 00:56:06    |
| 20           | 58     | PIĘKOŚ JAROSŁAW       | POL       | 34BKPANC                 | ŻAGAŃ            | 69      | M40/20             |             | 00:56:24    | 00:56:16    |
| 21           | 7      | BARAN SEBASTIAN       | POL       | BRAK KLUBU               | ŁĘKNICA          | 74      | M40/21             | MŁ/11       | 00:56:42    | 00:56:32    |
| 22           | 127    | HAKMAN MARCIN         | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 70      | M40/22             |             | 00:56:52    | 00:56:43    |
| 23           | 8      | BARANOWSKI ANDRZEJ    | POL       | 10BKPANC                 | ŚWIĘTOSZÓW       | 74      | M40/23             |             | 00:57:54    | 00:57:50    |
| 24           | 88     | TRUCHLEWSKI MARIUSZ   | POL       |                          | ŻAGAŃ            | 72      | M40/24             |             | 00:58:04    | 00:57:56    |
| 25           | 137    | LÓSSA PAWEŁ           | POL       | BBL ŻAGAŃ                | ŻAGAŃ            | 75      | M40/25             |             | 00:59:06    | 00:58:58    |
| 26           | 108    | KANIOWSKI RAFAŁ       | POL       |                          | JASIEŃ           | 76      | M40/26             |             | 00:59:14    | 00:59:03    |
| 27           | 54     | NAPIÓRKOWSKI OLAF     | POL       | ŻARY RUNNERS TEAM        | ŻARY             | 73      | M40/27             |             | 01:23:31    | 01:23:21    |

**BIEG 7 MOSTÓW**  
**WYNIKI ZAWODÓW**

**M50 50 + Lat**

**Organizator:** Ośrodek Sportu i Rekreacji w Łęknicy

**Termin:** 04.06.2016

**Miejsce:** Łęknica

**Dystans:** 10 km

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Kraj<br/>Nat.</i> | <i>Drużyna<br/>Team</i>  | <i>Miejscowość<br/>City</i> | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupa<br/>Group</i> | <i>Wynik<br/>Total</i> | <i>Wynik<br/>Netto</i> |
|-------------------------|-------------------|---------------------------------|----------------------|--------------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------------------|------------------------|
| 1                       | 90                | WALEWINDER KAZIMIERZ            | POL                  |                          | ŻARY                        | 62                 | M50/1                         |                        | 00:42:41               | 00:42:40               |
| 2                       | 91                | WARSZAWSKI JERZY                | POL                  |                          | ŻAGAŃ                       | 53                 | M50/2                         |                        | 00:45:01               | 00:44:59               |
| 3                       | 110               | URUSKI JAN                      | POL                  | NOWOSOLSKA GRUPA BIEGOWA | SIEDLSKO                    | 56                 | M50/3                         |                        | 00:46:15               | 00:46:14               |
| 4                       | 99                | WOJDAK ZBIGNIEW                 | POL                  | 34BKPANC                 | ŻAGAŃ                       | 62                 | M50/4                         |                        | 00:48:50               | 00:48:43               |
| 5                       | 86                | TENALDO MARIUSZ                 | POL                  |                          | ŁĘKNIA                      | 65                 | M50/5                         | MŁ/10                  | 00:53:36               | 00:53:27               |
| 6                       | 14                | BUKOWSKI ROMAN                  | POL                  |                          | NOWOGRÓD                    | 63                 | M50/6                         |                        | 00:55:22               | 00:55:17               |
| 7                       | 18                | DANIELAK KRZYSZTOF              | POL                  | PARKRUN ŻARY             | ŻARY                        | 60                 | M50/7                         |                        | 00:55:33               | 00:55:29               |
| 8                       | 114               | PROSÓŁ RYSZARD                  | POL                  | SAINT GOBAIN SQUAD       | ŻARY                        | 57                 | M50/8                         |                        | 00:55:53               | 00:55:44               |
| 9                       | 85                | STADNIK KAZIMIERZ               | POL                  |                          | KROSNO                      | 62                 | M50/9                         |                        | 00:57:21               | 00:57:15               |
| 10                      | 130               | FLISAK ZDZIŚŁAW                 | POL                  |                          | ŻARY                        | 54                 | M50/10                        |                        | 00:58:25               | 00:58:23               |
| 11                      | 47                | MAJERYK EDWARD                  | POL                  | OZE ENERGIA              | JASIEŃ                      | 49                 | M50/11                        |                        | 00:59:17               | 00:59:07               |